

Dr Jan-Marie Fonseca

MBBS FRACGP

GENERAL PRACTITIONER
AHPRA - MED0001681608



VISION

As a dedicated GP, I aim to promote wellness, prevent illness, and build lasting, trusting relationships with patients. I am committed to delivering compassionate, evidence-based and holistic care while working collaboratively with multidisciplinary teams. Through empathy, prevention and comprehensive health management, I strive to empower patients, improve quality of life and contribute to healthier communities.

EDUCATION

2007 - 2010

AUSTRALIAN NATIONAL UNIVERSITY
Bachelor Medicine and Surgery

1997 - 2001

UNIVERSITY OF BRITISH COLUMBIA
Bachelor of Science
(Cell Biology and Genetics)

EMPLOYMENT - MEDICAL

General Practitioner

2015-Current

- Currambine Family Practice, Currambine (2015-Current)
- GP Preceptor UWA Medical School (2023-Current)
- Suncare Skin Doctors (2025-Current)
- Urgent Care Clinic, Clarkson (2023-2025)
- Western Surgical Health, Nedlands (2021-2023)
- Clarkson Respiratory Clinic, Clarkson (2020-2022)
- Hollywood GP, Nedlands (2019-2022)
- Clarkson Respiratory Clinic, Clarkson (2020-2022)
- Coastal Aged Care, Nedlands (2019-2020)

Skills/Experiences/Achievements

- Provision of healthcare to diversity of patients including range of age groups as well as socioeconomic and ethnic backgrounds
- Conduct routine medical procedures, including skin excisions, iron infusions, and Implanon insertions
- Experience in managing a wide range of acute medical presentations, including musculoskeletal and orthopedic injuries in an Urgent Care setting
- Communicate, as required, with external stakeholders such as Department of Veteran's Affairs, Department of Transport, WorkCover WA, Western Australian Coroner and State Administrative Tribunal
- Actively coordinate with multidisciplinary teams, including nursing, pharmacy, physiotherapy, psychology, and other medical specialists.
- Supervise medical school students during their training
- Educate patients about healthy lifestyle choices, preventive measures, and vaccinations Attending nursing homes to provide care for elderly patients
- Screen for health conditions such as hypertension and diabetes
- Manage chronic conditions such as diabetes, hypertension, asthma, and heart disease
- Monitor patients' progress, adjust treatment plans, and provide ongoing support
- Address family-related health concerns, including paediatric care, reproductive health and family planning
- Provide prenatal and postnatal care for pregnant patients
- Recognise and manage mental health issues
- Refer patients to mental health specialists when needed
- Stabilise patients and arrange appropriate referrals or hospital admissions
- Address age-related health challenges, such as mobility issues, cognitive decline and polypharmacy.
- Collaborate with geriatricians and other specialists for comprehensive care
- Collaborate with surgeons as a Bariatric General Practitioner, emphasising obesity and metabolic disease management.
- Advocate for public health initiatives, especially during Covid-19, via Covid Clinics and in the General Practice setting

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EMPLOYMENT - MEDICAL

Surgical Assistant

2015-Current

- General Surgery Assistant for Clinical Associate Professor Hairul Ahmad at Bethesda Hospital (2024-Current)
- General Surgery Assistant for Professor Jeff Hamdorf AM at Mount Hospital and Bethesda Hospital (2021-Current)
- Orthopaedic Surgery Assistant for Mr Tony Geddes at St John of God Subiaco Hospital (2016-2020)
- Neurosurgery Assistant for Associate Professor Stephen Lewis at Mount Hospital (2015-2016)

Skills/Experiences/Achievements

- Assisting principal surgeon with wide variation of operations including but not limited to:
 - Inguinal Hernia repair
 - Cholecystectomy
 - Total Knee and Hip replacement
 - Ankle stabilising surgery
 - Craniotomy
- Experience with laparoscopic cameras
- General suturing and post op wound dressing
- If required indwelling catheter insertion

Trainee Doctor

2011-2015

- General Practitioner Registrar - Surgery 82, Busselton (2013-2015)
- Visiting Medical Officer - Busselton District Hospital (2013-2015)
- Resident Medical Officer - PGY2 - Sir Charles Gairdner Hospital (2012)
- Intern - PGY1 - Canberra Hospital, ACT (2011)

Skills/Experiences/Achievements

- General ward cover and jobs:
 - IVC insertion
 - Medication Charting
 - Review and monitor patient clinical data Involvement in multidisciplinary teams
- Admitting rights to Busselton Hospital as VMO Regular participant in on-call roster
- Wide variety of placement exposure including:
 - General Medicine
 - Palliative Care
 - Urology
 - Emergency
 - Paediatrics
 - Psychiatry
 - Vascular Surgery

AFFILIATIONS

Royal College of General Practitioners

2013 - Current

Skin Cancer College Australasia

2025 - Current

Royal College of General Practitioners -

Specific Interest Group Obesity

2021 - Current

Royal College of General Practitioners -

Specific Interest Group Sexual Health

2021 - Current

Royal College of General Practitioners -

Specific Interest Group Antenatal

2021 - Current

Australian Health Practitioners Regulation

Agency

2007 - Current

Australian Medical Association

2009 - 2017

World Organisation of Family Doctors

2024 - Current

CONTINUAL PROFESSIONAL LEARNING - SAMPLE

Annual Women's and Children's Health Update (June 2026, Perth WA)

GP 24 RACGP (November 2024, Perth WA)

WONCA 2023 Dermatology for General Practice Course (October 2023, Sydney NSW)

Health Education Collaborative Fracture Management Course (June 2023, Perth WA)