



Red, irritated eyes

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Case history

This man presented with red, irritated, watery eyes and palpable left preauricular lymph nodes.



Question 1

What is the diagnosis?

Question 2

What is the most common cause of this problem?

Question 3

What investigations should be performed?

Question 4

What treatment is indicated?

ANSWERS TO MAY BRAIN TEASER



Answer 1

Steroid induced skin atrophy is one of the common adverse effects following the use of a moderate to high potency steroid. It can also occur in prolonged use of a mild potency steroid.

Answer 2

This condition is characterised by depigmentation, thinning, striae formation, wrinkles, telangiectasia and loss of normal surface markings. The underlying pathology is loss of dermal collagen, which is dose related causing the thinning and fragility of the affected skin.

Answer 3

Use of moderately strong potency topical steroids during the initial few days to bring the eczema under control, then change to mild potency steroid and reduce in frequency. Avoid prolonged usage of steroids without proper medical supervision.

Send your answers to arrive by 20 June. A prize of 12 months subscription to 'eTG complete' will be donated by Therapeutic Guidelines Ltd to the first correct entry drawn. The winner will be notified by mail and the answers published in the July issue.



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