

# AOD GP Education Program

## Advanced Skills Training – Personalised Learning Plan

<b>Name</b>	Dr Yan Practitioner	<p>Participants and mentors are voluntarily entering into a mentoring relationship and agree that for its duration both will:</p> <ul style="list-style-type: none"> <li>• Maintain confidentiality and respect the other's privacy</li> <li>• Be respectful, non-judgemental and supportive of each other</li> <li>• Keep to scheduled meeting times or give adequate notice of changes</li> <li>• Behave ethically and safely at all times</li> <li>• Advise the AOD Live Project Team of any issues or concerns</li> </ul> <p>Please ensure that you have discussed your workload and availability with your mentor.</p> <p>Please determine the following:</p> <ul style="list-style-type: none"> <li>• How frequently you will contact each other</li> <li>• Preferred method of contact</li> <li>• Who will have primary responsibility for keeping in touch? Mentor? Participant?</li> </ul>
<b>Mentor</b>	Dr Chris Experienced	
<b>Patient / community need addressed by development of advanced AOD skills</b>		
<p>My regional town's existing addiction medicine resources are extremely stretched and are relatively inaccessible for my patients who don't require an inpatient stay. I have a number of veteran patients that see me on a frequent basis who appear to self-medicate with alcohol and/or benzos. Through this Advanced Skills education, I will be better placed to assess and manage AOD comorbidities (specifically alcohol and benzodiazepine dependence) in my veteran population.</p>		
<b>List up to 4 AOD skills or treatment competencies that you will develop in 20 hours of Advanced Skills Training</b>		
1	Better understand how common AOD and mental health comorbidities occur in my practice, especially with veteran patients.	
2	Gain competency in conducting community-based alcohol withdrawal.	
3	Gain competency in conducting community-based benzodiazepine withdrawal.	
4	Gain competency in tailoring AOD treatment to dual diagnosis patients, especially veterans	
<b>Identify how you would like to share what you have learned through Advanced Skills with other GPs?</b> <i>For example, write an article for the Australian Journal of General Practice; a news story for newsGP or your PHN/LHD; a testimonial for sharing with RACGP's Specific Interest networks; participating in AOD Connect (Project ECHO); participating in an AOD webinar or podcast, present at a small group learning or local GP networking session.</i>		
I would be happy to contribute what I learn through either being interviewed for an RACGP podcast or contributing to one of the AOD Connect: Project ECHO sessions (although I might need some guidance presenting this learning within the AOD Connect: Project ECHO framework).		

AOD Skill /Competency you want to enhance Minimum of 2, Maximum of 4	How will you achieve this? (Learning Activity) <i>Case review with a mentor? Attend training? Review treatment guidelines? AOD clinical placement? Practice review of policies &amp; processes?</i>	Specific resource you will utilise <i>Which training will you attend or complete? Which reading materials will you read? Which AOD service will you contact/visit?</i>	Estimated time allocation (Minimum of 20hrs total)	Estimated completion date (no later than April 2021)
<b>AOD Skill/competency 1</b>	Software audit of my patients to look at the prevalence of dual diagnosis in my DVA patients	Speak to practice manager about how to audit using our existing clinical software	2 Hours	Nov 2020
	Watch webinar about veterans and addiction	Online: <a href="https://youtu.be/JT7SMGF76a0">https://youtu.be/JT7SMGF76a0</a>	1 Hour	Nov 2020
<b>AOD Skill/competency 2</b>	View webinar on home-based alcohol detox and produce a one-[age summary/flowchart	RACGP webinar	2 Hours	Feb 2020
	Clinical placement with local AOD service's home-based withdrawal nurse	Regional AOD service – need to organise well in advance to I can ensure I'm not booked for these placement 1/2 days	3 hours x 2 = 6 Hours	Dec 2020/Jan 2021
	Mentor discussion wrapping up plan and discussion for ongoing learning and support		1 Hours	
<b>AOD Skill/competency 3</b>	Read clinical practice guidelines for benzo withdrawal	Reconnexion GP Benzo toolkit Insight QLD benzo resource	2 Hours	Dec 2020
	Produce clinical flowchart for benzo withdrawal	nil	2 Hours	Dec 2020
<b>AOD Skill/ competency 4</b>	Complete online dual diagnosis training	Online: <a href="https://www.aasw.asn.au/events/event/online-dual-diagnosis-training-alcohol-other-drugs-concurrent-mental-health-issues-12-hours">https://www.aasw.asn.au/events/event/online-dual-diagnosis-training-alcohol-other-drugs-concurrent-mental-health-issues-12-hours</a>	12 Hours	March 2021
<b>Total Hours allocated to advanced skills program Minimum 20 hours</b>			<b>28 Hours</b>	