Aboriginal and Torres Strait Islander Health

Support available for Aboriginal and Torres Strait Islander registrars in their journey towards RACGP Fellowship

Member organisations

RACGP

The Royal Australian College of General Practitioners represents more than 38,000 members and offers research, lobbying and advocacy on issues that affect GPs and their practice teams. RACGP registrar membership can provide you with the practical clinical resources and online learning tools you need to support your medical training and journey through general practice. The RACGP produce the Australian Journal of General Practice, **www.racgp.org.au/publications** and newsGP weekly e-newsletter, **www.racgp.org.au/newsGP**

P   1800 331 626
W   **www.racgp.org.au/membership**

RACGP Fellowship

Exams

RACGP Fellowship provides admission to the specialty of general practice. The RACGP is responsible for maintaining and developing the standards for general practice in Australia. The Fellowship exams consist of three segments, the Applied Knowledge Test (AKT), Key Feature Problems (KFP) and Objective Structured Clinical Exam (OSCE).

P   1800 626 901
W   **www.racgp.org.au/education/fellowship/exams**

Education

gplearning

gplearning is the RACGP's online interactive continuing professional development learning tool. *gplearning* has over 100 activities that offer refreshing clinical knowledge in preparation for the exams. *gplearning* is free to RACGP members, while non-members can purchase an annual subscription. *gplearning* offers the Exam Support Online (ESO) program, which affords candidates the opportunity to learn about the elements of the Applied Knowledge Test (AKT) and the Key Feature Problems (KFP) and trial some practice questions with feedback.

P   1800 284 789
E   contactus@gplearning.com.au
W   http://gplearning.racgp.org.au

check

Quality Improvement and Continuing Professional Development online units.

Available at **www.racgp.org.au/education/courses/check**

RACGP faculties

RACGP National Faculty of Aboriginal and Torres Strait Islander Health

Currently offer the Indigenous Fellowship Excellence Program (IFEP). The program offers exam preparation and peer support. There is no cost for registrars to participate in this program.

P   1800 000 251
W   **www.racgp.org.au/education/fellowship/fellowship-of-the-racgp/ifep**

State faculties

RACGP state faculties across Australia offer exam preparation workshops for a fee. To receive e-bulletins advertising upcoming opportunities and events, please join your state faculty.

P   1800 331 626
W   **www.racgp.org.au/yourracgp**

Resources

Library

The RACGP John Murtagh Library has a useful collection of online resources. Available to RACGP members. These include:

- access to full text journal articles, available at **www.racgp.org.au/support/library/journals/members/list**

- access to Dynamed – a point-of-care evidence summary across a range of conditions, available at **www.racgp.org.au/support/library/poc/dynamed**

- alerts to the Tables of Contents of renowned journals, available at **www.racgp.org.au/support/library/services/etoc**

- audio lectures, available at **www.racgp.org.au/support/library/online/audiodigestmembers**.

Textbooks

John Murtagh's General Practice

Available for online purchase at **www.racgp.org.au/publications/ordering/approved**

Publications

Australian Family Physician (AFP)

Available at **www.racgp.org.au/publications/afp**

GPRA

The General Practice Registrars Association is the peak national body representing registrars in training. In addition to advocating in the sector on behalf of registrars, GPRA can provide advice on employment and training matters. GPRA also runs exam preparation, business development and clinical webinars.

P   03 9629 8788
W   www.gpra.org.au

IGPRN

The Indigenous General Practice Registrars Network is an inclusive network open to all Aboriginal and Torres Strait Islander GP registrars. IGPRN focuses on peer support, providing opportunities to undertake exam preparation through online study and discussion, as well as two funded face-to-face workshops each year. IGPRN encourages Indigenous GP registrars to attend our workshops to connect with their peers, overcome cultural isolation, and learn together in a friendly and encouraging environment. The Network is led by the IGPRN Chair, a recent Indigenous GP Fellow elected by the members. IGPRN is also able to help with advocacy for training and employment issues on the pathway to Fellowship.

P   03 9629 8788
W   www.gpra.org.au/igprn

AIDA

AIDA is the peak body representing Aboriginal and Torres Strait Islander doctors and medical students and advocates for improvements in Aboriginal and Torres Strait Islander health, and works to progress improvements in Aboriginal and Torres Strait Islander health, achieve parity of Indigenous health professionals across the health sector and shape a health system that is culturally safe, high quality, reflective of need and which respects and incorporates Aboriginal and Torres Strait Islander cultural values. AIDA provides collegiate support for Aboriginal and Torres Strait Islander doctors and medical students through networking and mentoring support. AIDA also works with medical colleges, general practice, medical education and workforce organisations to encourage institutional change in relation to Aboriginal and Torres Strait Islander health.

P   02 6273 5013
W   www.aida.org.au

GPSA

The General Practice Supervisors Association is the national representative body that unites general practice supervisors by promoting recognition for registrar supervision work. If you have questions concerning your general practice supervision you can contact your RTO, GPSA or GPRA.

P   03 5440 9077
W   www.gpsupervisorsaustralia.org.au

Other support

Your practice

Your practice is responsible for your in-practice teaching and supervision, to ensure you are a safe and competent registrar.

Regional Training Organisations

The role of RTOs is to meet the training needs and individual learning styles of registrars. RTOs provide a range of education support and have a registrar liaison officer to provide advice and support to registrars.

Workshops

Workshops held by medical education organisations and Medicare Locals are often held online and face-to-face and cover important topics across the range of general practice.

Personal support

Every general practice registrar should have their own GP.

→   The RACGP GP Support program is available for free to RACGP members and can assist with professional advice on personal and work related issues.

P   1300 331 626
W   www.racgp.org.au/yourracgp/membership/offers/

→   *beyondblue* offers a range of mental health resources and information.

P   1300 224 636
W   www.beyondblue.org.au/who-does-it-affect/aboriginal-and-torres-strait-islander-people

→   Link up services for Stolen Generations members.

W   www.healingfoundation.org.au/stolen-generations

→   To locate an Aboriginal community controlled health service.

P   02 6246 9300
W   www.naccho.org.au/about/ naccho-affiliates

→   Lifeline offers crisis support over the phone and online.

P   13 11 14
W   www.lifeline.org.au

→   The Domestic Violence National counselling helpline offer information and support.

P   1800 732 732
W   www.1800respect.org.au

→   Financial counselling.

P   1800 007 007
W   www.moneysmart.gov.au/managing-your-money/managing-debts/financial-counselling

→   GPRA has information about workplace bullying

P   03 9629 8788
W   www.gpra.org.au/workplace bullying

→   The AMA offers information about workplace bullying and harassment.

P   02 6270 5400
W   www.ama.com.au/position-statement/workplace-bullying-and-harassment

→   The Australian Human Rights Commission can investigate and resolve complaints of discrimination, harassment and bullying based on a person's sex, disability, race or age.

P   1300 656 419
W   www.humanrights.gov.au/complaints-information

NB: There are proposed changes to the general practice sector. Once changes are confirmed this document will be updated accordingly.