

Activities for your CPD

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The Medical Board of Australia (MBA) is changing what CPD looks like for doctors across Australia. Part of this change includes the classification of each CPD activity into the MBA's new activity types, educational activities (knowledge and skills), measuring outcomes and reviewing performance. Over the course of a year, you'll need to do a mix of CPD from each of these activity types.

Although we've divided activities below according to their MBA activity type, it's also possible to develop an educational activity into measuring outcomes and reviewing performance activities. We refer to these as hybrid activities, where one learning experience covers a combination of two or more of the activity types.

Use this document as a guide to prompt your thinking on what activities you're currently doing, what activities you could undertake and which MBA activity type they fit into.

This isn't an exhaustive list, but it's lengthy, allowing you to select activities that best suit your scope of practice to meet your CPD requirements.

Quick log your CPD

Use the RACGP's [Quick log](#) function on your myCPD dashboard to log any activity outlined within these tables. The hours you log will count towards meeting your yearly CPD requirements. [Click to explore Quick log.](#)

CPD options by activity type

Educational activities

Educational activities (knowledge and skills) - Activities that expand your general practice knowledge, skills and attitudes	
Direct patient care	Supporting patient care
<ul style="list-style-type: none"> • Case based discussions • Chart review • Conferences • CPR • Lectures • Podcasts • Random Case Analysis (RCA) • Reading educational material eg journals, articles • Short courses • Webinars • Workshops 	<ul style="list-style-type: none"> • Committee/ Board/ Council or other related organisation representation • Conference presentations • Developing clinical guidelines • Developing courses and workshops • Developing patient materials • Development of educational materials • Education development/ case writing • General Practice Research • Presentation/ facilitation of education activities to peers and/or other health professionals • Social media writing including blog posts

Measuring outcomes

Measuring outcomes – activities that use your work data to ensure quality results	
Direct patient care (with evidence of outcomes)	Supporting patient care (with evidence of outcomes)
<ul style="list-style-type: none"> • Audit • Critical Event Analysis (CEA) • Evaluation of presentation • Facilitation of education activities to peers and/or other health professionals • General Practice Research (individual GP or GP group) • Mini audit • Participating in trials (as an investigator) to improve patient outcomes • Patient feedback • Plan, Do, Study, Act (PDSA) • Practice Accreditation • Practice meetings that involve review of practice processes and services • Virtual/ face-to-face Peer Group Learning (PGL) 	<ul style="list-style-type: none"> • Development of clinical guidelines (with evidence of research) • Development of patient materials (with evidence of research) • Higher education/Professional certification • Hospital training post accreditation • Involvement in healthcare, education, and/or training outcomes reports • Participating in trials (as an investigator) to improve patient outcomes • Quality Assurance (QA) reviews/ Committees or QI project

Reviewing performance

Reviewing performance – activities that require reflection on feedback about your work	
Direct patient care (with evidence of outcomes)	Supporting patient care (with evidence of outcomes)
<ul style="list-style-type: none"> • ALS, BLS and First Aid • Any Nationally recognised training as per Australian Skills Quality Authority (ASQA) eg Diploma of Breastfeeding Management • Case based discussions • Chart review • Coaching and mentoring • Creating and maintaining a Professional Development Plan (PDP) • Critical Event Analysis (CEA) • Direct observation (eg External Clinical) • Direct observation (eg supervisor, ECTV) – for the observer where feedback has been provided about their performance • Educator/ Supervisor/ Examiner • Evidence Based Medicine Journal Club (EBMJC) • Higher education/ Professional certification • Morbidity and mortality meetings • Multi Source Feedback (MSF) • Multidisciplinary Team (MDT) case conferences • Patient feedback • Peer reviewed journal article (Publications) • Practice Accreditation • Practice meetings • Random case analysis (RCA) • Supervised clinical attachment (SCA) • Teaching Visit (ECTV) for the doctor being observed) • Virtual/ face to-face Peer Group Learning (PGL) 	<ul style="list-style-type: none"> • Accrediting practices, training posts • Committee/ Board/ Council or other related organisation representation • Conference presentations (with feedback/ evaluation) • Creating and maintaining a Professional Development Plan (PDP) • Grand rounds presentations • Higher education/ Professional certification • Medico-legal work including review of incident reports (e.g., clinical if in practice or nonclinical if in training incidents) • Peer review eg University colleagues • Review of educational materials • Reviewing ethics and grant proposals • Social media writing including blog posts • Wellbeing education eg leadership training, managing your productivity, focus, critical thinking, maintaining professional boundaries with patients, management of stress and burnout • Workplace performance reviews

Disclaimer

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