



Medication safety when moving between the community and hospital

This resource is for consumers, to help you manage your medicines safely when moving between home and hospital.

You are a central member of your healthcare team and you have a right to make decisions about your health to the extent that you choose and are able to.



Before going into hospital or upon arrival

- ☐ Do you have a regular General Practitioner (GP)?
- ☐ Do you have a regular community pharmacy?
- ☐ Do you have up-to-date details of your general practice, GP, and community pharmacy?
- ☐ Do you have a current list of your medications with any recent changes that may have been made at your last appointment with your GP?
- ☐ If there is a plan for you to be admitted to hospital, have you arranged an appointment with your regular GP to review your medications with your healthcare team e.g., General Practice Pharmacist, Specialist, community pharmacist.
- ☐ Have you prepared your Medicare, Concession, and other Health Care card details to take with you to hospital?
- ☐ Have you informed your treating hospital doctor and/or hospital pharmacist of any allergies, or if you are pregnant or breastfeeding?
- ☐ Have you checked with the hospital and/or clinic regarding which medications may require changes or stopping prior to the planned procedure?
- ☐ Have you arranged for a support person to be present when you are receiving information about your medications from your hospital treating doctor and/or pharmacist?
- ☐ Do you have a My Health Record?
- ☐ Is your My Health Record up-to-date? If updates are required or you do not know about your My Health Record, speak to your doctor or pharmacist.



Preparing to leave hospital

- ☐ Do you know who is your treating hospital doctor and/or hospital pharmacist? If not, ask and write it down.
- ☐ Have you informed your treating hospital doctor and/or hospital pharmacist of any allergies, or if you are pregnant or breastfeeding?
- ☐ Do you have a support person who could be present when you are receiving information about your medications from your treating doctor and/or pharmacist?
- ☐ Has your treating hospital doctor and/or hospital pharmacist spoken to you and your support person about your medications and provided you with information on any of your medication changes? If not, ask to speak to someone about your medications before leaving hospital.
- ☐ Have you asked questions to understand the changes being made to your treatment?
- ☐ Do you have enough supplies of your medications or know where to get more if needed?
- ☐ Have you been provided with an up-to-date list of your medications by the hospital doctor and/or hospital pharmacist with any changes made while you have been in hospital?
- ☐ Have you been provided with a discharge summary?
- ☐ Have you made an appointment with your regular GP or general practice within 7 days of discharge from hospital?



Returning home from hospital

- ☐ Have you visited your GP?
- ☐ Have you spoken to your community pharmacist about the changes made to your medications?
- ☐ Have you voiced any concerns you have relating to your recent hospital admission or changes to your medications with your GP and/or community pharmacist?

**Ensure you have your discharge summary and your up-to-date medication list with you when speaking to your GP and pharmacist.*

**Your GP or pharmacist may suggest support services to help you manage the changes made to your medications.*