

715 Health check

Date Wednesday 09 October 2019: 12.30pm
Presenters Dr Timothy Senior
Ms Christine Carriage
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This education has been developed in partnership with Aboriginal Health & Medical Research Council of NSW and NSW Health



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Acknowledgement of Country

We recognise the traditional custodians of the land and sea on which we live and work.

We pay our respects to Elders past and present.



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Learning Outcomes

By the end of this webinar, participants will

- Understand the components of an effective health assessment for Aboriginal and Torres Strait Islander people.
- Be able to describe how members of a team contribute to effective health assessments
- Identify strategies to improve health assessments in the own services



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Presenters



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*Five steps towards excellent
Aboriginal and Torres Strait
Islander healthcare*

For GPs and members of the practice team



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Five steps toward excellent Aboriginal and Torres Strait Islander health

- 1 Prepare the practice
- 2 Identify your Aboriginal and Torres Strait Islander patients
- 3 Offer the patient an Aboriginal and Torres Strait Islander health assessment (MBS Item 715) and make arrangements for appropriate follow up
- 4 Register eligible patients for the PIP and the Closing the Gap PBS co-payment
- 5 Use appropriate clinical guidelines and programs from the RACGP, Medicare and PHNs to enhance access and quality of care.



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Social and cultural determinants

- Employment and income
- Food security
- Racism
- Early childhood development and education
- Housing
- Interactions with government bodies/institutions
- Experience in the criminal justice system
- Health choices



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Offer the patient an Aboriginal and Torres Strait Islander health assessment (MBS Item 715) and make arrangements for appropriate follow up

- An Aboriginal and Torres Strait Islander health assessment is a systematic review of an Indigenous person's health.
- Item 715 paying \$212.25, is claimed for doing an assessment on people under 15, between 15 and 55, and those 55 years of age and over (independent of the time taken)



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What is a health assessment?

In order to bill Medicare, MBS 715 assessment must include:

- Information collection: patient history and undertaking examinations and investigations as required
- Make an overall assessment of the patient
- Appropriate intervention, including advice and information to the patient;
- Record keeping and offering the patient a written report about the health assessment (incl. recommendation about matters covered)
- Offering the patient's carer (if any and as appropriate with the patient's agreement



Medicare Health Assessment for Aboriginal and Torres Strait Islander People (MBS Item 715)

Adult Health Assessment (16-64)

Use of a specific form to record the results of the health assessment is not mandatory but the health assessment should cover the matters listed in the Explanatory Notes for the health assessment found at www.health.gov.au/mbsonline.

Patient's Name _____ Male ☐ Female ☐ DOB ____/____/____ or Age ____

Aboriginal ☐ Torres Strait Islander ☐ Aboriginal and Torres Strait Islander ☐

Works status _____

Current contact details _____ Address _____ Phone _____

Alternative contact details _____ Address _____ Phone _____

Patient Consent _____

Explanation of health check given Yes ☐ No ☐

Patient consent for health check given Yes ☐ No ☐

Date consent was given: ____/____/____

Consent given for information to be collected by: _____

Aboriginal and Torres Strait Islander ☐

Health practitioner ☐

Practice nurse ☐

Other suitably qualified health professional ☐

Previous health assessment _____

Has the patient had a previous health assessment? Yes ☐ No ☐

Date of last health assessment (if known) ____/____/____

Service provided by Dr. _____

PATIENT'S OVERALL HEALTH _____

RISK FACTORS IDENTIFIED AND DISCUSSED WITH PATIENT _____

TESTS UNDERTAKEN, RESULTS AND WHAT THEY MEAN (some results may not be available)

TEST	AVAILABLE RESULTS AND WHAT THEY MEAN



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Offer the patient an Aboriginal and Torres Strait Islander health assessment (MBS Item 715) and make arrangements for appropriate follow up

- An Aboriginal and Torres Strait Islander health assessment opens up **access to five allied health Visits**
- Excellent opportunity to build rapport, build trust and to develop and enhance an ongoing relationship.
- Effective two-way communication with Aboriginal and Torres Strait Islander patients



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Options for follow up

The MBS follow-up service item 10987 can be used to provide:

- examinations/interventions as indicated by the health assessment;
- education regarding medication compliance and associated monitoring;
- checks on clinical progress and service access;
- education, monitoring and counselling activities and lifestyle advice;
- taking a medical history; and
- prevention advice for chronic conditions, and associated follow up.



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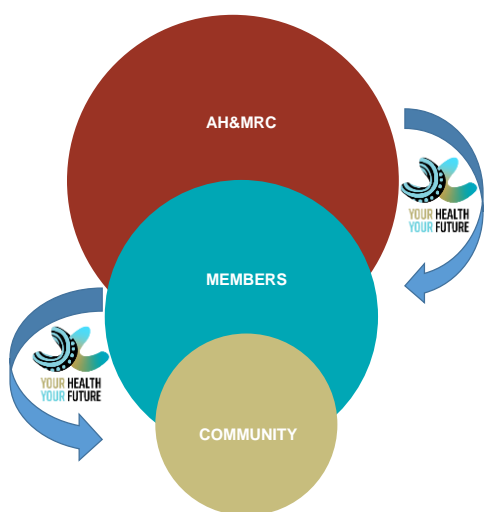
Objectives

The Your Health Your Future Project seeks to:

- 1) Increase awareness and acceptance of 715s in Aboriginal communities across NSW
- 2) Strengthen CQI approaches to the delivery of 715s in the ACCS sector
- 3) Ensure NSW ACCHSs have the tools, resources, training and support needed to complete quality 715s and provide appropriate follow-up care
- 4) Identify quality indicators to demonstrate increasing numbers of Aboriginal people in NSW are having their 715s completed in the ACCHS sector



YHYF & OUR MEMBER SERVICES



- AH&MRC will use YHYF to work in partnership with our Member Services to build Health promotion capacity at the Service and Regional Level.
- Under YHYF AH&MRC will provide assistance in areas such as participation in Collaboratives, marketing, merchandising, community events and ambassadors/champions in order to promote their health priorities to their community.
- Members engagement with the Brand YHYF can be in a variety of ways and at the discretion of the Service



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Deaddy Ninja Warrior
Jack Wilson

I'm stepping up for my check up.

Talk to your local AMS about your health check



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RACGP National Guide: Screening



National guide to a preventive health assessment for Aboriginal and Torres Strait Islander people

Third edition



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Effective health assessments

- Patient must feel that the health assessment is useful to them
- Health Assessment used as an opportunity to develop rapport and trust, with individuals and with the service
- Patients need to have appropriate follow-up over the short term and over the long term
- Supported effective clinical information system, and practice systems



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Team approach to health assessments

Patient journey through service

- Patient eligibility checked prior to visit – flag eligibility to clinical team
- Reception invite patients for health assessments on the day
- Aboriginal Health Worker/Nurse start health assessment, gather information
- GP discusses findings signs off on health assessment, bills Medicare
- Who is ensuring follow up visits?
- Who is ensuring capacity of staff to see people for appropriate length of time?

What could you do in your service?



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Barriers to attending follow-up visits

Any ideas?



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Strategies for strengthening follow-up of health assessments

- Patient level
- Interpersonal level
- Health service level
- Community level
- Policy level



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Strategies for strengthening follow-up of health assessments: Patient level

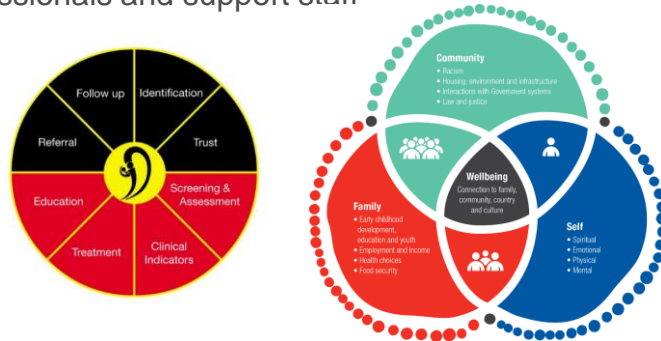
- Develop locally relevant-evidence based approaches to create community demand for follow-up health assessments
- Address transport and other barriers to follow-up care
- Strengthen connections between health services and local communities to enable recall of patients who require follow-up



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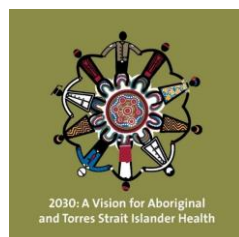
Strategies for strengthening follow-up of health assessments: Interpersonal level

- Ensure that cultural awareness training reaches relevant providers, including allied health professionals and support staff



Strategies for strengthening follow-up of health assessments: Community level

- Raise awareness of the need for ongoing chronic illness care and the importance of follow-up issues identified in health assessments



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Useful resources

- National Guide to a Preventive Health Assessment 3rd Ed:
<https://www.racgp.org.au/clinical-resources/clinical-guidelines/key-racgp-guidelines/view-all-racgp-guidelines/national-guide>
- RACGP Green Book – Putting Prevention into Practice:
<https://www.racgp.org.au/clinical-resources/clinical-guidelines/key-racgp-guidelines/view-all-racgp-guidelines/green-book>
- Your Health Your Future (AH&MRC):
<https://www.ahmrc.org.au/programs/public-health/health-promotion/your-health-your-future/>
- Medicare online module MBS Item 715 health check
<http://medicareaust.com/MODULES/IHS/IHSM05/index.html>
- Department of Human Services – Education suite on MBS Item 715 health checks:
<https://www.humanservices.gov.au/organisations/health-professionals/topics/education-guide-aboriginal-and-torres-strait-islander-health-assessments-and-follow-services/31806>



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Useful resources (cont.)

- Your guide to Medicare for Indigenous Health Services:
<http://www.medicareaustralia.gov.au/indigenoushealthservicesguide.pdf>
- Department of Health MBS Item 715 information page:
https://www1.health.gov.au/internet/main/publishing.nsf/Content/mbsprimarycare_ATSI_MBSitem715
- AIHW 715 data tool:
<https://www.aihw.gov.au/reports/indigenous-health-welfare-services/indigenous-health-check-mbs-715-data-tool/contents/dynamic-data-displays>
- Annual health checks for Aboriginal and Torres Strait Islander Australians:
https://www1.health.gov.au/internet/main/publishing.nsf/content/health-checks-atsi-australians?Open=&utm_source=health.gov.au&utm_medium=redirect&utm_campaign=digital_transformation&utm_content=715-health-check
- Case Study – 715 Health Check; Awabakal, Newcastle:
<https://www.youtube.com/watch?v=uRi641XQh7A>



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Any questions....



Thank you



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