



## **Training region: North Eastern New South Wales**

## **Subregion: North Coast**

Registrars must attend the RACGP's out of practice education program during their GPT1 & GPT2 terms as a requirement to Fellow. Attendance contributes to their education hours within the registrar's TMS portfolio.

The out-of-practice education program comprises a mix of large group and small group activities facilitated either face to face or via an online platform. The peer-led small group learning (SGL) sessions are specifically focused on registrars working in a stable group with their peers and medical educators. The small group learning sessions are semi-structured and tailored to the learning needs of the group.

The out-of-practice education program is underpinned by the RACGP Curriculum and syllabus.

Registrars are required to attend 54 hours in GPT1 and 48 hours in GPT2 terms. Hours are counted differently when face-to-face or when online, please refer to the education column for hours accrued and not the time column.

## Please note:

Registrars will be assigned to Small Groups on designated days and times according to their geographical location. Registrars will receive further details about which small group learning group they need to attend closer to the commencement of the 2025.2 term. In the meantime, please direct any questions to your Training Coordinators.

Start Date	Time	Education hours	Name of Event	Registrar Cohort	Туре	Content details of event	Location	PSO/ Contact
Wednesday 06/08/2025	9.00am - 5.00pm	8	Orientation Day	GPT 1	Large	AM: Orientation to GP training and introduction to your local team Introduction to Aboriginal and Torres Strait Islander Cultural and Health education (JCTS) PM: Emergencies in GP and Practical tips in GP	Pacific Bay Resort Coffs Harbour	Linda Anschau
Thursday 07/08/2025	9.00am - 5.00pm	8	Large Group Learning	GPT 1/2	Large	AM: Men's Health; Telehealth module 1&2 PM: Telehealth module 3,4,5	Pacific Bay Resort Coffs Harbour	Linda Anschau
Friday 08/08/2025	9.00am – 5.00pm	8	Procedural Skills Day	GPT 1/2	Large	AM: Dermatology; Suturing; PM: Core GP Procedural Skills Gynae: Speculum, bimanual, collection of CST ECG: Set up & interpret Spirometry: interpretation Giving an injection Implanon insertion	Pacific Bay Resort Coffs Harbour	Linda Anschau
Friday 22/08/2025	9.00am - 4.00pm	7	Peer Led Small Group Learning (SGL) #1 - Combined	GPT1/2 Coffs Harbour & Port Macquarie	Small	AM: Introductions for new GPT1s joining group and setting group learning with previously groups established, difficult communication skills  PM: Planning future SGL sessions  Theme of the afternoon session:  Communication and consultation skills	Kempsey Macleay RSL Club	Linda Anschau
Thursday 28/08/2025		7		GPT 1/2 Tweed Heads, Ballina, Lismore			Ballina	Kate Fletcher

Start Date	Time	Education hours	Name of Event	Registrar Cohort	Туре	Content details of event	Location	PSO/ Contact
Wednesday 03/09/2025	9.00am – 6.00pm	GPT 1 - 7 GPT 2 - 6	Fusion	GPT 1/2	Large	AM: Antibiotic stewardship, eye health and oral health PM: Dementia and Deprescribing in the elderly  ReCEnT (5-6pm GPT1s only)	Online	AM: Sarah Dewhirst PM: Natasha Mudaliar
Friday 19/09/2025	9.00am - 4.00pm	7	Peer Led Small Group Learning (SGL) #2	GPT 1/2 Coffs Harbour	Small	AM: Mental Health topics – advanced topics e.g. ADHD, schizophrenia, bipolar and self-harm (GPT1 registrars will be encouraged to have completed MHST level 1 prior to session) PM: Motivational counselling	PHN Coffs Harbour	Linda Anschau
Monday 22/09/2025				GPT 1/2 Tweed Heads			PHN Tweed Heads	Kate Fletcher
Wednesday 24/09/2025				GPT 1/2 Lismore			Lismore	Kate Fletcher
Thursday 25/09/2025				GPT1/2 Port Macquarie			PHN Port Macquarie	Linda Anschau
Thursday 25/09/2025				GPT 1/2 Ballina			RACGP Ballina	Kate Fletcher
Friday 17/10/2025	9.00am - - 4.00pm	7	Peer Led Small Group Learning (SGL) #3	GPT 1/2 Coffs Harbour	PT 1/2 veed Heads PT 1/2 smore PT 1/2 ort acquarie PT 1/2	AM: Ethical dilemmas e.g. managements of adverse events, critical incidents and discussion around shades of grey (GPSA and Avant cases/ scenarios)  PM: Results interpretation e.g. spirometry, ECGs, audiometry, blood tests, imaging	PHN Coffs Harbour	Linda Anschau
Monday 20/10/2025				GPT 1/2 Tweed Heads			PHN Tweed Heads	Kate Fletcher
Wednesday 22/10/2025				GPT 1/2 Lismore			Lismore	Kate Fletcher
Thursday 23/10/2025				GPT 1/2 Port Macquarie			PHN Port Macquarie	Linda Anschau
Thursday 23/10/2025				GPT 1/2 Ballina			RACGP Ballina	Kate Fletcher

Start Date	Time	Education hours	Name of Event	Registrar Cohort	Туре	Content details of event	Location	PSO/ Contact
Friday 14/11/2025	9.00am - 4.00pm	7	Peer Led Small Group Learning (SGL) #4	GPT 1/2 Coffs Harbour	Small	AM: Chronic disease management including diversity of populations, Aboriginal and Torres strait island health and rural health PM: Chronic disease management including diversity of populations, Aboriginal and Torres strait island health and rural health	PHN Coffs Harbour	Linda Anschau
Monday 17/11/2025				GPT 1/2 Tweed Heads			PHN Tweed Heads	Kate Fletcher
Wednesday 19/11/2025				GPT 1/2 Lismore			Lismore	Kate Fletcher
Thursday 20/11/2025				GPT 1/2 Port Macquarie			PHN Port Macquarie	Linda Anschau
Thursday 20/11/2025				GPT 1/2 Ballina			RACGP Ballina	Kate Fletcher