

2026.1 GPT1 and GPT2 Registrar Out-of-Practice Education Program



Training region: North Eastern New South Wales

Subregion: North Coast

Registrars must attend the RACGP's out of practice education program during their GPT1 & GPT2 terms as a requirement to Fellow. Attendance contributes to their education hours within the registrar's TMS portfolio.

The out-of-practice education program comprises a mix of large group and small group activities facilitated either face to face or via an online platform. The peer-led small group learning (SGL) sessions are specifically focused on registrars working in a stable group with their peers and medical educators. The small group learning sessions are semi-structured and tailored to the learning needs of the group.

The out-of-practice education program is underpinned by the [RACGP Curriculum and syllabus](#).

Registrars are required to attend 54 hours in GPT1 and 48 hours in GPT2 terms. Hours are counted differently when face-to-face or when online, please refer to the education column for hours accrued and not the time column.

Please note:

Registrars will be assigned to Small Groups on designated days and times according to their geographical location. Registrars will receive further details about which small group learning group they need to attend closer to the commencement of the 2026.1 term. In the meantime, please direct any questions to your Training Coordinators.

Start Date	Time	Education hours	Name of Event	Registrar Cohort	Type	Content details of event	Location	PSO/ Contact
February – July 2026	n/a	n/a	Mental Health Skills Training Level 1 online modules	All GPT1 and those GPT2 registrars that have not completed this yet	Online	https://www.thinkgp.com.au/education/mental-health-skills-training-core-module *please note this module is currently being updated and is not available for completion. The calendar will be updated to reflect when it is available.	Online in registrars own time	n/a
Thursday 05/02/2026	9.00am – 5.00pm	8	Orientation day	GPT1	Large	AM: Orientation to GP training and introduction to your local team; Introduction to Aboriginal and Torres Strait Islander Cultural and Health education (JCTS), emergencies in GP PM: GPT1 survival kit	Coffs Harbour	Linda Anschau
Friday 06/02/2026	9.00am – 5.00pm	8	Joint Colleges Training Services Aboriginal and Torres Strait Islander Cultural and Health Training Day	GPT1/ GPT2	Large	Joint Colleges Training Services Aboriginal and Torres Strait Islander Cultural and Health Training Day	Coffs Harbour	Linda Anschau

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Monday 23/02/2026	9.00am – 4.00pm	7	Peer-Led Small Group Learning #1	GPT1/ GPT2	Small	AM: Introductions, setting the scene for peer-led SGL sessions, teaching in general practice, communication skills basics PM: Planning future SGL sessions, quick introduction on obtaining MHST via ThinkGP	Coffs Harbour Group 2	Linda Anschau
Monday 23/02/2026							Tweed	Kate Fletcher
Tuesday 24/02/2026							Port Macquarie – Group 1	Linda Anschau
Thursday 26/02/2026							Ballina	Kate Fletcher
Wednesday 25/02/2026							Port Macquarie – Group 2	Linda Anschau
Wednesday 04/03/2026							Lismore	Kate Fletcher
Friday 06/03/2026							Coffs Harbour - Group 1	Linda Anschau
Thursday 12/03/2026	9.00am – 1.30pm	4 GPT1 3 GPT2	Fusion A	GPT1/ GPT2	Large	Developmental paediatrics and behavioural paediatrics ReCEnT for GPT1s only between 12.30-1.30pm	Online	Stacey Barabash
Monday 20/04/2026	9.00am – 4.00pm	7	Peer-Led Small Group Learning #2	GPT1/GPT2	Small	AM: Women’s Health Day eg contraception, period problems, pre- pregnancy planning, antenatal care PM: Women’s Health Day eg post- natal care, menopause	Tweed	Kate Fletcher
Tuesday 28/04/2026							Port Macquarie - Group 1	Linda Anschau

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Wednesday 29/04/2026							Lismore	Kate Fletcher
Thursday 30/04/2026							Ballina	
Friday 01/05/2026							Coffs Harbour – Group 1	Linda Anschau
Monday 04/05/2026							Coffs Harbour – Group 2	
Wednesday 06/05/2026							Port Macquarie - Group 2	Linda Anschau
Monday 11/05/2026	1.30pm – 5.00pm	3	Fusion B	GPT1/ GPT2	Large	Fitness to drive and gender diversity	Online	Jessica Serafin
Monday 25/05/2026	9.00am – 4.00pm	7	Peer-Led Small Group Learning #3	GPT1/GPT2	Small	AM: Mental health topics – basic topics e.g. anxiety and depression (GPT1 registrars will be encouraged to have completed MHST level 1 prior to session) PM: Maintaining health and well- being, self-care/ boundary setting	Tweed	Kate Fletcher
Monday 25/05/2026							Coffs Harbour – Group 2	Linda Anschau
Tuesday 26/05/2026							Port Macquarie - Group 1	
Wednesday 27/05/2026							Lismore	Kate Fletcher

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Wednesday 27/05/2026							Port Macquarie - Group 2	Linda Anschau
Thursday 28/05/2026							Ballina	Kate Fletcher
Friday 29/05/2026							Coffs Harbour – Group 1	Linda Anschau
Monday 22/06/2026							Coffs Harbour – Group 2	Linda Anschau
Monday 22/06/2026							Tweed	Kate Fletcher
Wednesday 24/06/2026							Lismore	
Wednesday 24/06/2026	9.00am – 4.00pm	7	Peer-Led Small Group Learning #4	GPT1/GPT2	Small	AM or PM: Population based screening AM or PM: Paperwork series: filling in common GP forms e.g. death, medical, Centrelink, Workcover, NDIS and NSW drivers licence forms; Advanced Care Directives/ EPOA	Port Macquarie - Group 2	Linda Anschau
Thursday 25/06/2026							Ballina	Kate Fletcher
Friday 26/06/2026							Coffs Harbour – Group 1	Linda Anschau
Tuesday 30/06/2026							Port Macquarie - Group 1	

Start Date	Time	Education hours	Name of Event	Registrar Cohort	Type	Content details of event	Location	PSO/ Contact
Monday 20/07/2026	9.00am – 4.00pm	7	Peer-Led Small Group Learning #5	GPT1/GPT2	Small	AM: Rational use of investigations PM: Undifferentiated patients and clinical reasoning (diagnostic dilemma) e.g. fatigue, abdominal pain	Tweed	Kate Fletcher
Friday 24/07/2026							Coffs Harbour – Group 1	Linda Anschau
Monday 27/07/2026							Coffs Harbour – Group 2	
Tuesday 28/07/2026							Port Macquarie - Group 1	Linda Anschau
Wednesday 29/07/2026							Port Macquarie – Group 2	Linda Anschau
Wednesday 29/07/2026							Lismore	Kate Fletcher
Thursday 30/07/2026							Ballina	Kate Fletcher