

Demystifying the 'mandatory Category 1 Quality Improvement activity'

What is a quality improvement activity?

The RACGP Standards for general practices (4th edition) describes a Quality Improvement activity as:

“An activity undertaken within a general practice where the primary purpose is to monitor, evaluate or improve the quality of health care delivered by the practice.”

The Standards recommends practices engage in Quality Improvement activities that will improve the quality of healthcare delivery and safety of patients through:

- reviewing practice structures, systems and processes
- identifying, implementing and monitoring changes

For more information on where Quality Improvement sits within the RACGP Standards for General Practice, please click [here](#).

Meeting the Quality Improvement mandatory requirement for this triennium?

Every day you and your practice team are working out ways to improve the quality of service that you provide to your patients. If you can capture that improvement by describing, documenting and evaluating it, then you can use this experience to complete the mandatory Category 1 - Quality Improvement activity requirement.

How to meet the Quality Improvement activity, your options are:

Option 1. Choose to do an activity from the suite of RACGP Quality Improvement activities

- Clinical audit
- Plan, do, study, act (PDSA)
- Small group learning (SGL)
- Evidence based medicine journal club (EBMJC)
- Supervised clinical attachment (SCA)
- GP research

*To access the online form please log-in to the [RACGP website](#) -> Select **My CPD** -> Select **Submit a self directed activity** -> Select and complete chosen **Quality improvement activity** Online form*

Option 2. Participate in a pre-approved Quality Improvement activity delivered by an Accredited Activity Provider

To view available Quality Improvement activities, please click [here](#).

Option 3. Identify a Category 1 activity you have already done, reflect on how you applied the education to practice and complete a 'Quality Improvement Reflection' form.

All Category 1 education has the potential to meet the Quality Improvement requirement through the method of reflecting on the learning and applying it to improvements in individual practice. You can document and demonstrate via the quality improvement reflection form, applied knowledge and skills, or changes to clinical practice as an outcome of a particular learning activity. You may repeat this process throughout the triennium to document ongoing improvements in the quality of patient care.

To do this, you need to choose a particular Category 1 activity for which you want to complete a Quality Improvement reflection form. Once you have completed the Quality Improvement reflection form successfully, you will meet the QI requirement for this triennium and receive additional 5 Category 2 points.

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NB There are no restrictions on the number of Quality Improvement reflections that can be completed, however, point allocation is capped at 15 Category 2 points per triennium.

For more information, please contact the QI&CPD team in your state faculty.