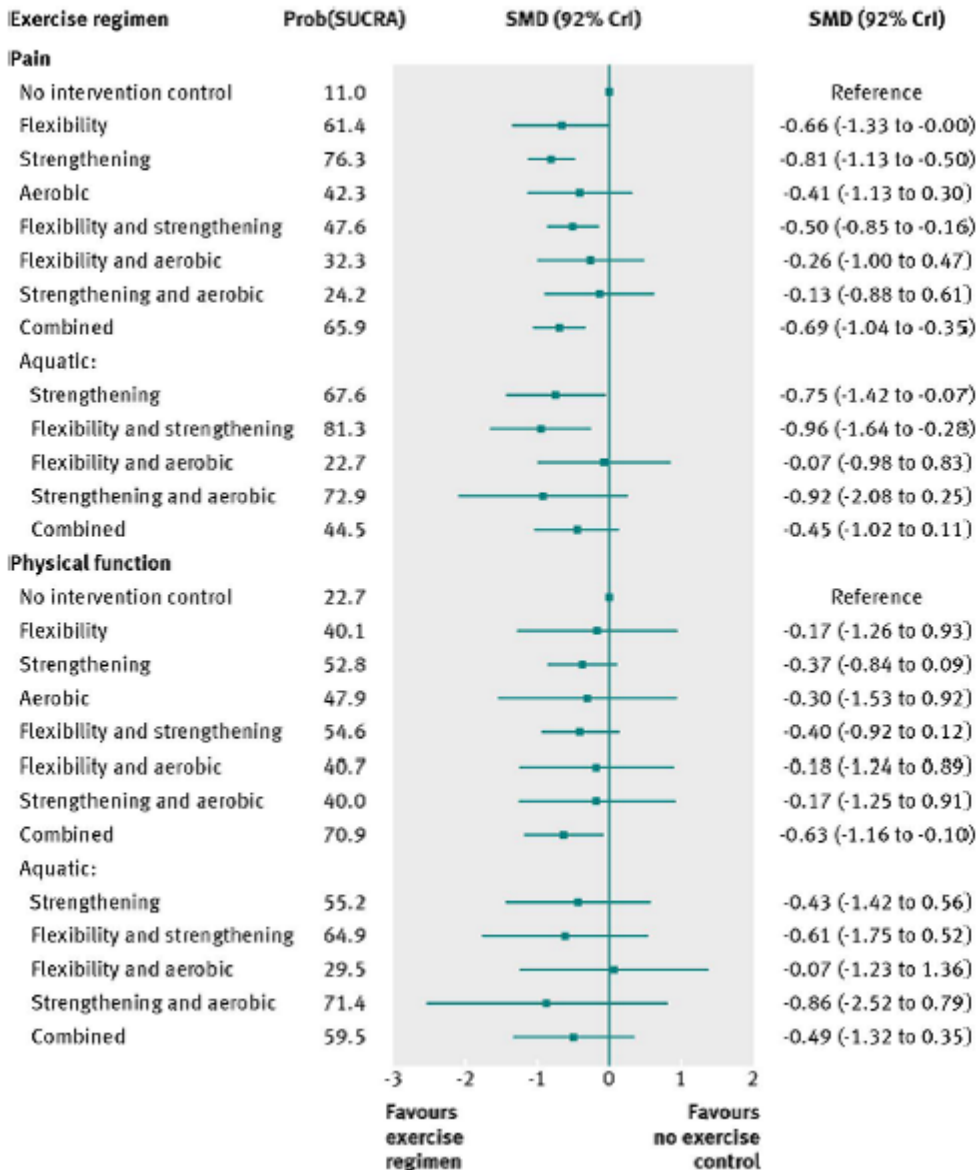


Figure 1: Forest plot of pain and physical function outcomes with exercise in lower limb osteoarthritis (mainly knee osteoarthritis)*

Uthman OA, van der Windt DA, Jordan JL et al. BMJ 2013; 347. Fig 2. Exercise for lower limb osteoarthritis: systematic review incorporating trial sequential analysis and network meta-analysis. P. 13. Reproduced with permission from the British Medical Journal. Available at www.bmj.com/content/347/bmj.f5555.

Reference = no exercise



*44/60 randomised controlled trials were in knee OA.