

The Royal Australian College of General Practitioners



## Please tell us IMMEDIATELY if you have:

fever, headache, rash, sore throat, cough, runny nose, diarrhea, vomiting

## **TO STOP THE SPREAD OF GERMS**



Cover your cough and sneeze

You may need to use a mask



Clean or sanitise your hands after coughing or sneezing

Wash with soap and water, or Sanitise with hand gel, or Use wipes that contain alcohol

## Use a tissue

Put your used tissue in the bin or

Cough or sneeze into your upper sleeve

## Any questions? Talk to our practice staff

Healthy Profession. Healthy Australia.