2026 Additional Registrar Webinar Program

Training region: NSW and ACT

Dear NSW and ACT registrars,

In 2026, NSW and ACT will offer additional educational evening webinars for GPT1-GPT4 registrars. Content for the additional evening webinar series is varied, and registrars can choose which webinars they wish to attend depending on their educational needs and stage of training.

Registrars are encouraged to attend as many sessions as possible as they will assist progression towards independent clinical practice and attaining the RACGP Fellowship.

Registrars can self-register for each webinar from the link in the far-right column in the table below.

Once registered registrars can then access the webinar's set of learning objectives.

Does attending evening webinars count towards a registrar's educational hours?

Registrars entering a GPT3 or a GPT4 term that have missed educational events may count a maximum of 8 hours of education by **attending** evening webinars.
Note: Attending evening webinars does not replace attendance of mandatory daytime regional and local programs for GPT3 registrars. And watching a webinar recording does not count towards a registrar's total educational hours.

I hope you find the optional additional educational registrar webinars useful for your education and training.

Dr Anna Sallos
Senior Regional Medical Educator-Registrar Education lead

Start Date	Time	Name of Event	Content details of event	Presenter	Contact	Registration link
Wednesday 25/02/2026	7.30pm – 8.30pm	Managing diagnostic or clinical uncertainty	Learning to manage clinical uncertainty is an essential skill for all clinicians as this is an unavoidable part of medical practice. Uncertainty is a major contributor to diagnostic errors as it can lead to misdiagnosis, over-treatment, and/or delayed medical care. This webinar will review the impact of experiencing diagnostic uncertainty and discuss strategies to assist doctors in addressing it in their clinical practice.	Dr Solange Duveaux	Laura Stekovic	Register
Wednesday 25/03/2026	7.30pm – 8.30pm	Study planning with available RACGP resources	This webinar will provide practical, evidence-based strategies to optimise exam preparation. Drawing on proven learning science—including spaced repetition, retrieval practice, and strategic timing—participants will learn how to study smarter, not harder. The session will also provide a guided walkthrough of RACGP exam preparation toolkit, highlighting how and when to use tools like the curriculum, self-assessment grid, ReCEnT data and other resources to build a personalised study plan. Registrars will leave with a clear framework for aligning their study approach with their individual learning needs and exam timeline.	Dr Michelle Li, Dr Elise Perger, Dr Angalie Abraham	Alanna Richards	Register

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Tuesday 31/03/2026	7.30pm – 8.30pm	Creating a Safe Space for Young People in General Practice Mental health	General practice is often the starting point for young people seeking professional help. This webinar will focus on tips to create a safe space for young people to feel comfortable working with you and provides GPs with the skills to connect in a non-threatening open-hearted way.	Black Dog Institute - Dr Kathy O'Grady	Hannah Turner-Quade	Register
Wednesday 22/04/2026	7.30pm – 8.30pm	Behind the smile	Death by suicide remains a leading cause of death for Australians aged between 15-44yrs and many will have had recent contact with health care workers. Unfortunately, many clinicians are unsure how to ask about non-suicidal self-injury and suicide even if they are able to recognise the risk factors, triggers and warnings associated with the same. This session will help learners to identify patients at risk, learn what language to use when asking about non-suicidal self-injury and suicide, and explore the current recommended management to improve patient safety as well as support them and their families.	Dr Gordon Lau	Bree Sleeman	Register
Tuesday 28/04/2026	7.30pm – 8.30pm	Aboriginal and Torres Strait Islander Cultural training: The heart of the matter; Acute Rheumatic Fever (ARF) and Rheumatic Heart Disease (RHD) in NSW & ACT	This webinar will assist registrars in learning how to; identify the social, economic, and environmental factors that impact the health and wellbeing of Aboriginal and Torres Strait Islander people.	Dr Ty Clayworth, Dr Kathryn Dalmer	Katie Smith	Register

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Tuesday 02/06/2026	7.30pm – 8.30pm	Integrating Digital Resources into Mental Health Care	Evidence based digital resources are an effective and efficient way to support the mental health treatment of patients when used well. Yet, few of us know how to introduce these tools to our patients nor how to use them as an ongoing method of treatment. This interactive online workshop will discuss the benefits of using digital mental health tools with patients, how to use them effectively plus how to find tools and, recommend those that are proven to work.	Black Dog Institute - Dr Kathy O'Grady	Hannah Turner-Quade	Register
Wednesday 29/07/2026	7.30pm – 8.30pm	Sexual violence	GPs have a critical opportunity to respond to disclosures of sexual violence when patients present at their practices, however, receiving a competent, non-judgemental and trauma-focused response is a key element for victims/survivors for engagement in ongoing care. GPs need to be prepared for a disclosure and create an environment in which patients feel safe and able to be heard. This session will be trauma informed and seek to equip registrars with the skills to improve their confidence when working with patients who have experienced sexual violence.	Dr Alison Lancey	Kiralea Smithmailto:bree.sleeman@racgp.org.au	Register

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Tuesday 18/08/2026	7.30pm – 8.30pm	Grand rounds	Historically, 'grand rounds' is associated with a presentation to an audience of multi-disciplinary specialists. This type of presentation therefore works well to GPs as they are specialists in generalism. A GP focused clinical scenario will be discussed in this webinar as an effective educational and teaching tool to registrars at all stages of training. The scenario will include details from the initial presentation and examination findings, through to deciding on rational investigations and ongoing management, with an emphasis on clinical reasoning. Join your fellow GP registrars as you work through an exciting and challenging clinical case in General Practice.	Dr Allison Miller	Katie Wighton	Register
Tuesday 25/08/2026	7.30pm – 8.30pm	Joint Colleges Training Services Aboriginal and Torres Strait Islander Cultural training: Men's health	This webinar will assist registrars in learning how to; identify the social, economic, and environmental factors that impact the health and wellbeing of Aboriginal and Torres Strait Islander people.	Dr Ty Clayworth, Dr Kathryn Dalmer	Katie Wighton	Register

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Thursday 03/09/2026	7.30pm – 8.30pm	Obesity	The RACGP recognises obesity is one of the most important health issues nationally, affecting the health, wellbeing, and productivity of many Australians. And, that obesity is linked directly and indirectly to many chronic conditions and causes significant morbidity and mortality. General practice has a central role to play in the primary, secondary and tertiary prevention of obesity, the latter focusing on the management of individuals currently living with obesity.	Dr Jess McEwan	Jennifer Dickinson	Register
Thursday 08/10/2026	7.30pm – 8.30pm	A framework for managing healthcare in older people	“Australia’s population is ageing. In 2017, 15% of Australia’s population (3.8 million) was aged 65 years and over. By 2057, the proportion of this group is expected to rise to 22% (8.8 million).1,2 More than one in three general practice encounters are with people aged 65 years and over,3 with people aged 85 years and over increasingly presenting to general practice compared to other age groups.” 2022 RACGP curriculum and syllabus for Australian general practice. Older person’s health contextual unit. This presentation will propose a framework for managing the health care in older people and identify support services for these patients and their carers.	Dr Andra Dabson	Jennifer Dickinson	Register

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Tuesday 03/11/2026	7.30pm – 8.30pm	Eating disorders	“Eating disorders are complex, potentially life-threatening illnesses with significant medical and psychosocial consequences. Early detection and intervention can significantly contribute to better outcomes, and GPs are ideally placed to effect this.” “Early detection of eating disorders in general practice” Elizabeth Rowe AFP VOL.46, NO.11, NOVEMBER 2017	Dr Sarah-Beth Magambo	Kristen Whitton	Register