

7 October 2019

Dr Sarah Price,
President, Australasian Diabetes in Pregnancy Society (ADIPS)
145 Macquarie Street
Sydney
NSW 2000

E: admin@adips.org

Dear Dr Price,

Re: ADIPS New Guideline for pre-existing diabetes and pregnancy

Thank you for the opportunity to comment on the *Australasian Diabetes in Pregnancy Society (ADIPS) draft guidelines for pre-existing diabetes and pregnancy*.

General practitioners (GPs) are often the main providers of ongoing pre- and post-natal care. We provide feedback regarding the role of GPs and including additional references related to mental health.

1. The role of GPs

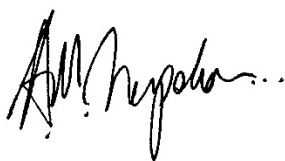
- Specific instructions for GPs are not clear in the document. The RACGP recommends general practice-related practice points from major sections be clearly articulated to assist GPs who manage pregnant people with pre-existing diabetes. As an example, 'GP' could be added next to points in the 'Key practice points checklist' (pages 4 - 5) to indicate where general practice is involved at the different stages of care.
- The document does not include chronic disease team-based care planning, which is a crucial part of providing care for people with diabetes.

2. Additional referencing

- In section 1.1.10 Mental health review, we recommend the statement 'The relationship between pre-existing diabetes and mental health disorders remains unclear' could be more comprehensively referenced, as it is a claim that could be challenged. Additional supporting references are provided below.

Thank you again for the opportunity to provide feedback on this document. Should you want to discuss this matter further, please contact Mr Stephan Groombridge, Manager, eHealth and Quality Care on (03) 8669 0544 or at stephan.groombridge@racgp.org.au.

Yours sincerely



Dr Harry Nespolon
President

References

1. Dalfrà, M.G., Nicolucci, A., Bisson, T. et al. Qual Life Res (2012) 21: 291
2. Katon J et al. Diabetes and Depression in Pregnancy: Is There an Association? *J Women's Health* 2011; 20: 983–89.
3. Do N et al. Quality of life, anxiety and depression symptoms in early and late pregnancy in women with pregestational diabetes. *Acta Obstet Gynecol Scand* 2017; 96:190–97.
4. Callesen N et al. Mental health in early pregnancy is associated with pregnancy outcome in women with pregestational diabetes. *Diabet Med* 2015; 32: 1484–91. doi: 10.1111/dme.12777.
5. Ross G et al. Relationship between depression and diabetes in pregnancy: A systematic review. *World J Diabetes* 2016; 7: 554–71.