


Tonight's webinar will begin shortly



After six years of diabetes
check-ups, you notice that
pigmentation on her cheek.

You decide to excise the lesion
and find early melanoma.

General practice – everything
you've trained for **and more**



become a GP



RACGP

Wonca 2023

Sydney, Australia

26–29 October 2023

Find out more at
wonca2023.com.au





Celebrating 30 years

The Rural Faculty was established in 1992 as the Faculty of Rural Medicine following a resolution by the RACGP Council on 26 April 1992. The first General meeting of the Faculty of Rural Medicine was held during the Annual Scientific Convention at Hilton on the Park in Melbourne in September 1992.

Today RACGP Rural has over 22,000 members including more than 10,000 who are currently living and working in rural and remote Australia. We are the voice of rural GPs and provide education, training and support.

Visit racgp.org.au/30rural

2022 RACGP AWARDS

Recognising excellence
in general practice

Nominations are now open for the 2022 RACGP Awards. Each year, the Awards celebrate the outstanding achievements of GPs and general practices.

Spread the word to your friends, family and community to nominate a general practice or GP who's gone above and beyond to improve the health of their patients.

Nominations close Sunday 31 July 2022.
Learn more at racgpawards.org.au



RACGP



Upskill. Download.

Expand your skills in the diagnosis and treatment of dermatological conditions in your practice.

Sign up now for the new-look
Certificate of Primary Care Dermatology.

REGISTRATIONS NOW OPEN
www.racgp.org.au/dermatology



RACGP

Simplifying and improving your CPD experience.

**We've made even more improvements to
your myCPD dashboard to save you time
and personalise your experience.**

Find out more at racgp.org.au/yourcpdhome



RACGP | CPD

2020

22

**We will begin in
30 seconds**

GPBT



General Practice Business Toolkit

Helping you look after the business side of general practice

Establish, manage and enhance your practice using our new General Practice Business Toolkit.

Build a sustainable business with six easy-to-navigate modules and a brand new set of interactive tools.

- Use the billing calculator to learn how to achieve your financial goals.
- Design your ideal practice layout.
- Set your vision and values and focus on what's important to you as a practice owner.

TO FIND OUT HOW YOU CAN GET THE MOST OUT OF THE TOOLKIT, VISIT www.racgp.org.au/gpbt



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2023

AGPT PROGRAM

Broaden your horizons.

Download a copy of *Your AGPT Application Handbook 2023* now at racgp.org.au/agpt



RACGP



GP training is funded by the
Australian Government through
the Department of Health

**We will begin in
15 seconds**

Alcohol and Other Drugs

GP Education Program

Training GPs to help
people tackle alcohol
and other drug use



racgp.org.au/AOD



NACCHO–RACGP *Resource Hub*

Supporting effective and culturally
safe primary healthcare

Learn more at
www.racgp.org.au/cultural-safety

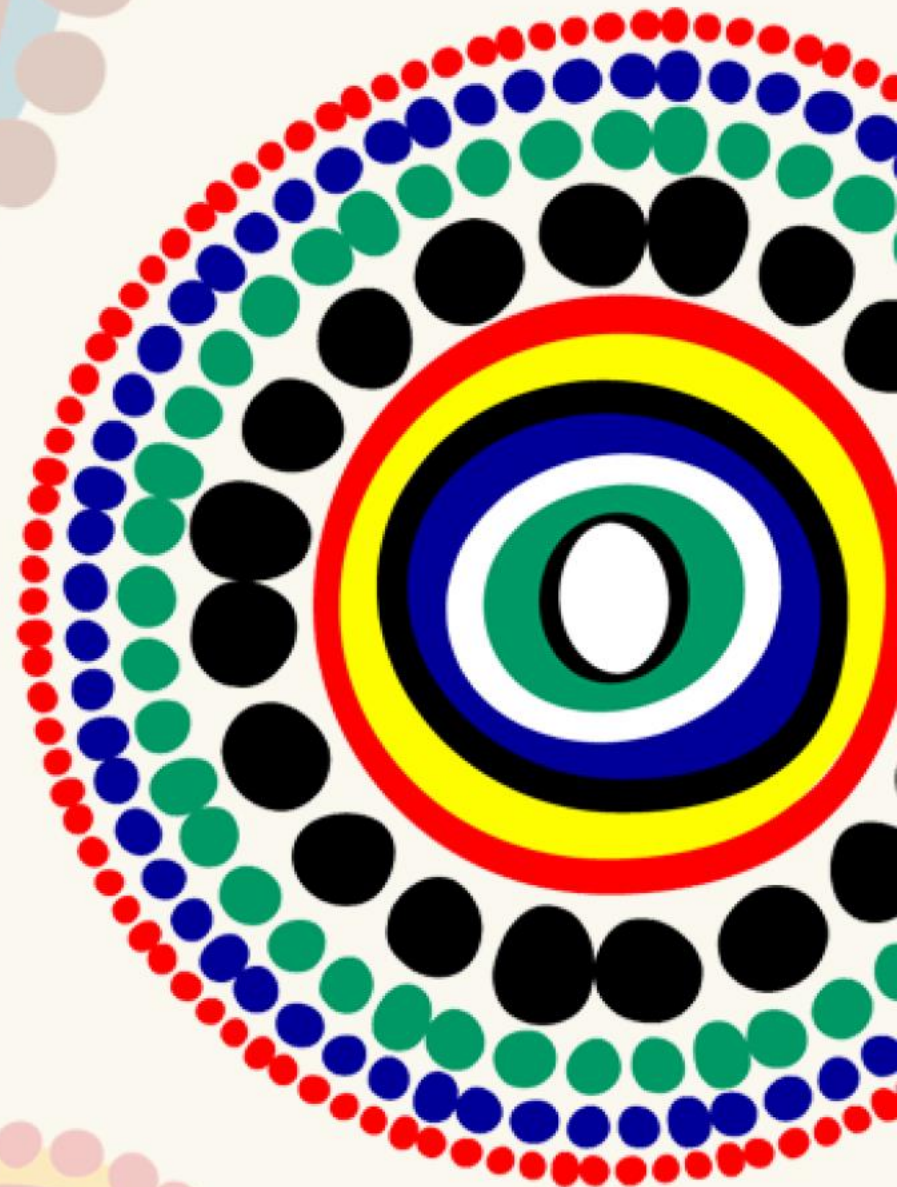


RACGP

Royal Australian College of General Practitioners



NACCHO





25–27 November 2022, Melbourne

#GP22Connect

Celebrating members

Join your colleagues from across the country to celebrate general practice and arm yourself with the latest industry updates and knowledge.

Visit [GP22.com.au](https://gp22.com.au)



Welcome to tonight's webinar

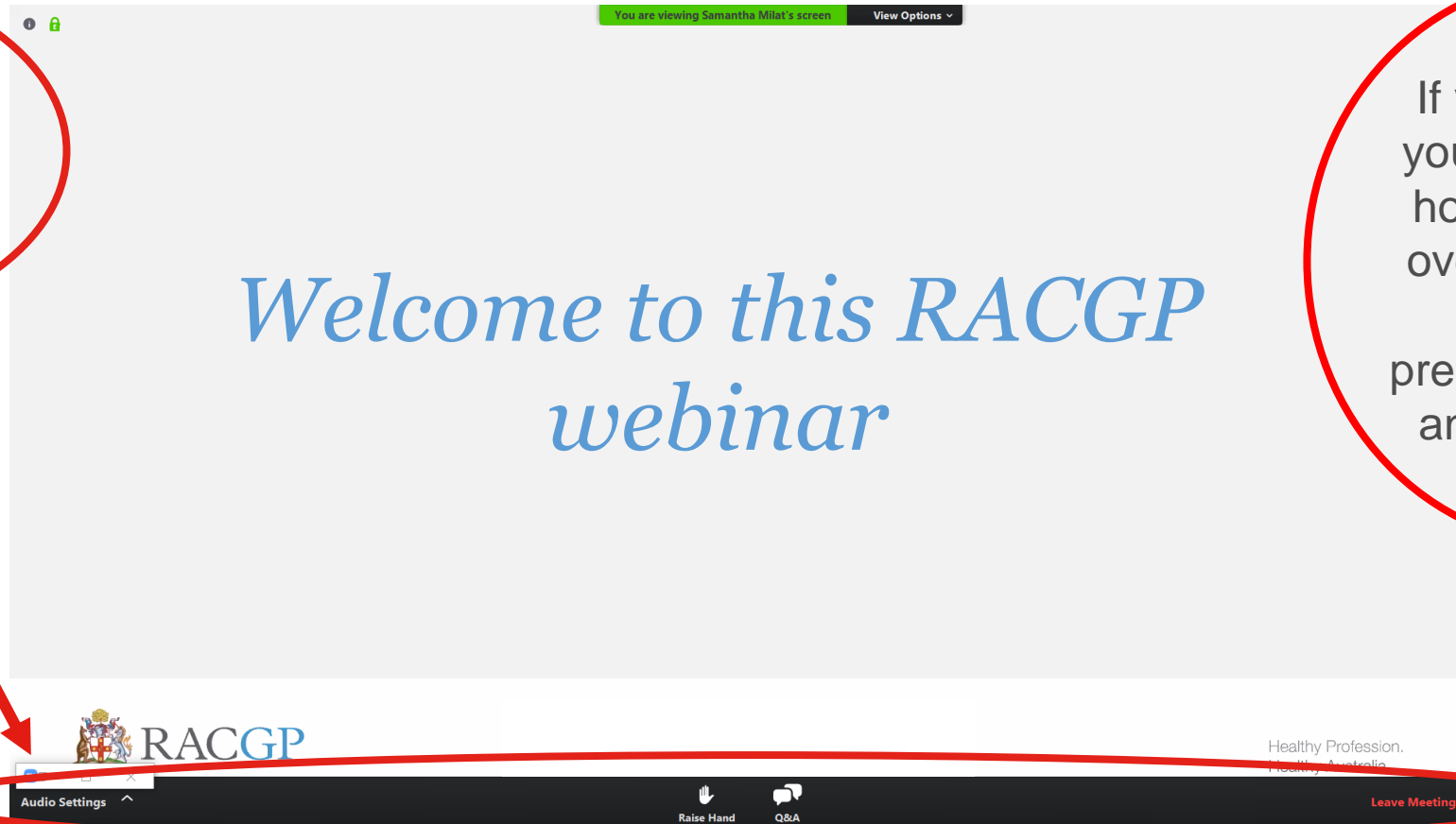
Preparing your practice to deliver medical abortion

Where is my control panel?

Your control panel will appear as a bar at the bottom of the presentation screen

If you cannot see your control panel, hover your cursor over the bottom of the shared presentation screen and it will appear

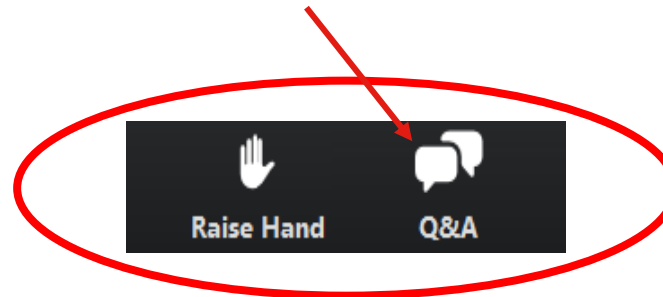
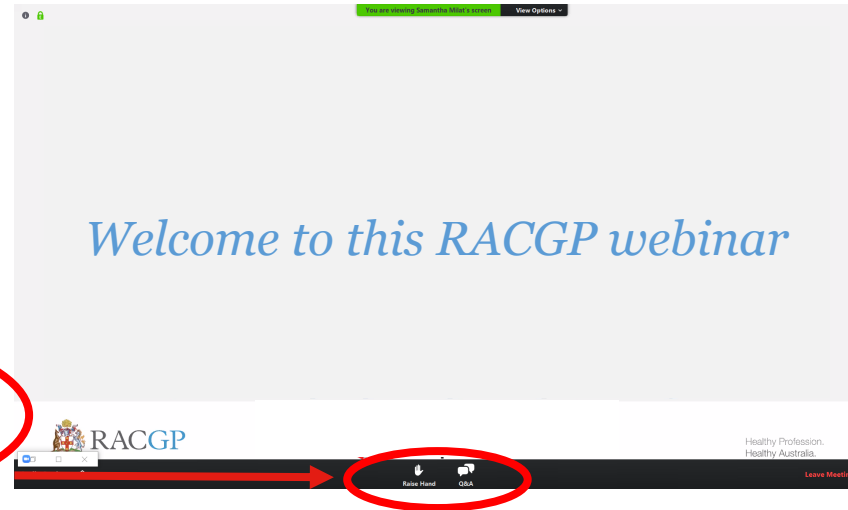
Welcome to this RACGP webinar



Listen only mode

You have been placed on “mute” to optimise the learning experience for you and your peers

Use the question box function to talk to us.

A screenshot of a "Question and Answer" window. At the top, there are tabs for "All questions (1)" and "My questions (1)". Below the tabs, it says "You 12:06 PM" and "Hello". The main area is a large text input field with the placeholder text "Type your question here...". At the bottom, there is a checkbox labeled "Send anonymously", and two buttons labeled "Cancel" and "Send".

CPD



Acknowledgment of country

I would like to acknowledge the traditional owners of the lands from where each of us is joining this webinar today.

I wish to pay my respects to their Elders past, present and emerging.



The AusCAPPS Community of Practice

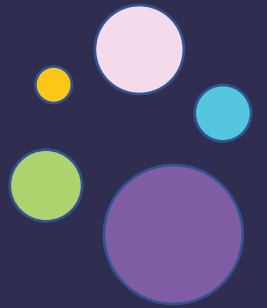
The Australian Contraception and Abortion Primary Care
Practitioner Support Network

An online network designed to support
GPs, nurses and community
pharmacists to provide **long-acting
reversible contraception** and **medical
abortion services**.

You can:

- keep up to date with the latest evidence-based resources, guidance and training opportunities
- connect and chat with like-minded peers,
 - seek advice from expert clinicians
 - find a provider near you
 - build local networks

Join our network of more than 800 members now!



medcast.com.au/communities/auscapps/



AusCAPPS.trial@monash.edu



Member's testimonial

“... The multidisciplinary aspect is nice – for example to see what nurses are doing around these topics. The weekly update emails are visually appealing and this makes me want to read through to the end...”

PROJECT PARTNERS



Australian Government
Department of Health



CHILDREN BY CHOICE
ASSOCIATION INCORPORATED



This project is funded through a NHMRC Partnership Project Grant APP1191793
MUHREC Approval #28002

To support research about the site's impact, GPs and eligible nurses, please **complete the PBS/MBS consent form**. Data will be aggregated and deidentified.

GP Host



Dr Amy Moten
Chair –
RACGP Sexual Health Medicine
Specific Interest group

Poll

What's your role in primary care? (GP, Practice Nurse, Practice Owner...)

Poll

Does your practice currently offer medical abortion?

Poll

What do you think are the perceived and/or actual barriers or concerns for GPs becoming prescribers?

Presenter



Dr Richard Mayes
General Practitioner, Obstetrician

Preparing your practice to deliver medical abortion



Dr Richard Mayes DRANZCOG, FRACGP, MBBS(hons)

Key Aims of a EMA / MTOP service

- Accessible
- Affordable
- Safe
- Flexible / Adaptable
- Simple System
- Collaborative
- Equitable / Inclusive

Unplanned pregnancy is a traumatic experience, women need to be received with compassion, sensitivity and understanding

Cooperative Collaborating Services

- 1800 My Options
- Local Community Health and Women's Health Centre
- Local Community and Regional Health Hospitals
- Regional Hospital 'Choices' clinics / EPAS
- Private Gynaecologists
- Radiology and Pathology services
- Registered Pharmacies





(mifepristone, misoprostol)

- Marie Stopes Australia – Practitioners Register on ms2step.com.au
- Registered Prescriber by completing 2-3 hour free online training
- Fellows or Advanced Diplomates of RANZCOG can register without training
- Re-certify every 3 years
- Non-procedural insurance cover (double check with MDO)
- GP providing pregnancy counselling training 4hour gplearning online

<https://mycpd.racgp.org.au/activity/190506>

MS2Step *(mifepristone, misoprostol)*

My Dashboard

Welcome, Richard Mayes

You are a certified MS-2 Step prescriber. Your certification will expire on 22/07/2024.

My Account Details

Please [update your contact details](#) if they have changed.

Title: Dr

Email Address: richard@mayes.net.au

First Name: Richard

Classification Type: General Practitioner (prescriber)

Last Name: Mayes

AHPRA number: MED0001172260

Medical Education Program

[Expand All](#) [Collapse All](#)

Registered	Status
▶ Medical Education Program for MS-2 Step (mifepristone, misoprostol)	<div><div></div>100%</div> 
▶ Refresher Training Module for MS-2 Step (mifepristone, misoprostol)	<div><div></div>100%</div> 

For certified users only: your course certificate is shown below.

My Certificates

[Refresher Training Module for MS-2 Step \(mifepristone, misoprostol\)](#) (This certificate will expire on 22/07/2024.)

Resources

[Patient information booklet](#)

[Consent to treatment form](#)

[Patient information sheet and consent form](#)

[Full training manual](#)

[PBS training manual](#)

Referral – Models of Care

Nurse Practitioner Driven:

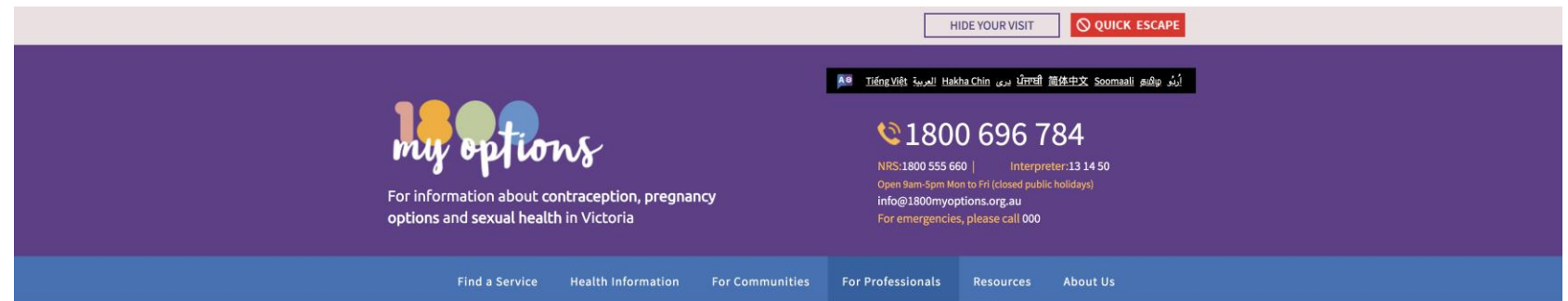
(Women's Health Loddon Mallee, Bendigo Community Health Service)

- Women assessed, counselled and options discussed
- Arrange pathology (BhCG, FBE, Blood Group, STI Screen, Vaginal Swabs)
- Arrange Radiology - "dating and siting"
- Liase with GP to book appointment (SMS, email, allocated bookings)
- Shared Microsoft Spreadsheet
- Discuss and facilitate future contraception
- CST
- Counselling services

Referral – Models of Care

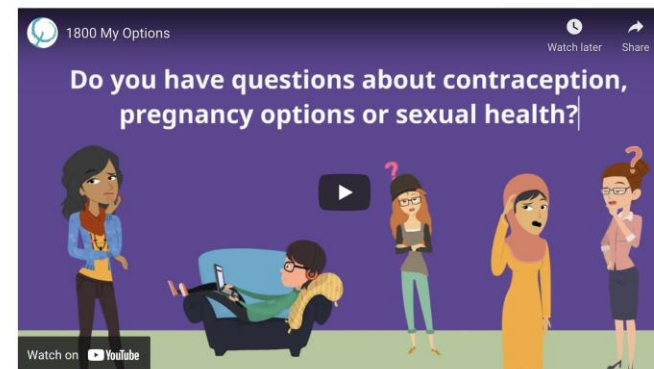
GP "Driven":

- Self-referral word of mouth / clinic website information
- 1800 My Options
- Receptionist training
- Allocated Appt



1800 My Options – Free. Confidential. Pro-

If you're looking for contraception, pregnancy options, abortion and sexual health service



For more information visit



For information in other languages



Search for health care services

Health Care Services

Search our site

Search

GO!

Join our mailing

The Appointment

- Phone / Telehealth / Face2Face
- 30-45 minutes
- Bedside TAUS or TVUS
- Options discussed: Medical TOP and Surgical TOP
- Expectations, Risks, Side effects and Benefits
- Indications and Contraindications
- MTOP – Written Consent, Patient information, Authority Script, Analgesia, Antiemetics, Follow-up, Contraception, Safety-netting
- STOP – Referral, liase with services (Bendigo, Ballarat, Kyneton)
- Red Flags – Mental Health, Sexual / Family Violence, AOD

The Appointment (cont.)

- Arranging Pathology and USS
- Phone/Telehealth : Escripts, SMS/email – information and consent, requests.
- Follow up phone calls: Results, Timing of scans
- Pre-book 2 week follow up serum BhCG and appointment
- (Engage interpreter services as needed)

Indications

- Informed voluntary choice to have a medical termination of pregnancy
- Pregnancy is no more than 9 weeks (63 days) of gestational age and intrauterine
- No medical contraindications to MS-2 Step (mifepristone, misoprostol)
- Meets the legal requirements for termination of pregnancy in the Australian state or territory where the service is provided.

Contraindications

- Lack of access to emergency medical care in the 14 days following start of treatment
- Suspected ectopic pregnancy
- Intrauterine contraceptive device is present: The device should be removed
- Uncertainty about pregnancy age / gestation
- Chronic adrenal failure
- Severe disease necessitating exogenous steroid administration e.g. asthma
- Known or suspected hypocoagulation or treatment with anticoagulants
- Known hypersensitivity to mifepristone, misoprostol (or any prostaglandin), or excipients

MS2Step *The Speel*

mifepristone, misoprostol

- 1st step – Mifepristone stops the pregnancy
- 2nd step – 36 to 48 hours later 4 tablets Misoprostol in the gums allow 30 mins then swallow
- Majority of woman start the "medically induced miscarriage" 3-4 hours after misoprostol causing cramping pains and heavy bleeding
- Example timing "start 8pm tonight then after 8am 2nd day 2nd step"
- Concerning bleeding, pain or nausea
- 2-3 days home bound but many women back to work after 2 days
- 95% success and bleeding settles by follow up call in 2 weeks

Risks / Complications

- 2-7% failure rate requiring surgical procedure
- 1-2% heavy bleeding requiring surgical procedure
- 0.1-0.2% blood transfusion
- Infection: Life threatening sepsis to mild endometritis
- Ectopic Pregnancy: 1 in 30,000 heterotopic pregnancy

Follow-up

- 2 weeks phone/telehealth/face2face
- Serum BhCG target <20% of initial BhCG
- Arrange USS and treatment if suspicious of RPOC
- Contraception
- Counselling / Mental Health Check
- Liaise with GP

Safety- netting

- Regional Hospital ED departments – paperwork and pathology accessible
- Early Pregnancy Assessment Services
- MS Health nurse after care 24hour telephone service 1300 515 883
- Ensure supports available to drive to medical care
- After-hour services (GP, Urgent care centres)
- Ensure correct contact numbers including NOK
- Legal : Age of consent (<16yo), Mature minors, Guardians / NOK.

Costs / Billings

- Face to Face charged per Medicare Appointment time (item 36-44)
- Bulk billing HCC or negotiable
- Phone / Telehealth if fulfill criteria on Medicare or Private billing for time equivalent (eg \$75-110)
- Sexual Health Telehealth 20-40min Item 92721 medicare \$60.60
- Non-Medicare / Private pay \$75-110
- GP-provided pregnancy support counselling Item 4001 medicare \$79.70
- MS2Step \$42.50 (PBS \$353.78)
- Average out of pocket \$200-300 – Appointments, Scans, Medications

Difficulties / Learnings

- Chaos often reigns: boundaries – phone contact, after hours
- Chasing results from various pathology and radiology services
- Time pressures with distressed people
- Reception staff training – clear instructions, what is offered and process
- Start with a process and procedure
- Desensitized practitioners – quantity vs quality
- Recruiting Practitioners
- Medicare changes

Find a friend and support



<https://medcast.com.au/communities/auscapps> The Australian Contraception and Abortion Primary Care Practitioner Support Network (AusCAPPS)

<https://www.facebook.com/groups/mtopdocsdu/>

Questions?



Healthy Profession.
Healthy Australia.



Q&A

Please type any questions you have in the Q&A box



The AusCAPPS Community of Practice

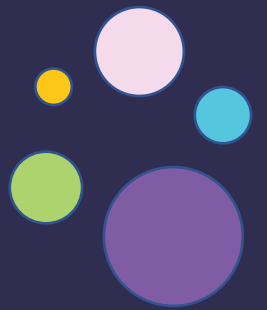
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Healthy Australia.