

## 2025.1 GPT1 and GPT2 Registrar Out-of-Practice Education Program

### Training region: North Eastern New South Wales

### Subregion: New England North West

**Registrars must attend the RACGP's out of practice education program during their GPT1 & GPT2 terms as a requirement to Fellow. The program consists of peer led small group learning and larger group sessions. Attendance contributes to their education hours within the registrar's TMS portfolio.**

In peer led small group workshops, registrars will work with their peers and ME(s) on topics from the [RACGP Curriculum and syllabus](#). These sessions will be semi-structured and tailored to the learning needs of the group.

Registrars will receive further details about which small group learning stream they will need to attend closer to the commencement of the 2025.1 term. In the meantime, please direct any questions to your Training Coordinator.

**Registrars are required to attend 54 hours in GPT1 and 48 hours in GPT2 terms.**

Date	Time	Education hours	Name of Event	Registrar Cohort	Type	Content details of event	Location	PSO/ Contact
Monday 03/02/2025	10.00am – 5.00pm	7	Peer Led Small Group Learning (SGL) #1	GPT1/2	Small	AM: Introductions, Setting the scene for peer-led SGL sessions, Teaching in General Practice PM: Planning future SGL sessions	Tamworth Education Centre	Adele Margetts
Tuesday 04/02/2025	9.00am – 3.00pm	6	Orientation Day	GPT1	Large	AM: Orientation to GP training and introduction to your local team Introduction to Joint Colleges Training Services (JCTS) Aboriginal and Torres Strait Islander Cultural and Health education PM: Emergencies in GP and Practical tips in GP	Tamworth Education Centre	Adele Margetts
Tuesday 25/02/2025	9.00am – 12.00pm	3	Peer Led Small Group Learning (SGL) #2	GPT1/2	Small	Assorted SGL topics including: <ul style="list-style-type: none"> <li>• T2DM - Metformin, what's next?</li> <li>• Immunisations</li> <li>• Hypertension - the consult, what to do?</li> <li>•</li> </ul>	Online	Adele Margetts
04/02/2025 - 25/05/2025	N/A	N/A	Mental Health Skills Training Level 1	GPT1	N/A	<a href="https://www.thinkgp.com.au/education/mental-health-skills-training-core-module">https://www.thinkgp.com.au/education/mental-health-skills-training-core-module</a>	Online modules must be completed prior to attending the face to face event (SGL #6)	Adele Margetts
Wednesday 12/03/2025	9.00am – 5.00pm	7	Fusion day	GPT1/2	Large	AM: Developmental Paediatrics and Behavioural Paediatrics PM: Fitness to drive, Gender Diversity. ReCEnT for GPT1s only between 5-6pm	Online	AM: Katie Smith PM: Nicci Thompson

Date	Time	Education hours	Name of Event	Registrar Cohort	Type	Content details of event	Location	PSO/ Contact
Monday 07/04/2025	9.00am – 5.00pm	8	Joint Colleges Training Services Aboriginal and Torres Strait Islander Cultural and Health Training Day	GPT1/2	Large	(JCTS) Aboriginal and Torres Strait Islander Health and Cultural training day	RACGP Office, Armidale	Adele Margetts
Tuesday 08/04/2025	9.00am – 3.00pm	6	Peer Led Small Group Learning (SGL) #3	GPT1/2	Small	Theme: Vulnerable populations/ Diversity in General Practice. SGL topics include: <ul style="list-style-type: none"> <li>• Hips and/or Knees</li> <li>• Family Violence</li> <li>• Non-accidental Injury - Child safety</li> <li>• Sexual Health - STI</li> <li>• Family Planning, contraception and sub-fertility</li> <li>• Refugee/Migrant Health</li> </ul>	RACGP Office, Armidale	Adele Margetts
Tuesday 06/05/2025	9.00am – 12.00pm	3	Peer Led Small Group Learning (SGL) #4	GPT1/2	Small	Assorted SGL topics including: <ul style="list-style-type: none"> <li>• CKD</li> <li>• Child Rashes</li> <li>• Travel Medicine</li> </ul>	Online	Adele Margetts

Date	Time	Education hours	Name of Event	Registrar Cohort	Type	Content details of event	Location	PSO/ Contact
Monday 26/05/2025	10.00am – 5.00pm	7	Peer Led Small Group Learning (SGL) #5	GPT1/2	Small	<p>Themes: Communication skills and mental health</p> <ul style="list-style-type: none"> <li>• SGL topics include:</li> <li>• Skin Cancer + Skill - how to use a Dermatoscope</li> <li>• Mental Health - assessment of risk, adolescent presentation</li> <li>• Depression/Anxiety - how to manage (including medications)</li> <li>• Asthma - steps in management</li> <li>• Heartsink Interactions</li> <li>• Communication Skills - managing patients with personality disorders, boundaries and transference. patient agenda versus doctor agenda</li> <li>• multiple problems 'the list', patient expectations, levels of engagement from patients and reasons why</li> <li>• Back Pain consultation approach - when to worry/when to escalate/when to image/how to examine</li> <li>• Chronic pain + prescribing rules etc</li> </ul>	RACGP Office, Armidale	Adele Margetts
Tuesday 27/05/2025	9.00am – 3.00pm	6	Peer Led Small Group Learning (SGL) #6					
Tuesday 17/06/2025	9.00am – 12.00pm	3	Peer Led Small Group Learning (SGL) #7	GPT1/2	Small	<p>Assorted SGL topics including:</p> <ul style="list-style-type: none"> <li>• Obstructive Sleep Apnoea - 'I snore'</li> <li>• Zoonoses: Q-Fever, Brucellosis and Leptospirosis</li> <li>• Haematology - 'The Penia's'</li> </ul>	Online	Adele Margetts

