



make sure that's ongoing. Then to support RMEs through a variety of different ways – networking, educational events and general support with each other,' Dr Broomfield said.

### **Online support**

Her role as GPRMEN Chair also allows Dr Broomfield to further another of her interests in general practice, helping registrars and experienced GPs in the process.

'At the moment I am trying to move the GPRMEN a bit more onto online and social media platforms. Lots of medical educators are disconnected all over Australia so I'm trying to get them together so they can connect, interact and share resources,' she said.

'We also had a slot at the recent General Practice Training and Education Conference, where we talked about how best the GPRMEN network can support RMEs and new medical educators in their positions in terms of what they need for education and what the network might be able to do in regards to helping them.'

An active social media participant, Dr Broomfield understands the potential

advantages this ever-evolving medium offers healthcare professionals, particularly those in more isolated settings.

'A lot of GPs across Australia might work in solo practices or practices with only a few GPs. Or they might find that extra-curricular work they've got to do before or after work means they are just consulting in their own room then leaving for the day, which can be quite isolating,' she said. 'Social media provides a platform to get involved with other GPs and talk about issues related to the workplace or wellbeing, and to get support from other doctors.'

'It also allows you to see any new or updated information, as well as a variety of different information options.'

'Lots of GPs have varied levels of special interest and varying degrees of expertise in different areas, so in interactive forums where you can discuss cases you get a lot of input from people who are experts in their field and get up-to-date information on assessment, diagnosis and management.'

Dr Broomfield's digital expertise has also been put to use in her role at NCGPT, where she helped develop an online resource for fellow registrars.

'As part of my role as an RLO at NCGPT I was asked to be involved in setting up the resource area on their online learning platform, so I used all the resources I already had stored on my own computer to update them,' she said. 'All of those resources were uploaded to the "Resources for registrars" section of NCGPT's online learning platform.'

Dr Broomfield is honoured, if admittedly a little surprised, to be named the RACGP's 2015 General Practice Registrar of the Year.

'I am very humbled to win the award and was very honoured by the people from my regional training provider who put forward the nomination for me,' she said.

'There are so many doctors and registrars out there who do so much for their community and medicine in general, and for education and the promotion of general practice. I'm inspired by other people around me and that's why I do a lot of the work I do, because of so many inspirational people I've seen in general practice.'

'It's so nice to be given this award but, at the same time, there's so many other people out there who are doing so much good work. I wish I could give the award to all those people as well.' 🌐