

Self-Assessment Progress Testing (SAPT)

Frequently Asked Questions

What is the SAPT?

The SAPT is for AGPT registrars to identify their learning needs, self-assess their progress in knowledge and clinical reasoning through training, experience exam question format and to assist them in written exam preparation. The SAPT also contains tips and resources for your AKT and KFP preparation.

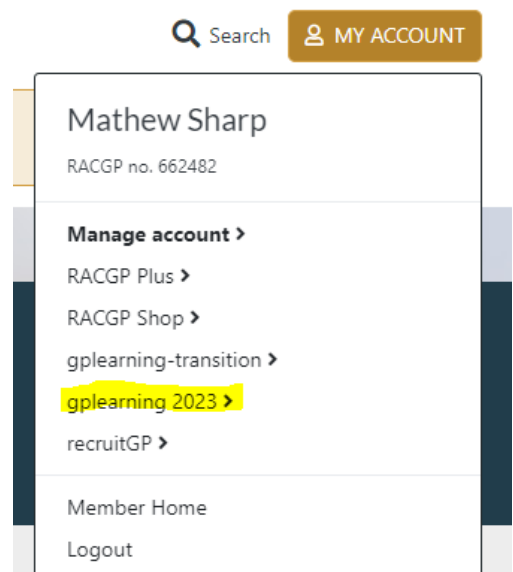
Each SAPT consists of 50 applied knowledge test (AKT) questions and 8 key feature problem (KFP) cases taken from previous RACGP exam papers. Once you have completed the test you will have access to the correct response, the rationale behind the response, resources for that topic, appropriate curriculum link/s and suggestions for further study.

You can choose to do the SAPT under exam conditions (80 mins for AKT and 80 mins for KFP) or non-exam conditions (untimed, self-timed, open, or closed book). There will be four SAPTs released each year, two per training term (March and May in 2023.1). Each SAPT edition will contain brand new questions.

How do you access the SAPT?

To access the SAPT:

1. login into your RACGP account and select *glearning 2023*.



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2. Scroll down the page past the welcome banner and video (please watch the video first if you haven't already!)


Welcome to *gplearning*

[Click here for help](#)

Announcements ▼

Hi Mathew. Welcome to gplearning! ×


Before starting your learning, please **watch** this short video (3m 30s). This video provides a quick introduction to the *gplearning* Learning Management System (LMS), including how to navigate, search and enrol in courses.

 2023: The new gplearning

 Share



RACGP  gplearning

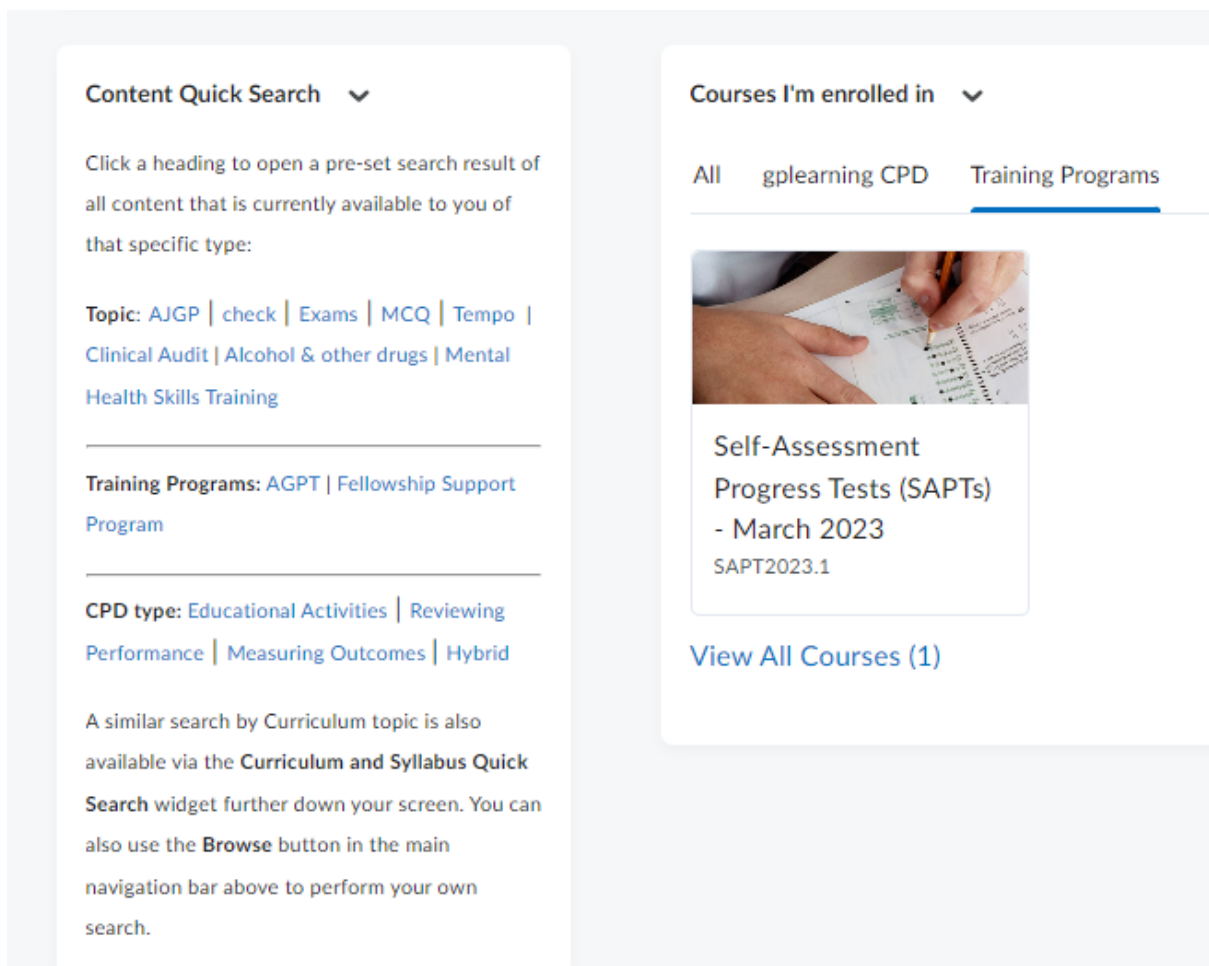
Watch on  YouTube

Tip: This announcement can be dismissed by selecting 'x' on the top right corner of this post. Only dismiss this post once you have **watched** the video above. Use the 'Show All Announcements' options to re-view this and other announcements.

Self-Assessment Progress Testing (SAPT)

Frequently Asked Questions

- The self-assessment progress test (SAPT) March 2023 course tile is on this homepage, click on this tile to open the course.



The screenshot displays two main sections on a website. On the left is a 'Content Quick Search' widget with a dropdown arrow. It contains instructions to click a heading for pre-set search results. Below this are several filter categories: 'Topic' (AJGP, check, Exams, MCQ, Tempo, Clinical Audit, Alcohol & other drugs, Mental Health Skills Training), 'Training Programs' (AGPT, Fellowship Support Program), and 'CPD type' (Educational Activities, Reviewing Performance, Measuring Outcomes, Hybrid). A note at the bottom of this section mentions a similar search by Curriculum topic. On the right is a 'Courses I'm enrolled in' widget with a dropdown arrow. It has three tabs: 'All', 'gplearning CPD', and 'Training Programs' (which is selected). Below the tabs is a course tile for 'Self-Assessment Progress Tests (SAPTs) - March 2023' with the identifier 'SAPT2023.1'. The tile includes a small image of hands writing on a document. Below the tile is a link that says 'View All Courses (1)'.

If you cannot see this, please contact your local training coordinator or gplearning@racgp.org.au.

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What SAPT should I choose?


When you start the online module, you will be asked to choose the general practice term you are currently in. Please choose the most appropriate term to you.

You will then be shown the SAPT with the GP term you selected. This is an example of what you might see:


Course content



Welcome! Start here!



GPT 1



Exam focus- tips and resources

Announcements ▼

WELCOME TO THE MARCH 2023 SAPT!

Posted 01 December 2022 11:50 AM ×

The next SAPT will be released in May 2023

Discussion forums ×

Posted by Mathew •  Edited

Discussion forums will be made available from the 20th of March at 8am.

[Show All Announcements](#)

Content or technical issues? ▼

Self-Assessment Progress Testing (SAPT)

Frequently Asked Questions

Self-Assessment Progress Tests (SAPTs) - March 2023 • Unit 2 of 3

GPT 1

[?](#) [March 2023: AKT \(Exam conditions\): GPT1](#)

[?](#) [March 2023: KFP \(Exam conditions\): GPT1](#)

[?](#) [March 2023: AKT \(Non-exam conditions\): GPT1](#)

[?](#) [March 2023: KFP \(Non-exam conditions\): GPT1](#)

[🔗](#) [AKT exam tips](#)

[🔗](#) [KFP exam tips](#)

Choose to do an “exam-conditions” AKT or KFP if you want to do a timed, closed book test.

Choose to do a “non-exam conditions” if you would like to do a self-timed and open book or untimed open or closed book test.

Self-Assessment Progress Testing (SAPT)

Frequently Asked Questions

What if I am early in training?

The SAPT is designed for registrars to use right from the start of their GPT1 term. Registrars can choose to sit the SAPT in:

- exam conditions (timed and closed book) or
- non-exam conditions (self-timed and open book, or untimed open or closed book format).

Please note that these are the same test, so it is best to choose to sit the exam one way or the other.

For example, here is a recommended timeline for a full-time registrar starting in GPT1 in 2023.1 and sitting the exams in July 2024:

- SAPT March 2023 March – non-exam conditions
- SAPT May 2023 – non-exam conditions
- SAPT September 2023 – non-exam conditions or exam conditions
- SAPT November 2023 – exam conditions
- SAPT March 2024 – exam conditions
- SAPT May 2024 - exam conditions

What if I am studying and ready to sit the exam?

The SAPT is a great way to practice the RACGP fellowship exams in exam conditions.

We recommend you sit the SAPT in timed exam conditions (with no open books or browsers!). There are also tips and recommendations for sitting both the AKT and KFP.

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How long do I have to sit the SAPT?

If you are sitting the SAPT in exam conditions, you will have 80 mins (1 hour 20 mins) to complete the AKT part and 80 mins (1 hour 20 mins) to complete the KFP part. These do not need to be taken at the same time.

If you are sitting the SAPT in non-exam conditions, you can take as long as you like for each part (AKT and KFP). You may choose to self-time for 80 mins (1 hours 20 mins) and have an open book test, or you may wish to take as much time as you need, or even close the test on your browser and come back to the exam later.

How is it marked?

The AKT part of the SAPT provides you with a score, your answer, the correct answer, an explanation and additional resources.

The KFP part of the SAPT provides you with an answer rubric, and explanation and additional resources, you will need to mark the KFP part of the paper yourself to obtain a score.

We encourage you to discuss your SAPT scores with your medical educator to provide personalised advice about your progress.

As a pilot, we will be collecting scores from the AKT and will use this information to inform providing collated results to registrars.

The questions in the SAPTs are taken from previous years FRACGP exams. As they are only a portion of the questions from the exam, there has been no pass mark set. For an idea of what the pass rate of previous AKT and KFP exams are please review the public exam reports found [here](#).

Can I review the answers later?

Yes. You can go back at any time to review your past test and the answers. You can even sit the test again if you wish.

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Can I discuss my results with anyone?

The SAPT is designed for your learning, to get the most out of the progress testing it is important to self-reflect on your results first.

- What was your confidence in answering the questions?
- How did you sit the test (exam conditions vs non-exam conditions)
- How were you feeling on the day (sleep deprived? rushed?)
- Are there key curriculum areas you can identify you need to gain more knowledge in?

In addition to your self-reflection, two weeks after the SAPT is released you will be able to access a discussion forum. In the forum you can interact with your peers and ask questions of senior medical educators about the SAPT.

You are able to review the comments and responses in the forum following this time period, but it is frozen and new threads will not be accepted.

You can also discuss your results with your medical educator.

What if I am not in a GP term?

If you are in hospital training or on leave from the program, we don't recommend participating in the SAPT unless instructed to do so by your medical educator.

This is to ensure you save your progress testing for while you are in active GP training and give you the best guidance on directing your study and learning.

If you do choose to sit the SAPT in a non-GP term, we ask you to use the "GPT Other in your GPT selection" so as not to impact the results data collection.

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Will anyone see my result?

The SAPT is a self-assessment progressive test and is designed for you to self-reflect on. It is not part of the workplace-based assessment program or formal progressive testing.

You can discuss your results with your supervisor or medical educator at your discretion.

Your medical educator will be able to monitor your engagement but not your results.

What if I don't participate in the SAPT?

You can choose not to participate in the SAPT. We encourage you to do so while you are in your GP terms so that you gain experience in the exam process.

Previous studies have shown that non-participation in practice exams can predict poorer performance in summative assessments.

Is there any other support for sitting RACGP exams?

Yes! Check out other online exam modules on *gplearning 2023* (with more coming)

We have a dedicated webpage for [exam support here](#).

If you are preparing to sit the exam this term, find more detailed information here:

<https://www.racgp.org.au/education/registrars/fracgp-exams/exam-support-program-resources/exam-preparation-for-2023-1>