

Updates in this edition

This updated edition of *Management of type 2 diabetes: A handbook for general practice* (Diabetes Handbook) contains new sections on the following topics:

- Early-onset type 2 diabetes
- Mental health and type 2 diabetes
- Management of type 2 diabetes in older people and residential aged care facilities
- The use of technology in managing type 2 diabetes

Significant updates to existing sections include:

- Managing risks and other impacts of diabetes – new recommendation regarding cessation of SGLT2 inhibitors in people with type 2 diabetes who are undergoing surgery and endoscopic procedures
- Reproductive health – removal of advice on management of polycystic ovary syndrome (PCOS). GPs can refer to [management guidelines for PCOS](#)
- Managing cardiovascular risk – new recommendation for the use of sodium glucose co-transporter 2 (SGLT2) inhibitors in people with type 2 diabetes associated with cardiovascular disease and suboptimal glucose control
- Managing risks and other impacts of diabetes – inclusion of a new section on diabetes management for people fasting during Ramadan