

Today's webinar will begin shortly



RACGP

RACGP Membership

2022-23

**Standing together
for quality care**



**Renew your
membership now
at [racgp.org.au/
membership](https://racgp.org.au/membership)**

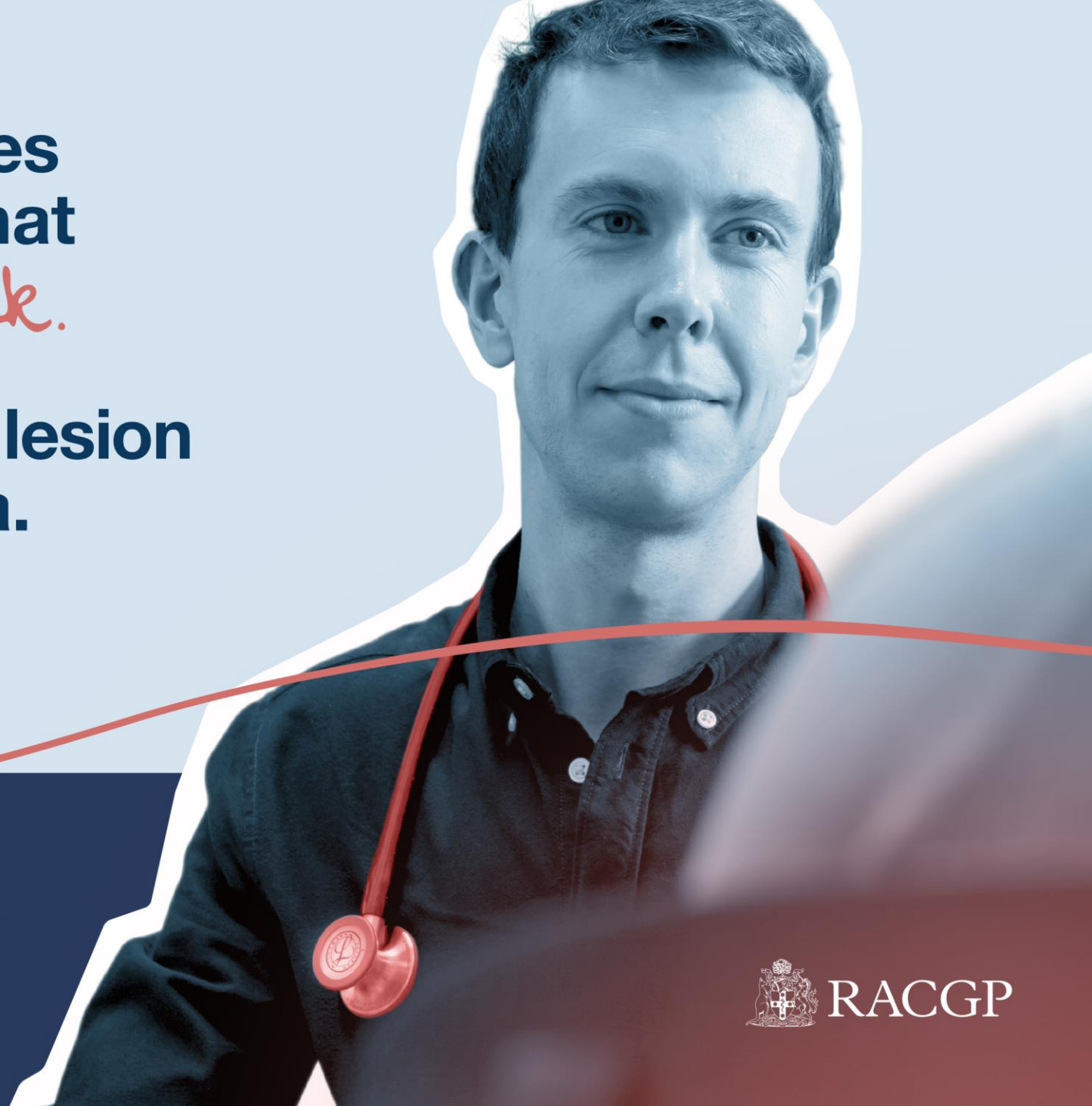
After six years of diabetes
check-ups, you notice that
pigmentation on her cheek.

You decide to excise the lesion
and find early melanoma.

General practice – everything
you've trained for *and more*



become a GP



RACGP

Wonca 2023

Sydney, Australia

26–29 October 2023

Find out more at
wonca2023.com.au





Celebrating 30 years

The Rural Faculty was established in 1992 as the Faculty of Rural Medicine following a resolution by the RACGP Council on 26 April 1992. The first General meeting of the Faculty of Rural Medicine was held during the Annual Scientific Convention at Hilton on the Park in Melbourne in September 1992.

Today RACGP Rural has over 22,000 members including more than 10,000 who are currently living and working in rural and remote Australia. We are the voice of rural GPs and provide education, training and support.

Visit racgp.org.au/30rural

2022 RACGP AWARDS

Recognising excellence
in general practice

Nominations are now open for the 2022 RACGP Awards. Each year, the Awards celebrate the outstanding achievements of GPs and general practices.

Spread the word to your friends, family and community to nominate a general practice or GP who's gone above and beyond to improve the health of their patients.

Nominations close Sunday 31 July 2022.
Learn more at racgpawards.org.au



RACGP



25–27 November 2022, Melbourne

#GP22Connect

Celebrating members

Join your colleagues from across the country to celebrate general practice and arm yourself with the latest industry updates and knowledge.

Visit [GP22.com.au](https://gp22.com.au)





RACGP Events

Access RACGP events and on-demand content

The RACGP digital events calendar is where you will find RACGP run events, from online workshops and webinars to podcasts and on-demand content.

Access our digital calendar at www.racgp.org.au/racgp-digital-events-calendar



Simplifying and improving your CPD experience.

**We've made even more improvements to
your myCPD dashboard to save you time
and personalise your experience.**

Find out more at racgp.org.au/yourcpdhome



RACGP | CPD

2020

22

We will begin in 30 seconds



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GPBT



General Practice Business Toolkit

Helping you look after the business side of general practice

Establish, manage and enhance your practice using our new General Practice Business Toolkit.

Build a sustainable business with six easy-to-navigate modules and a brand new set of interactive tools.

- Use the billing calculator to learn how to achieve your financial goals.
- Design your ideal practice layout.
- Set your vision and values and focus on what's important to you as a practice owner.

TO FIND OUT HOW YOU CAN GET THE MOST OUT OF THE TOOLKIT, VISIT www.racgp.org.au/gpbt



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2023

AGPT PROGRAM

Broaden your horizons

**8 AUGUST APPLICATIONS OPEN
30 AUGUST APPLICATIONS CLOSE**

Download a copy of *Your AGPT Application Handbook 2023* now at racgp.org.au/agpt



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GP training is funded by the
Australian Government through
the Department of Health

We will begin in 15 seconds



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Alcohol and Other Drugs

GP Education Program

Training GPs to help
people tackle alcohol
and other drug use



racgp.org.au/AOD



NACCHO–RACGP *Resource Hub*

Supporting effective and culturally
safe primary healthcare

Learn more at
www.racgp.org.au/cultural-safety

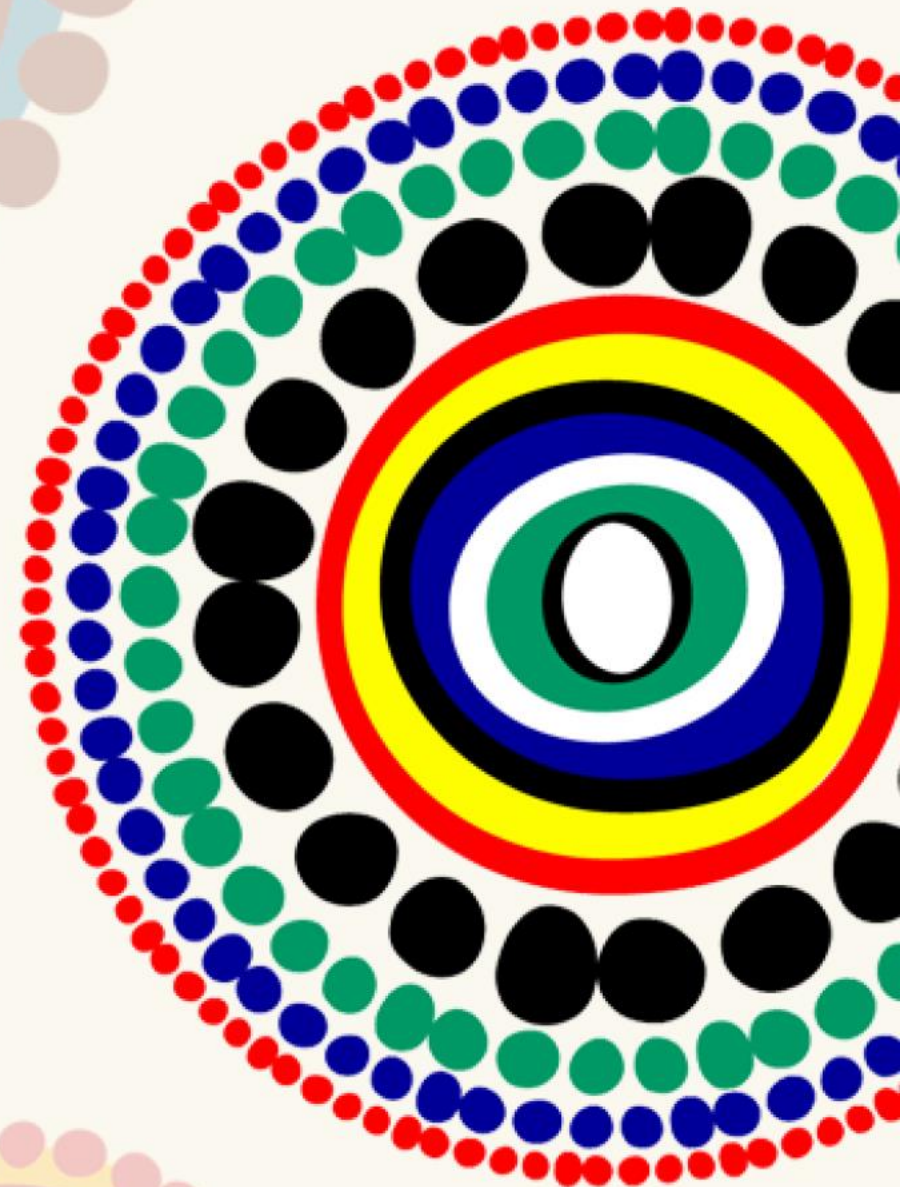


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Royal Australian College of General Practitioners



NACCHO





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Welcome to today's webinar



RACGP



Webinar series:
Mental bites

Essential topics on
psychological medicine for GPs

RACGP Mental Bites: ADHD



Adjunct Associate Professor John W Kramer OAM

MB BS FRACGP FACRRM

General Practitioner, Woolgoolga, NSW, 2456

1981-2022

November, 2022



Where is my control panel?

Your control panel will appear as a bar at the bottom of the presentation screen

If you cannot see your control panel, hover your cursor over the bottom of the shared presentation screen and it will appear

Welcome to tonight's webinar



Audio Settings ^

Raise Hand

Q&A

Leave Meeting



GP host and facilitator



Dr Cathy Andronis

Chair,
RACGP Psychological Medicine
Specific Interest group



RACGP



RACGP

Specific Interests

Healthy Profession.
Healthy Australia.

Acknowledgement of Country

I would like to acknowledge the traditional owners of the lands from where each of us are joining this webinar today.

I wish to pay my respects to their Elders part, present and emerging.

Learning outcomes

- To identify micro skills available to engage with patients and their mental health
- Apply techniques to form safe and therapeutic communication with patients



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Specific Interests

Healthy Profession.
Healthy Australia.

RACGP Mental Bites: ADHD



Adjunct Associate Professor John W Kramer OAM
MB BS FRACGP FACRRM
General Practitioner, Woolgoolga, NSW, 2456 1981-2022
November, 2022



Neurodiversity: How I became involved

1992 Child No.3 diagnosed with ASD/ADHD

1993 MNCDGP formed

1994-1998 “Wrap Around Kids” Project in Schools

1995 Became “ODP”(Other Designated Prescriber of Stimulants) with NSW Health Dept

1998 EPC Item Numbers introduced

Case Conferences in local schools

Just kept going

2014-2019 Telehealth Project Royal Far West Children’s Scheme

2018 Nominated by RACGP to GDG

ADHD in Woolgoolga in 2022

Referrals from various sources(GP's, Teachers, AHW's, Paediatricians,...)

Private Billing for majority of patients

Practice Nurse(Ebony) screens enquiries

GP Registrar or PEP Doctor for initial visit

Questionnaires, School Reports, Letters, etc sourced

Access to EMR requested

Initial JWK review 45 mins(Level D)

Trial of Stimulants arranged if parents/carers give informed consent

Adult Patients referred to suitable Psychiatrist if stimulants indicated

Case Conference 1 high school Coffs Harbour each term

Non attendance is a major issue

ADHD Woolgoolga: some stats

4-5 new patients each week

125 Stimulant Authorities for Children/Adolescents

37 Stimulant Authorities for Adults

Booked out till January, 2023

ADHD Guidelines 2022:

Key Points-Children

Targeted Screening

Children in “Out of Home Care”

Anxiety Disorders

Autism

ODD

Conduct Disorder

Learning Difficulties

Preterm and Prenatal “Insults”

ADHD Guidelines 2022: Key Points-Adults

Chronic Mental Health Issues
Addiction Disorders(50% SUD)
Child diagnosed with ADHD
Corrections Populations
Multiple Jobs and Relationships

ADHD: What the GP can do

Good Quality Referrals

Questionnaires

School Reports

Family History

Developmental History

Educational Progress

Parent/Carer Concerns

Educate Parent/Carers

Medicare: EPC

Support the Family Unit

ADHD: Myths and Misconceptions

Does ADHD really exist?

Don't they grow out of it?

Isn't it just a "boy thing"?

Isn't everyone forgetful or inattentive or impulsive some of the time?

Don't they just need firm boundaries?

Aren't Stimulants addictive?

Aren't they just "bad children"?

Isn't it due to "poor parenting"?

ADHD: Practice Tips

- Children underachieving against their potential should be thoroughly assessed
- “Screens” addiction
- If the parent/carer is concerned about the child, you must address those concerns
- Teachers know more about their pupils in primary school than you do
- Get them into sport or some form of regular physical activity
- Ask the Parents/Carers what they think is going on. They are often right!

ADHD: new models of Care

John Hunter(Dr Sarahn Lovett)

Bega/Eden(Dr Corin Miller)

Nepean(Dr Sally Poulton)

Woolgoolga(Dr John Kramer)

Orange(Dr Alison Loudon)

GP's and Psychs(Gold Coast, Melbourne)

ADHD Take Home Messages

1.5 million Australians have ADHD

$\frac{1}{4}$ approx. are diagnosed and treated

$\frac{1}{2}$ do not require medication (but a diagnosis wouldn't hurt!)

Let's look out for the "missing quarter"

NNT=1

First Edition


Australian Evidence-Based Clinical Practice Guideline For Attention Deficit Hyperactivity Disorder (ADHD)

<https://adhdguideline.aadpa.com.au/>

RACGP Specific Interests

📞 1800 090 588

✉️ gpsi@racgp.org.au

JOIN RACGP SPECIFIC INTERESTS FACEBOOK GROUP 

Join RACGP ADHD, ASD and Neurodiversity
Specific Interest group

<https://www.racgp.org.au/the-racgp/faculties/specific-interests/become-a-member>

Q&A