# **COVID Positive Pathways**

C+P Program update

16 March 2022



# Continuous enhancements have been made to the C+P Program as the pandemic response has changed

Further refinements are required to respond to current & any potential future variants

#### What has changed since 2020?

# The Omicron variant is more transmissible and milder than previous variants

- High vaccination rates and continued focus on boosters
- More safety nets and escalation pathways for individuals needing care, support or reassurance
- Greater community engagement about what to do / how to manage illness at home
- Less fear and concern about contracting COVID
- The community have greater health literacy about COVID
- Mandatory period of isolation for COVID+ individuals as reduced from 14 to 7 days

#### Implications for the Community

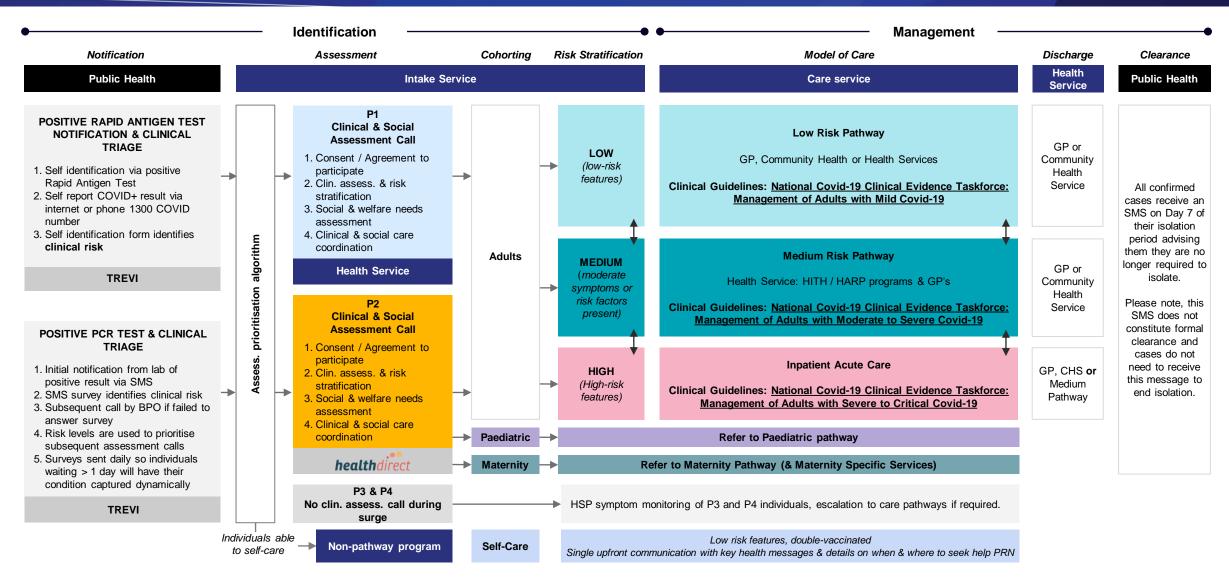
- More individuals getting infected but fewer with severe symptoms
- Greater population protection from severe disease
- More individuals can self-care with the onus on the individual to seek help if / when needed
- Individuals have greater access and awareness of the information and resources to support them manage illness at home
- Getting COVID has become more common and de-stigmatised

#### Changes to the C+P Program

- Reduced demand on the health system by targeting resources to those most in need
- Transition more cohorts towards self initiated care using data to inform of changes to risk stratification matrix.
- Clear safety nets and escalation pathways communicated to the community
- Pending social care model refinement to connect those requiring social support to existing community health programs

### **COVID Positive Care Pathways (Adults)**

Updated version to reflect new Omicron Variant



COVID Positive Pathways Program Vic Department of Health

## Public messaging (for consumers and clinicians)

1	Managing COVID at Home COVID Positive Pathways	Managing COVID at Home and COVID Positive Pathways websites recently updated. This included review and advice from GPs in the C+P Clinical Working Group. One key update was the addition of advice on (federal) GPRCs as a care option for people on the self-care pathway with worsening symptoms (if their own GP was unavailable, or they do not have a GP). <a href="https://www.coronavirus.vic.gov.au/managing-covid-19-home">https://www.coronavirus.vic.gov.au/managing-covid-19-home</a> <a href="https://www.coronavirus.vic.gov.au/covid-positive-pathways">https://www.coronavirus.vic.gov.au/covid-positive-pathways</a>
2	RCH COVID Factsheet	RCH COVID Factsheet now under review to align with the messaging in Managing COVID at Home. <a href="https://www.rch.org.au/kidsinfo/fact_sheets/Coronavirus_COVID-19/">https://www.rch.org.au/kidsinfo/fact_sheets/Coronavirus_COVID-19/</a>
3	Managing COVID at Home When Pregnant	Managing COVID at Home When Pregnant website content developed but not yet published.
4	GP FAQ	GP FAQ in development to provide information on the program and provide contact details for linking in with HSPs.
5	COVID+ Pathway resources	Clinician C+P department resources can be found under the C+P tab here: <a href="https://www.health.vic.gov.au/covid-19/clinical-guidance-and-resources-covid-19">https://www.health.vic.gov.au/covid-19/clinical-guidance-and-resources-covid-19</a>

### **GP Notification Pilot**



#### Overview

- GP Notification **Pilot** commenced on 27<sup>th</sup> January 2022.
- GP notifications are running across the current health services of the NE HSP: Austin, Eastern, Northern, and St Vincent's.
- Healthdirect have assessed **8,949** individuals with COVID-19 in the above services, resulting in a 'medium' pathway (hospital) allocation and therefore a GP notification is sent to the GP for information only.
- **5,663** GP notifications have been sent as of 14/3/22 (**63%**).
- There is still a high percentage of the community who would like their GPs to be informed of their status, however notifications fail due to GP's being uncontactable in the secure messaging platform.



### Evaluation for GP Notification Pilot

- Evaluation on benefit analysis of Healthdirect GP pilot underway.
- The evaluation will inform decisions on the direction of the notification process following the pilot.
- Continuing to work through IT issues and updating of address books within the secure messaging system to increase contact with GP's.



### Take-home messages

- Please ensure your details are up to date on the secure messaging platforms (Argus, Healthlink, Referral Net)
- If you are not registered for secure messaging, you can contact you local PHN for support

## System readiness to support future variants



COVID Monitor regional rollout to support intake assessments within regional health services which includes scalability of workforce to support future variants





The National COVID Helpline is available for Victorian's to get further advice and assessment if required





Individuals able to register a positive Rapid Antigen Test (RAT) as an entry point into the Covid Positive Pathways Program





Expansion of self-care criteria to enable more individuals to move into self-initiated care and engage their GP, with clear information provided for where to seek care if concerned





Integrated C+P data analytics on movement/escalations of individuals across the care pathways to confidently refine clinical stratifications to allocate appropriate care in the appropriate setting





Victorian Virtual Emergency Department (VVED) – ongoing rollout supporting hospital, AV & system diversion





Work underway for new oral antiviral treatments to be incorporated into the C+P program



# Questions and discussion



# Thank You

