

Alcohol & Other Drugs GP Education Resource Library

Access AOD Training

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RACGP Alcohol and Other Drugs (AOD) GP Education Program

The RACGP Alcohol and Other Drugs (AOD) GP Education Program was developed to help GPs better support and treat patients experiencing AOD related harms.

Training options available for RACGP members are listed below.

Training options

AOD Connect: Project ECHO

AOD Connect: Project ECHO offers RACGP members a dedicated weekly time to connect online via Zoom to discuss their AOD patient cases with colleagues and a panel of experts. There is no prerequisite to join. All RACGP members currently treating or interested in treating AOD patients are welcome to join from anywhere in Australia. AOD Connect: Project ECHO will run from February to November 2022.

| AOD Connect: Project ECHO | | | |
|---------------------------|---|--|--|
| Register: | Register <u>here</u> . | | |
| Delivery: | Every Thursday at 7.30 pm (AEST/AEDT) from 3 February 2022. | | |
| Duration: | One (1) hour | | |
| CPD Points; | Attendance at a session is accredited for 2 points in the RACGP CPD Program for the 2020-22 triennium. Participants must complete an evaluation survey at the end of each session to be eligible to receive CPD points. | | |

Online modules available via gplearning

Alcohol and Other Drugs - Essential Skills Training

Develop your core AOD consulting skills. Essential Skills Training is ideal for students, GPs in training, international medical graduates and members who want to refresh their AOD knowledge and skills in the current Australian context.

| Alcohol and Other Drugs – Essential Skills | | | |
|--|---|--|--|
| Delivery: | Available on demand on <i>gplearning</i> . Search for 'Alcohol and Other Drugs – Essential Skills'. | | |
| Duration: | Four (4) hours | | |
| CPD Points; | Completion of Essential Skills Training is accredited for 8 points in the RACGP CPD Program for the 2020-22 triennium | | |

Alcohol and Other Drugs: GP-led treatment, management, and self-care

Build on your core AOD consulting skills and create a repertoire of strategies to support people who use AOD, including withdrawal, weaning and opioid replacement therapy.

| Alcohol and Other Drugs – GP-led treatment, management, and self-care | | | |
|---|--|--|--|
| Delivery: | Available on <i>gplearning</i> from 2023. | | |
| Duration: | Six (6) hours. | | |
| CPD Points; | Completion of this training was accredited for 40 points in the RACGP CPD Program for the 2020-22 triennium. | | |

Alcohol and Other Drugs: Facilitating behaviour change

Enhance your therapeutic relationship and support behaviour change through use of motivational interviewing techniques.

| Alcohol and Other Drugs: Facilitating behaviour change | | | |
|--|---|--|--|
| Delivery: | Available on demand on <i>gplearning</i> . Search for 'Alcohol and Other Drugs: Facilitating behaviour change'. | | |
| Duration: | Three (3) hours | | |
| CPD Points; | Completion of this training is accredited for 6 points in the RACGP CPD Program for the 2020-22 triennium. | | |

Alcohol and Other Drugs: At Risk Groups - Trauma

There is a known and recognised link between risky substance use and trauma. This course aims to improve your understanding of trauma and to improve your skills in providing trauma-informed care.

| Alcohol and Other Drugs: At Risk Groups - Trauma | | | |
|--|--|--|--|
| Delivery: | Available on demand on <i>gplearning</i> . Search for 'Alcohol and Other Drugs: At-risk groups – Trauma'. | | |
| Duration: | Two and a half (2.5) hours | | |
| CPD Points; | Completion of this training is accredited for 5 points in the RACGP CPD Program for the 2020-22 triennium. | | |

Further AOD related e-learning modules are available on gplearning

- Addressing doctor's health: caring for ourselves and our colleagues
- Alcohol in pregnancy
- Benzodiazepine prescribing in general practice
- Borderline personality disorder: diagnosis and management in general practice
- Chronic pain: an integrative approach
- Communication skills in general practice
- Effective pain management in general practice
- Family abuse and violence
- Family abuse and violence: become a trauma-informed practice, including self-care
- Family abuse and violence: responding to diversity
- Family abuse and violence: the role of general practice
- Family abuse and violence: trauma informed risk assessment and management of individuals
- Intimate partner violence
- Managing insomnia in general practice

AOD Program Webinars

The RACGP AOD Program On-Demand webinars provide a deeper dive into AOD related topics and are hosted by a range of AOD expert GPs and AOD specialists. A webinar summary is also available to download.

| AOD Program Webinars | | | |
|----------------------|---|--|--|
| Delivery: | Available on demand, links below | | |
| Duration: | 1.5 hours | | |
| CPD Points; | To receive CPD points, you will need to log this yourself through the RACGP's CPD Quick Log initiative. Please visit the CPD website for information. | | |

| AOD Program webinars | | | | |
|----------------------|--|-------------------|-----------------------------|--|
| Date | Торіс | Watch the webinar | Webinar summary & resources | |
| 7 October 2020 | The inherited pain patient | Watch now | PDF (232 KB) | |
| 11 November 2020 | How to help patients who have turned to alcohol at a time of crisis (Alcohol Part I) | Watch now | PDF (232 KB) | |
| 9 December 2020 | GP burn-out prevention, containment, and boundaries | Watch now | PDF (335 KB) | |
| 10 March 2021 | Substance use lapse and relapse | Watch now | PDF (268 KB) | |
| 5 May 2021 | The changing role of pharmacotherapy, the bigger picture and Depot buprenorphine | Watch now | PDF (180 KB) | |
| 21 July 2021 | Recreational drug use | Watch now | PDF (258 KB) | |

On-demand webinars

On-demand webinars, from RACGP and other AOD education providers, are a great way to find out about AOD related topics. Time spent viewing the webinars can be logged through the RACGP's CPD Quick Log initiative.

| On-demand webinars | | | | | |
|---|---|---------------------|--|--|--|
| Title | Provider | Further information | | | |
| A practical guide to alcohol home detox for GPs and further information about the telehealth model. | Clean Slate Clinic | Find out more | | | |
| Alcohol & drug use for those with anxiety, depression, or sleep disturbance – Management tips | RACGP Digital Events | Find out more | | | |
| Alcohol and the social determinants of health: an equity lens on interventions | Alcohol and Other Drugs Knowledge Centre | Find out more | | | |

| Creating pathways for Indigenous Australians to lead the way in alcohol research | Alcohol and Other Drugs Knowledge Centre | Find out more |
|--|--|---------------|
| Drug testing: issues and implications for Indigenous workers | Australian Indigenous Alcohol and Other Drugs Knowledge Centre | Find out more |
| Harnessing good intentions: addressing harmful AOD use among Aboriginal Australians | Australian Indigenous Alcohol and Other Drugs Knowledge Centre | Find out more |
| Integrating smoking cessation into alcohol and other drugs treatment | RACGP Digital Events | Find out more |
| Introduction to depot buprenorphine in the treatment of opioid dependent patients | RACGP Digital Events | Find out more |
| Kava in Australia | Alcohol and Other Drugs Knowledge Centre | Find out more |
| Prescribing Regulations in Victoria | RACGP Digital Events | Find out more |
| Prevalence of FASD among youth under the care of Juvenile Justice in Western Australia: how shall we work together to close this gap? | Australian Indigenous Alcohol and Other Drugs Knowledge Centre | Find out more |
| Providing quality healthcare for addressing illicit substance use | RACGP Digital Events | Find out more |
| SafeScript Alert: Treatment options for patients with flagged in SafeScript | RACGP Digital Events | Find out more |
| Shared care management of opioid dependence | RACGP Digital Events | Find out more |
| Smoking among disadvantaged and vulnerable groups | Alcohol and Other Drugs Knowledge Centre | Find out more |
| Tackling Indigenous Smoking, Quitskills cessation training, brief intervention, youth, and pregnancy | Australian Indigenous HealthInfoNet | Find out more |
| The experiences of Aboriginal and Torres Strait Islander people in primary healthcare when speaking about substance use and depression | Alcohol and Other Drugs Knowledge Centre | Find out more |
| What do we know about the impacts of cannabis use in Aboriginal and Torres Strait Islander communities? | Alcohol and Other Drugs Knowledge Centre | Find out more |
| What workers and organisations can do to support clients and communities in relation to crystal methamphetamine | Australian Indigenous Alcohol and Other Drugs Knowledge Centre | Find out more |

Opioid pharmacotherapy training

Find your State or Territory based course that will assist in the development of knowledge, skills, and practices to support the safe prescribing of opioid pharmacotherapies for the treatment of opioid dependence, including buprenorphine/naloxone and or methadone.

| Opioid pharmacotherapy training | | | | |
|---|---|---|----------|--------------------------|
| Title | Provider | Delivery Type | Location | Further information |
| Medication Assisted Treatment for Opioid Dependence (MATOD) – Module 1 – for Victorian GPs | RACGP Victoria | Online | Vic | Find out more |
| Medication Assisted Treatment for Opioid Dependence (MATOD) – Module 2 – for Victorian GPs | RACGP Victoria | Online | Vic | Find out more |
| Medication Assisted Treatment for Opioid Dependence (MATOD) – Module 3 – Long-Acting Injectable Buprenorphine | RACGP Victoria | Online | Vic | Find out more |
| Victorian Opioid Management ECHO – Opioid Management for Primary Care practitioners | St Vincent's Hospital, Melbourne | Case-based discussion group | Vic | Find out more |
| Opioid Treatment Accreditation Course (OTAC) | University of Sydney | Blended (face to face and online) | NSW | Find out more OTAC* |
| Fundamentals Training in Opioid Treatment | University of Sydney | E-learning | NSW | Find out more OTAC* |
| Driving Safety: Sedating medications and OAT | University of Sydney | E-learning | NSW | OTAC* |
| Treatment of Opioid dependence with Depot Buprenorphine | University of Sydney | E-learning | NSW | OTAC* |
| Queensland Opioid Treatment Program (QOTP) | Insight | E-learning | QLD | Find out more Insight |
| QOTP Buprenorphine-naloxone (Suboxone) Only Prescriber Course | Insight | E-learning | QLD | Find out more Insight |
| Western Australian Community Program for Opioid Pharmacotherapy (CPOP) | Next Step, Mental Health Commission | Online or Face to Face | WA | Find out more |
| 186320 - Benzodiazepines | Insight | E-learning | National | Find out more |
| eLAMP – eLearning in AOD for Medical Practitioners | Insight | Online | National | Find out more |

| Theory – Medication Assisted Treatment for Opioid Dependency Prescriber Training Course - South Australia | AOGP | E-learning | SA | Find out more AOGP |
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^{*}OTAC Courses are provided at no cost on behalf of the NSW Ministry of Health. Courses assist in the development of knowledge, skills, and practices to support the safe prescribing of opioid pharmacotherapies for the treatment of opioid dependence.

Other AOD Training

| Other AOD Training | | | | |
|--|---|---------------------------------|----------|--|
| Title | Provider | Delivery Type | Location | Further information |
| GPlearning module 143725 – Chronic Pain: an integrative approach | Gplearning | E-learning | National | Log in to your GPlearning account and search for this activity |
| Gplearning module 187091 – Alcohol in pregnancy | Gplearning | E-learning | National | Log in to your GPlearning account and search for this activity |
| Gplearning module 190978 – Benzodiazepine prescribing in general practice | Gplearning | E-learning | National | Log in to your GPlearning account and search for this activity |
| 183877 - AJGP Clinical Challenge December 2018: Prevention | RACGP Publications | E-learning | National | Find out more |
| 182807 - Check, unit 561, Preventative health for Australia's First Peoples, June 2019 | RACGP Publications | E-learning | National | Find out more |
| 187192 - ThinkGP - Youth AOD (Alcohol and Other Drugs) and Sexual Health | Reed Exhibitions Australia Pty Ltd (T/A Reed Medical Education) | E-Learning | National | Find out more |
| 192608 - Opioids and the bigger picture when treating chronic pain - Educational Visit | National Prescribing Service LTD | One-to-one educational visit | National | Find out more |

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