



ASPM AND RACGP JOINT CONFERENCE TRAUMA INFORMED CARE IN GENERAL PRACTICE

Saturday 1st and Sunday 2nd June 2019

The Victoria Hotel,
215 Little Collins Street,
Melbourne

Saturday June 1st

Registration (7.45am - 8.15am)
Welcome to Country (8.15am - 8.30am)

Keynote: **Is trauma informed practice enough? What is next?**

Joe Tucci (8.30am – 9.30am)
Convenor: Nadeem Siddiqui

Blue Knot launch: Talking about trauma for primary care

Cathy Kezelman (9.30am- 10am)
Convenor: Darra Murphy

Exploration of importance of trauma in primary care: a **conversation** with Cathy Kezelman (Blue Knot);
Nadeem Siddiqui (ASPM); Joe Tucci (ACF); Darra Murphy (RACGP); Mary Emeleus (facilitator)
(10am-10.30am)

Morning tea (10.30am – 11am)

* **Wellbeing: More than symptom control: Trauma recovery through hypnosis and focused psychological skills**
Alan Fahey (11am – 12.30pm)
Convenor: Cathy Andronis

* **Family and couple therapy in the context of trauma: Case based workshop**
Chris Bauer (11am – 12.30pm)
Convenor: Sarah Lythgoe

* **EMDR therapy: a brief introduction for medical practitioners**
Darra Murphy (11am – 12.30pm)
Convenor: Judy Draper

Lunch (12.30pm-1.30pm)

Keynote: **Healing the past by nurturing the future: opportunities for breaking the cycle of intergenerational trauma during the perinatal period**
Catherine Chamberlain (1.30pm-2.30pm)
Convenor: Johanna Lynch

Afternoon tea (2.30pm-3.00pm)

* **Cultural therapeutic ways: Indigenous experience of trauma recovery**
Sue-Anne Hunter (3pm-4pm)
Convenor: Sarah Lythgoe

* **Case consultation**
Cathy Andronis (3pm-4pm)

Keynote: **IndigHipHop social & emotional wellbeing workshops in Indigenous communities (4pm-5pm)**

Drinks and nibbles (5pm – 6pm)
Convenor: Nadeem Siddiqui

Casual conference dinner 6pm

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 Sunday June 2nd

 Keynote: **Putting Humpty Dumpty back together again: Whole person care as trauma-informed care in general practice.** PhD findings. Johanna Lynch (8.30am-9.30am)

Convenor: Nadeem Siddiqui

 *Practical skills in prevention of trauma: Insights for the GP from family therapy
 Cathy Andronis (9.30am-10.30am)
 Convenor: Darra Murphy

 *Experiential links between the inner life and the body: creative insights for the GP
 Howard Gwynne (9.30am-10.30am)
 Convenor: Judy Draper

 *Trauma and substance use: Skills and attitudes for the GP
 Hester Wilson (9.30am-10.30am)
 Convenor: Mary Smyth

Morning tea (10.30am-11am)

 * Blue Knot Training
 (Category 2) (11am-1pm)
 Convenor: Johanna Lynch

 *Self-care interactive workshop for busy GPs – principles from trauma-informed care
 Ken Zulmovski and Winston Lo (11am-1pm)
 Convenor: Mary Emeleus

Lunch – ASPM AGM (1pm-2pm)

 *Researching and teaching trauma informed care in the general practice setting
 Miriam Brooks (2pm-3pm)
 Convenor: Mary Smyth

 * Case consultation small group learning
 Chris Bauer (2pm-3pm)

 *Case consultation small group learning
 Johanna Lynch (2pm-3pm)

 Closing remarks over afternoon tea (3pm-3.30pm)
 Nadeem Siddiqui and Darra Murphy

 By attending 5 of the * marked sessions you will be eligible for 40 Category 1 QI&CPD Points
 This conference has also been accredited as an FPS CPD Activity
