

2025.1 GPT1 and GPT2 Registrar Out-of-Practice Education Program

Training region: Western NSW

Subregion: Combined Western NSW Murrumbidgee ACT and Lower South Eastern NSW

Registrars must attend the RACGP's out of practice education program during their GPT1 & GPT2 terms as a requirement to Fellow. The program consists of peer led small group learning and larger group sessions. Attendance contributes to their education hours within the registrar's TMS portfolio.

Registrars are required to attend 54 hours in GPT1 and 48 hours in GPT2 terms.

In peer led small group workshops, registrars will work with their peers and ME(s) on topics from the [RACGP Curriculum and syllabus](#). These sessions will be semi-structured and tailored to the learning needs of the group. Registrars will receive further details about which small group learning stream they will need to attend closer to the commencement of the 2025.1 term. In the meantime, please direct any questions to your Training Coordinator.

Please note, registrars in lower South Eastern NSW (as indicated by the green line) attend the ACT Murrumbidgee workshops in Canberra to support safe travel. This applies to locations such as the Southern Tablelands, Snowy Mountains, Mid and Far South Coast.



Date	Time	Education hours	Name of Event	Registrar Cohort	Type	Content details of event	Location	PSO/ Contact
Wednesday 05/02/2025	9.00am – 5.00pm	8	Orientation Day	GPT1	Large	AM: Orientation to GP training and introduction to your local team Introduction to Aboriginal and Torres Strait Islander Cultural and Health education (JCTS) PM: Emergencies in GP and Practical tips in GP	Pavilion on Northbourne Hotel	Grishma Gurung
Wednesday 05/02/2025	9.00am – 5.00pm	8	Frameworks Day	GPT2	Large	AM: Introduction, 'Making the right choice' – rational test ordering and screening in General Practice, Clinical Reasoning and decision making; PM: Doctor's health and wellbeing, Medical Ethics, Physical examinations skills.	Pavilion on Northbourne Hotel	Grishma Gurung
Thursday 06/02/2025	9.00am - 5.00pm	8	Local Education Workshop	GPT1/2	Large	AM: Women's Health: Contraceptive choices, Common paediatric rashes; PM: Antenatal care, Postnatal care and breastfeeding	Pavilion on Northbourne Hotel	Grishma Gurung
Friday 07/02/2025	9.00am - 3.00pm	6	Peer Led Small Group Learning (SGL) #1	GPT1/2	Small	AM session: Introduction to small group learning. Teaching skills in General Practice <ul style="list-style-type: none"> • Setting the scene for peer-led SGL sessions • Brainstorming • Conceptualizing the RACGP core units • Forming and group debrief • PM session: TBC Effective Communication skills – (ME-led. Short presentation followed by cases and/or roleplays)	Pavilion on Northbourne Hotel	Grishma Gurung

Date	Time	Education hours	Name of Event	Registrar Cohort	Type	Content details of event	Location	PSO/ Contact
04/02/2025 - 25/05/2025	N/A	N/A	Mental Health Skills Training Level 1	GPT1	N/A	https://www.thinkgp.com.au/education/mental-health-skills-training-core-module	Online modules must be completed prior to attending the face-to-face event (SGL #4)	
Wednesday 12/03/2025	9.00am - 5.00pm	7	Fusion Day	GPT1/2	Large	AM: Developmental Paediatrics and Behavioural Paediatrics PM: Fitness to drive, Gender Diversity ReCEnT for GPT1s only between 5-6pm	Online	AM: Katie Smith PM: Nicci Thompson
Friday 14/03/2025	9.00am - 3.00pm	6	Peer Led Small Group Learning (SGL) #2	GPT1/2	Small	Theme of the day: Applied professional knowledge and skills Format: Collaborative Presentations and Roundtable Activities • Consultation skills • Clinical reasoning and decision making • Managing uncertainty • Use of resources PM session: Registrar led SGL – case presentations, role play, exam style questions, quiz	RACGP Office Wagga Wagga	Grishma Gurung
							RACGP Office Deakin	
							Online for Lower South-eastern NSW	
Thursday 10/04/2025	9.00am-5.00pm	8	Procedural Skills Day	GPT1/2	Large	All day sessions: • Mirena/Implanon • Sports injury assessment and management • Skin suturing techniques, excision of lesion, cryotherapy, biopsy • Ophthalmology	Canberra Rex Hotel	Grishma Gurung

Date	Time	Education hours	Name of Event	Registrar Cohort	Type	Content details of event	Location	PSO/ Contact
Friday 11/04/2025	9.00am - 3.00pm	6	Peer Led Small Group Learning (SGL) #3	GPT1/2	Small	Theme of the day: Population health and the context of general practice and Rural health Format: Collaborative Presentations and Roundtable Activities <ul style="list-style-type: none"> • Population screening • Health promotion • Specific at-risk population • Social determinants of health • Challenges and barriers in rural context PM session: Registrar led SGL – case presentations, role play, exam style questions, quiz	Canberra Rex Hotel	Grishma Gurung
Friday 23/05/2025	9.00am - 3.00pm	6	Peer Led Small Group Learning (SGL) #4	GPT1/2	Small	Theme of the AM session: Mental Health Format: Collaborative Presentations and Roundtable Activities (registrars are expected to have completed the online Think GP modules prior) <ul style="list-style-type: none"> • Common behavioural, psychological, pharmacological and interventional treatments • Challenges and barriers in assessment and management in Aboriginal and Torres strait islander people and CALD population • Sensitive and thorough suicide and self-harm risk assessment in children, adolescents, adults and the elderly • e-Mental health program • GP Selfcare • MBS billing and resources PM session: Registrar led SGL – case presentations, role play, exam style questions, quiz.	RACGP Office Wagga Wagga RACGP Office Deakin Online for Lower South-eastern NSW	Grishma Gurung