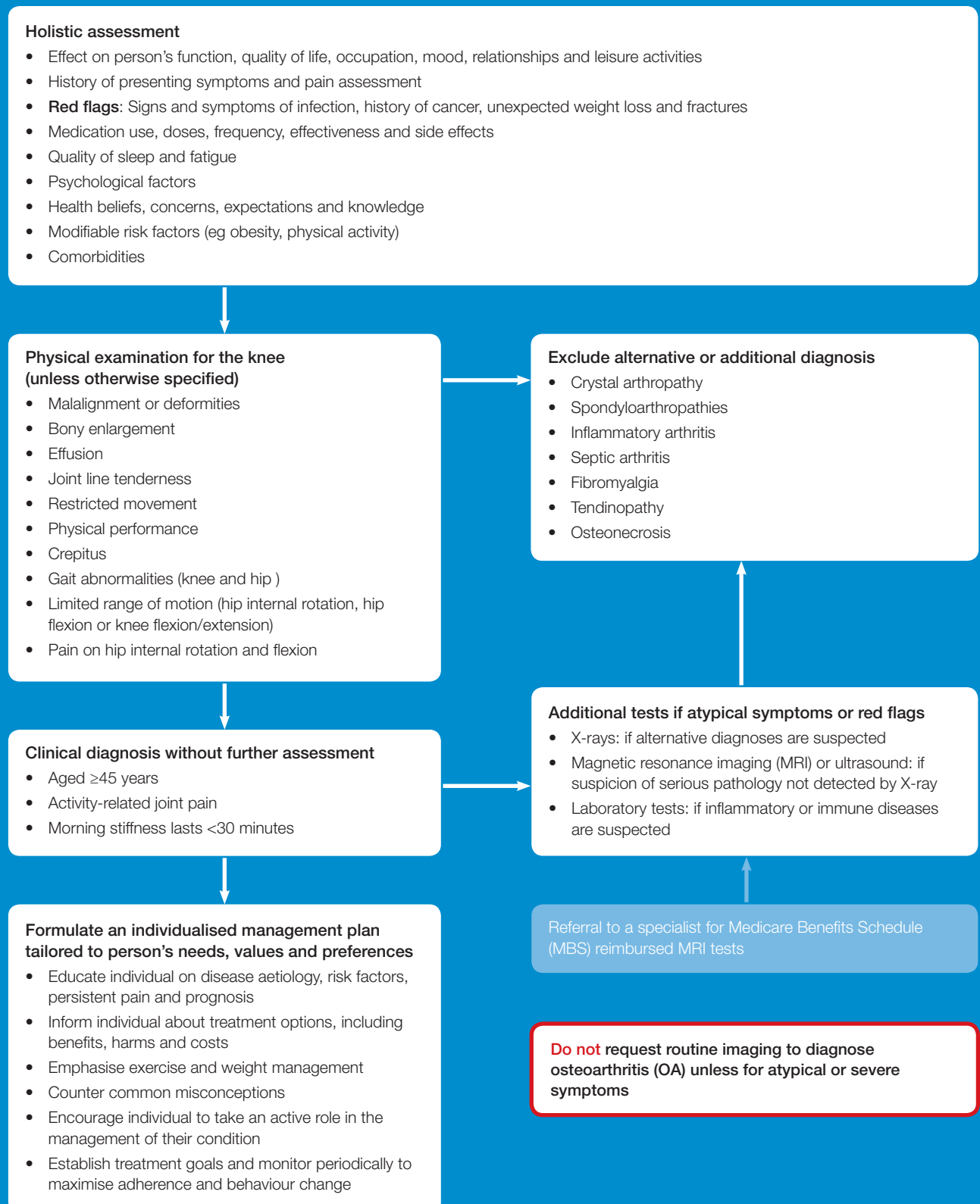


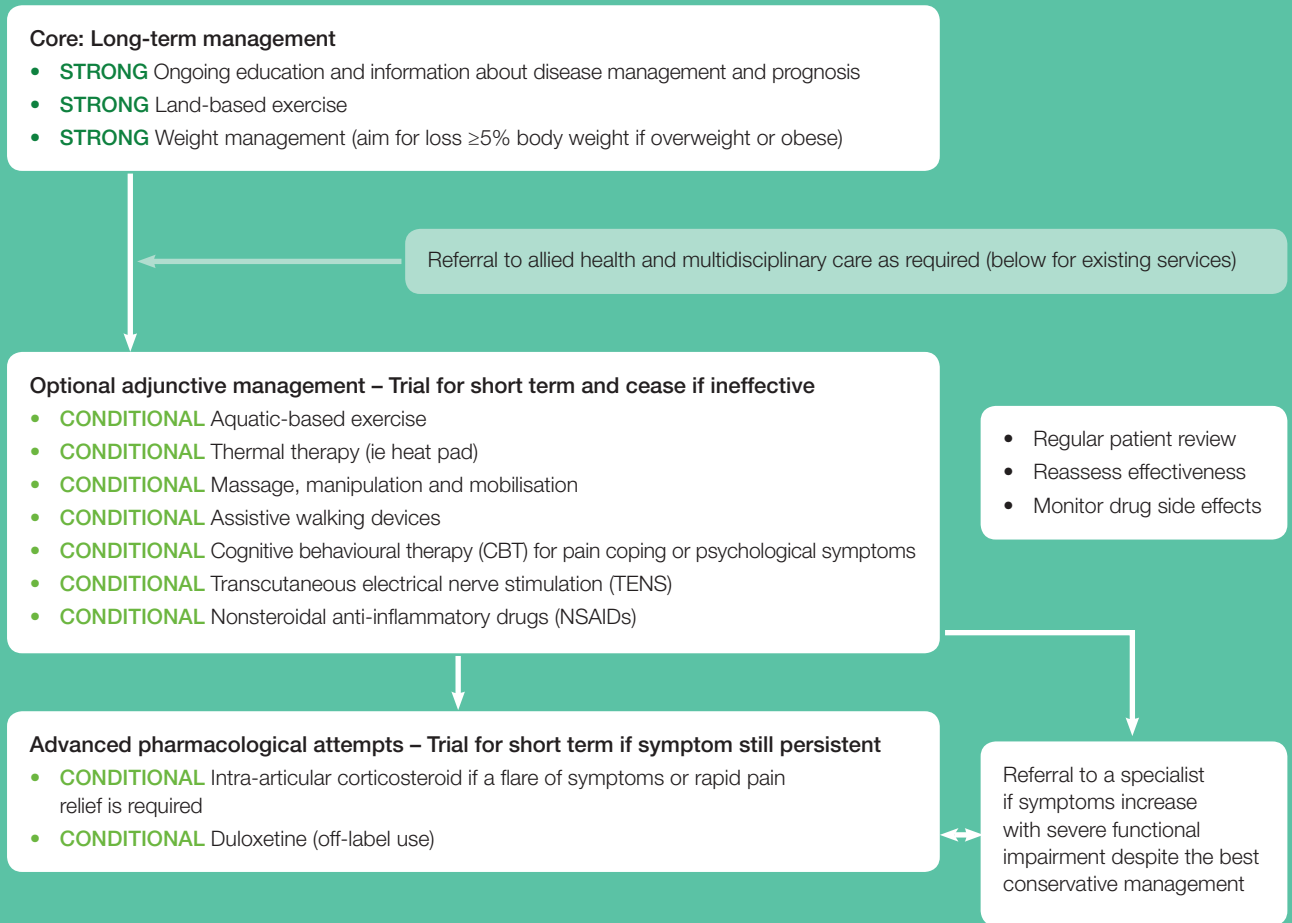
Algorithm – Holistic assessment, diagnosis and management of knee and/or hip osteoarthritis

Assessment and diagnosis



Management

Non-surgical management for knee and/or hip OA



Surgical management for knee and/or hip OA

Consider joint replacement surgery for severe disease when all conservative options have failed

- Perform X-ray to confirm disease severity
- Referral to an orthopaedic surgeon

Do not refer for arthroscopic procedures unless the patient also has true mechanical locking

For detailed services and prescribing information

- Victoria Osteoarthritis Hip and Knee Service (www2.health.vic.gov.au/hospitals-and-health-services/patient-care/specialist-clinics/osteoarthritis-hip-knee-service)
- NSW Osteoarthritis Chronic Care Program (www.aci.health.nsw.gov.au/resources/musculoskeletal)
- NSW Pain management services (www.health.nsw.gov.au/pharmaceutical/doctors/Pages/pain-management-services.aspx)
- Get Healthy Service (www.gethealthynsw.com.au)