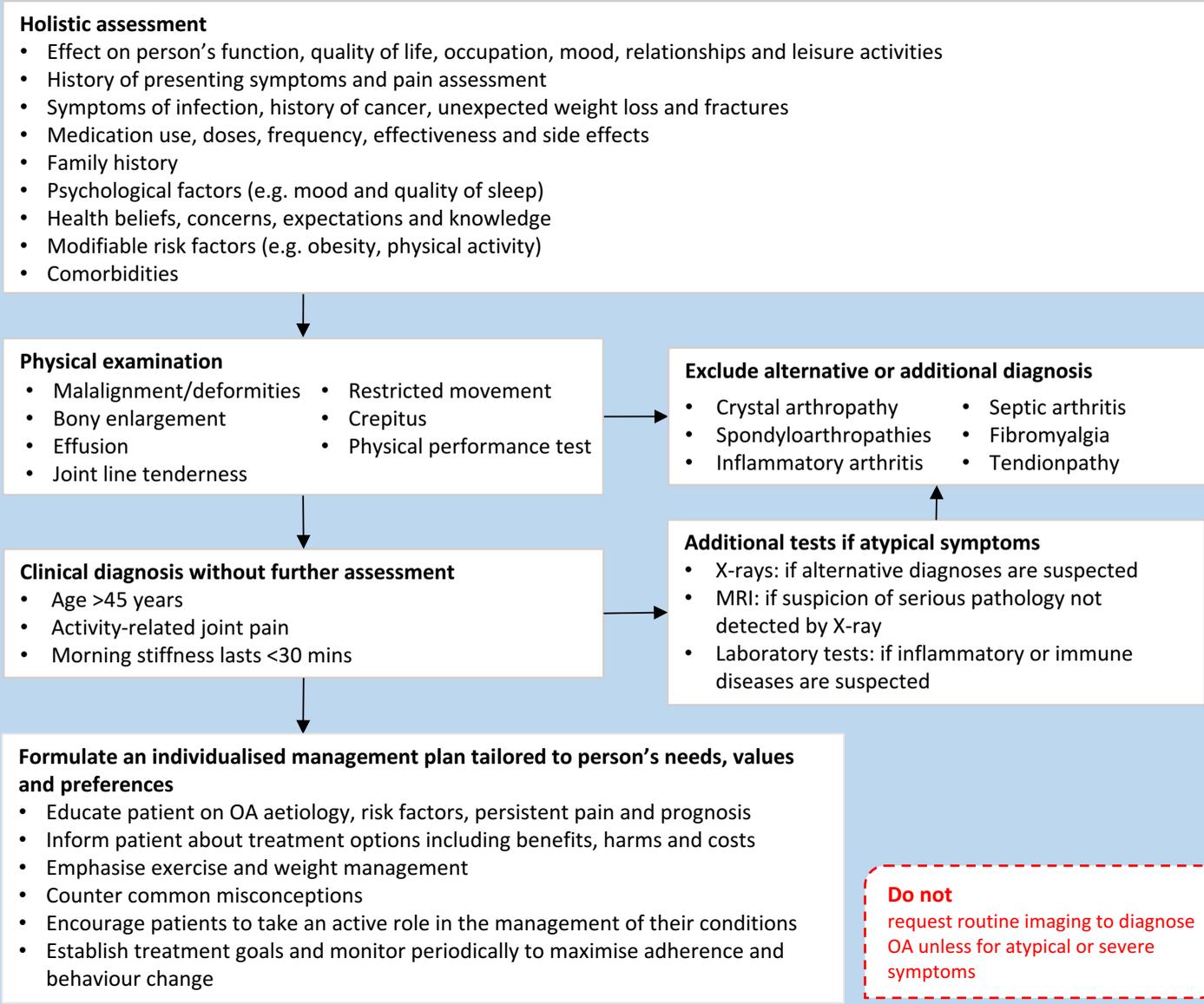
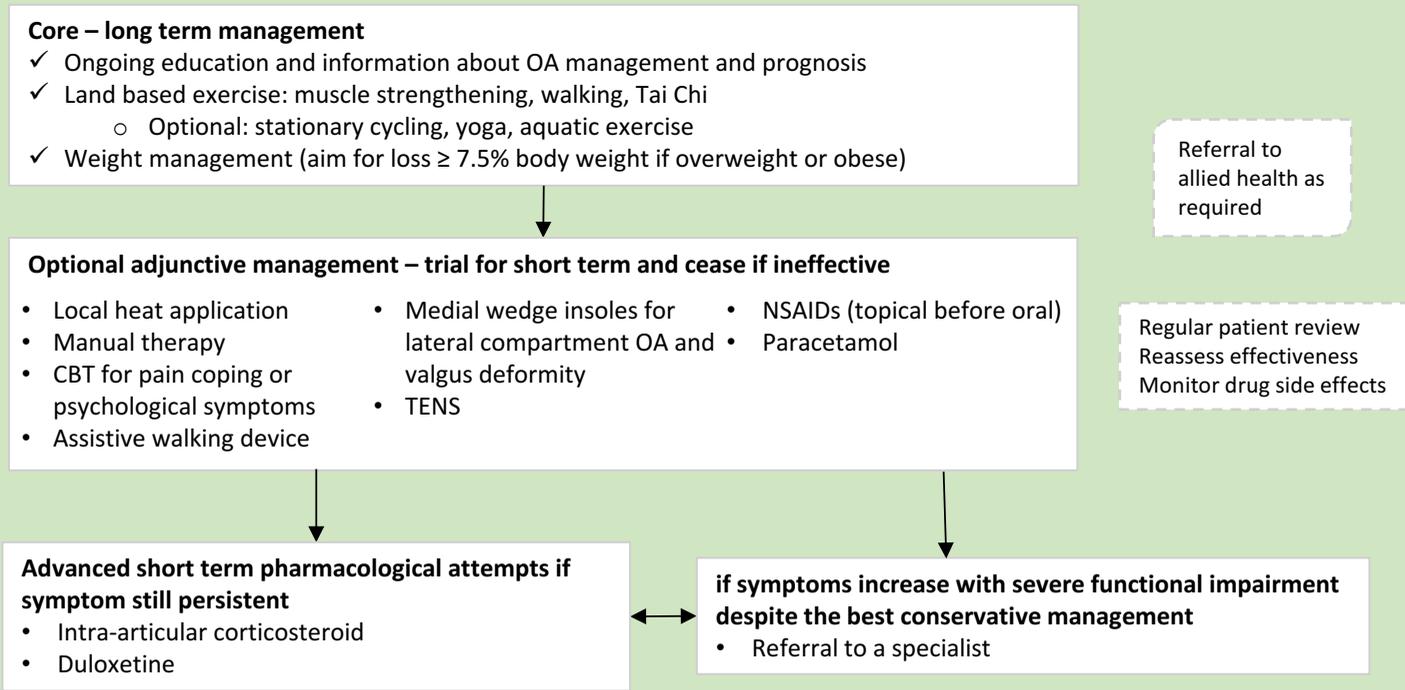


Holistic assessment and diagnosis of knee OA



Non-surgical management for knee OA

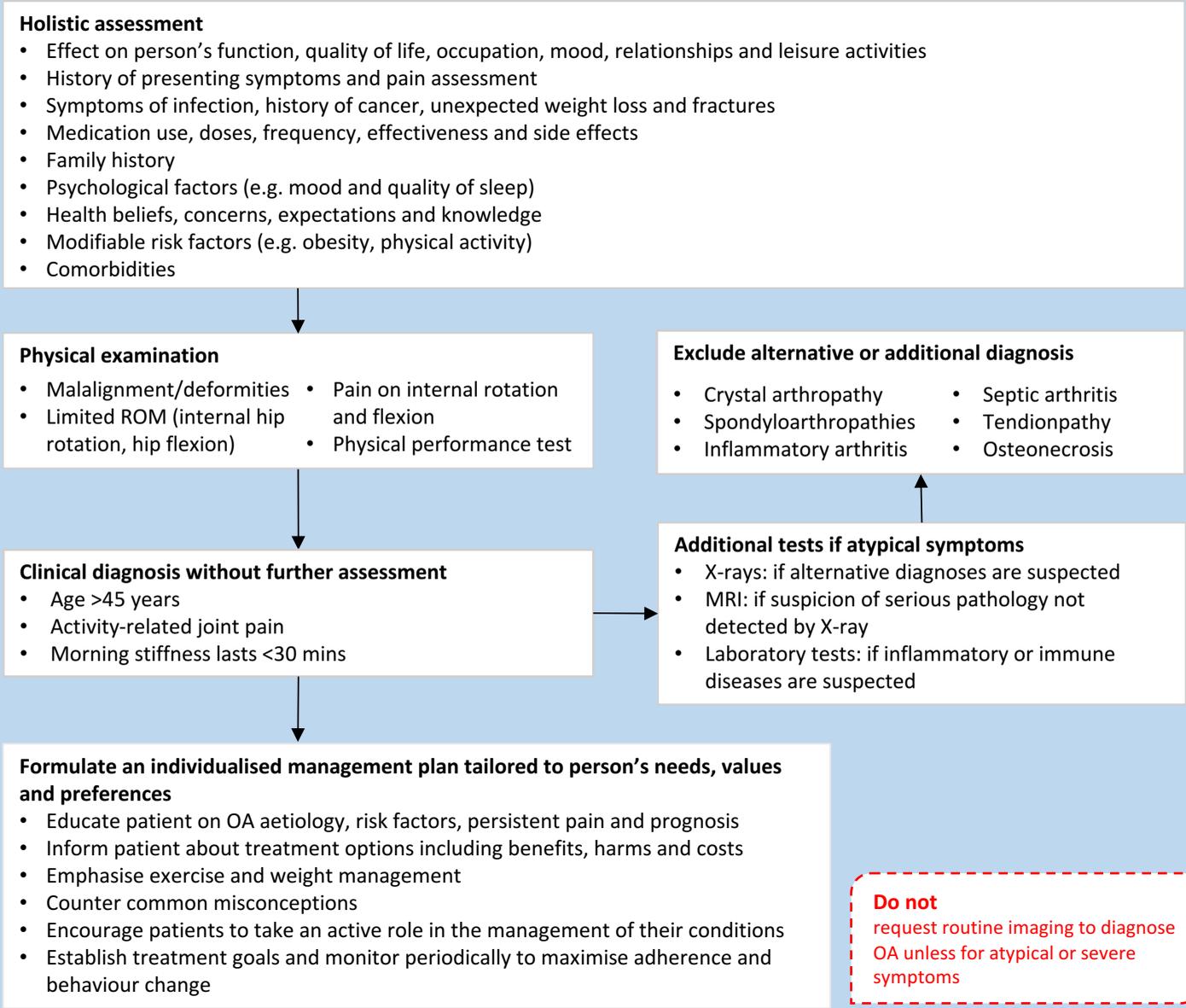


Surgical management for knee OA

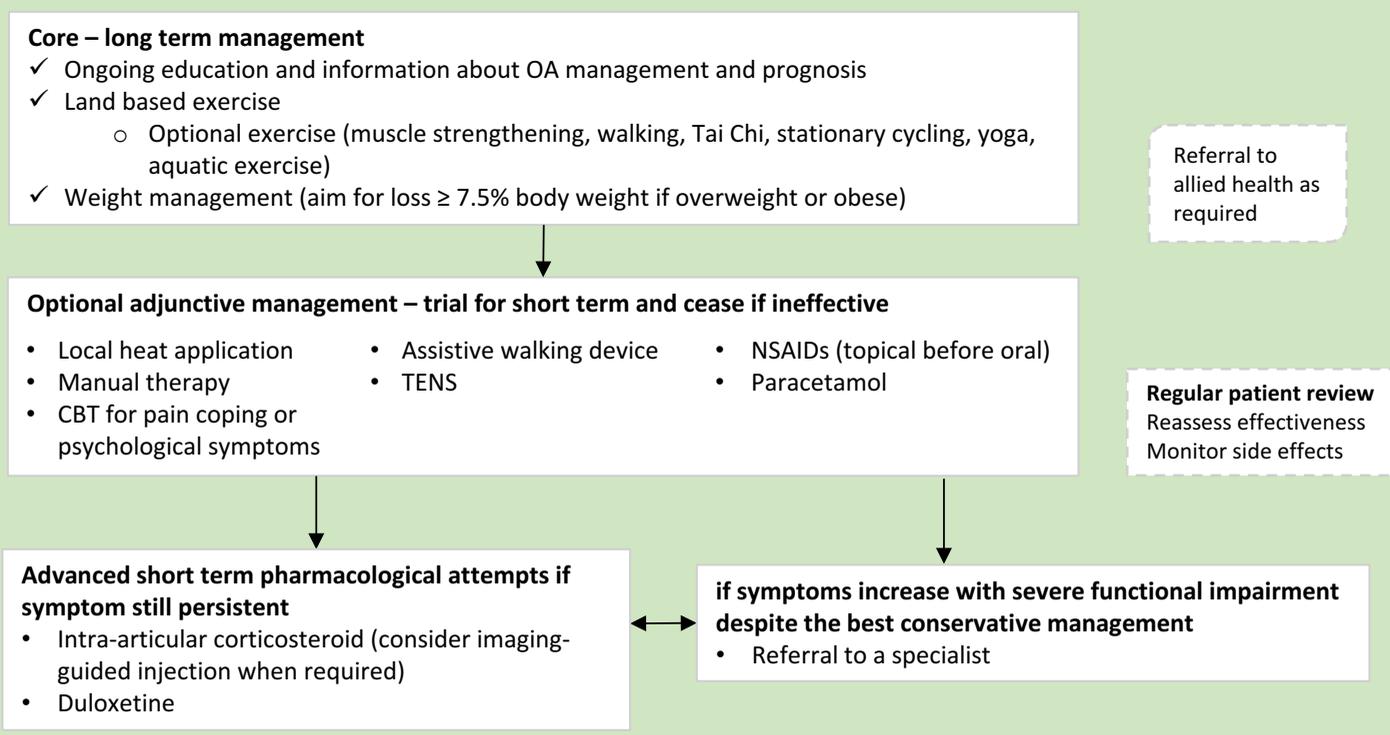


Abbreviations CBT, cognitive behavioural therapy; CVDs, cardiovascular diseases; MSK, musculoskeletal; MRI, magnetic resonance imaging; NSAIDs, non-steroidal anti-inflammatory drugs; OA, osteoarthritis; TENS, transcutaneous electrical nerve stimulation.

Holistic assessment and diagnosis of hip OA



Non-surgical management for hip OA



Surgical management for hip OA



Abbreviations CBT, cognitive behavioural therapy; cardiovascular diseases; MSK, musculoskeletal; MRI, magnetic resonance imaging; NSAIDs, non-steroidal anti-inflammatory drugs; OA, osteoarthritis; ROM: range of motion; TENS, transcutaneous electrical nerve stimulation.