

2025.1 GPT1 and GPT2 Registrar Out-of-Practice Education Program

Training region: North Eastern New South Wales

Subregion: North Coast

Registrars must attend the RACGP's out of practice education program during their GPT1 & GPT2 terms as a requirement to Fellow. The program consists of peer led small group learning and larger group sessions. Attendance contributes to their education hours within the registrar's TMS portfolio.

In peer led small group workshops, registrars will work with their peers and ME(s) on topics from the RACGP *Curriculum and syllabus*. These sessions will be semi-structured and tailored to the learning needs of the group.

Registrars will receive further details about which small group learning stream they will need to attend closer to the commencement of the 2025.1 term. In the meantime, please direct any questions to your Training Coordinator.

Registrars are required to attend 54 hours in GPT1 and 48 hours in GPT2 terms.

Date	Time	Education hours	Name of Event	Registrar Cohort	Туре	Content details of event	Location	PSO/ Contact
Thursday 06/02/2025	9.00am – 5.00pm	8	Orientation Day	GPT1	Large	AM: Orientation to GP training and introduction to your local team Joint Colleges Training Services (JCTS) Introduction to Aboriginal and Torres Strait Islander Cultural and Health education PM: Emergencies in GP and Practical tips in GP	Opal Coffs Harbour	Linda Anschau

Date	Time	Education hours	Name of Event	Registrar Cohort	Туре	Content details of event	Location	PSO/ Contact
Friday 07/02/2025	9.00am - 5.00pm	8	Joint Colleges Training Services Aboriginal and Torres Strait Islander Cultural and Health Training Day	GPT1/2	Large	Aboriginal and Torres Strait Islander cultural and health training day	Opal Coffs Harbour	Linda Anschau
Friday 21/02/2025	9.00am – 4.00pm	7	Peer Led Small Group Learning (SGL) #1	GPT1/2 Coffs & Port Macquarie	- Small	AM: Introductions, Setting the scene for peer- led SGL sessions, Teaching in General Practice, Communication skills basics	Kempsey Macleay RSL Club	Linda Anschau
Thursday 27/02/2025				GPT1/2 Tweed, Lismore & Ballina		PM: Planning future SGL sessions Quick introduction on obtaining MHST via thinkGP	Ballina Island Conference Centre	Nicci Thompson
04/02/2025 - 04/04/2025	N/A	N/A	Mental Health Skills Training Level 1	GPT1	N/A	https://www.thinkgp.com.au/education/mental- health-skills-training-core-module	Online modules must be completed prior to attending the peer-led small group learning session #2	
Wednesday 12/03/2025	9.00am - 5.00pm	6	Fusion day	GPT1/2	Large	AM: Developmental Paediatrics and Behavioural Paediatrics PM: Fitness to drive, Gender Diversity ReCEnT for GPT1s only between 5-6pm	Online	AM: Katie Smith PM: Nicci Thompson
Thursday 27/03/2025	9.00am - 4.00pm	1 7	Peer Led Small Group Learning (SGL) #2	GPT1/2 Ballina	Small	AM: Mental Health topics – basic topics e.g. anxiety and depression (GPT1 registrars will be encouraged to have completed MHST level 1 prior to session) PM: Maintaining health and well-being Self-care/ boundary setting	RACGP Ballina office	Nicci Thompson
Thursday 27/03/2025				GPT1/2 Tweed			Tweed Heads PHN	
Wednesday 02/04/2025				GPT1/2 Port Macquarie			Kempsey Macleay RSL Club	Linda Anschau
Friday 04/04/2025				GPT1/2 Coffs			Coffs Harbour PHN	
Wednesday 09/04/20235				GPT1/2 Lismore		John-Care/ Doundary Setting	RACGP Ballina office	Nicci Thompson

Date	Time	Education hours	Name of Event	Registrar Cohort	Туре	Content details of event	Location	PSO/ Contact
Monday 28/04/2025	1.00pm - 4.15pm		Peer Led Small Group Learning (SGL) #3	GPT1/2 Tweed	Small	Paperwork series: filling in common GP forms e.g. death, medical, Centrelink, Workcover, NDIS and NSW drivers licence forms; Advanced Care Directives/ EPOA	Online	Nicci
Wednesday 30/04/2025	9:30am- 12:45pm			GPT1/2 Lismore				Thompson
Wednesday 30/04/2025	9.00am – 12.15pm	3		GPT1/2 Port Macquarie				Linda Anschau
Thursday 01/05/2025	9:30am- 12:45pm			GPT1/2 Ballina				Nicci Thompson
Friday 02/05/2025	9.00am – 12.15pm			GPT1/2 Coffs Harbour				Linda Anschau
Monday 26/05/2025			Peer Led Small Group Learning (SGL) #4	GPT1/2 Tweed	Small	AM: Women's Health Day e.g. Contraception, Period Problems, Pre-pregnancy planning, Antenatal care PM: Women's Health Day e.g. Post-natal care, Menopause	Tweed Heads PHN	Nicci Thompson
Wednesday 28/05/2025]	7		GPT1/2 Port Macquarie			Kempsey Macleay RSL	Linda Anschau
Thursday 29/05/2025	9.00am – 4.00pm			GPT1/2 Ballina			RACGP Ballina Office	Nicci Thompson
Friday 30/05/2025				GPT1/2 Coffs Harbour			Coffs Harbour PHN	Linda Anschau
Wednesday 18/06/2025				GPT1/2 Lismore			Goonellabah Sports & Aquatic Centre	Nicci Thompson
Wednesday 25/06/2025	9.00am – 12.15pm	3	Peer Led Small Group Learning (SGL) #5	GPT1/2 Port Macquarie	Small	Population based screening	Online	Linda Anschau
Thursday 26/06/2025	9:30am- 12:45pm			GPT1/2 Ballina				Nicci Thompson
Friday 27/06/2025	9.00am – 12.15pm			GPT1/2 Coffs Harbour				Linda Anschau
Monday 14/07/2025	1.00pm – 4.15pm			GPT1/2 Tweed				Nicci Thompson
Wednesday 23/07/2025	9.30am – 12.45pm			GPT1/2 Lismore				Nicci Thompson

Date	Time	Education hours	Name of Event	Registrar Cohort	Туре	Content details of event	Location	PSO/ Contact
Friday				GPT1/2			Coffs Harbour PHN	Linda
25/07/2025				Coffs Harbour				Anschau
Monday				GPT1/2		AM: Rational use of investigations	Tweed Heads PHN	Nicci
28/07/2025			Peer Led	Tweed			I weed HeadSTIIN	Thompson
Wednesday	9.00am –	7	Small Group	GPT1/2	Small	PM: Undifferentiated patients and clinical	Kempsey Macleay	Linda
30/07/2025	4.00pm	•	Learning	Port Macquarie	• • • • • • • • • • • • • • • • • • • •	reasoning (diagnostic dilemma) e.g. fatigue,	RSL	Anschau
Wednesday			(SGL) #6	GPT1/2		abdominal pain	Goonellabah Sports	Nicci
30/07/2025				Lismore			& Aquatic Centre	Thompson
Thursday				GPT1/2			RACGP Office	Nicci
31/07/2025				Ballina			Ballina	Thompson