

Beyond the bump – Improving postpartum clinical care

RACGP WA

8.25 am	Conference introduction	<i>Presented by Dr George Eskander, GP and Director of Medical Services SJG Mount Lawley Hospital</i>		
8.30 am	Introduction to the Fourth Trimester An overview of challenges and changes in care in the Fourth Trimester	<i>Presented by Dr Stuart Prosser, GP Obstetrician / GP Anesthetist and One for Women Medical Director</i>		
8.50 am	Wound care <ul style="list-style-type: none"> • Infections • CS wound problems • Endometritis • Perineal wound repair 	<i>Presented by Dr Charles Armstrong, Obstetrician, SJG Mount Lawley</i>		
9.20 am	Lactation <ul style="list-style-type: none"> • Low milk supply • Blocked ducts • Mastitis • Q&A 	<i>Presented by Dr Marnie Rowan, GP and lactation consultant</i>		
10.00 am	Mental health <ul style="list-style-type: none"> • Postnatal depression • Updated ANRQ 	<i>Presented by Dr Julia Feutrill, Psychiatrist</i>		
10.30 am	Morning Tea – served in room during clinical cases and controversies			
10.30 am	Clinical cases and controversies <ul style="list-style-type: none"> • Problems faced by the second parent - how to best include & resources • Breast/bottle feeding – is breast always best • Communication breakdowns within new families 	<i>Presented by: Dr Erin Horsley, GP Liaison SJG Mount Lawley Hospital and; Dr Julia Feutrill, Psychiatrist</i>		
11.15 am	Practical workshops – 20 minute sessions with 5-10 minutes for movement between rooms			
	Workshop 1 Pelvic floor a practical approach <i>Presented by Physiotherapists Neridah Lloyd and Alison Lutz (One for Women)</i>	Workshop 2 Musculoskeletal problems in new mum's <i>Presented by Lara Diepeveen, Physiotherapist Mercy Physio</i>	Workshop 3 Fourth Trimester Starts Here <i>Presented by Amie Canzurlo, Clinical Midwife, SJG Mount Lawley and Director of Midwifery, One for Women</i>	Workshop 4 The Art of Breastfeeding <i>Presented by Dr Sharon Perrella, RN RM IBCLC Research Associate and Lactation Consultant</i>
1.15 pm	Lunch			
1.45 pm	Pain in the postnatal period	<i>Presented by Dr Stuart Prosser, GP Obstetrician / GP Anesthetist and One for Women Medical Director</i>		
2.15 pm	East meets West in the puerperium period	<i>Presented by Dr Ken Nathan, Consultant Obstetrician SJG Mount Lawley Hospital</i>		
2.45 pm	Interactive panel discussion <ul style="list-style-type: none"> • Vaccines & Visitors • Online resources/Apps • Parking lot questions from the day • Pre-set questions 	<i>Panel: Dr Stuart Prosser, GP Obstetrician Dr Alison Philpot, GP Obstetrician Dr Julia Marcello, GP obstetrician</i>		
3.15 pm	End of day			