

AOD GP Education Program

Advanced Skills Training – Personalised Learning Plan

Name	Dr Joseph Practitioner	<p>Participants and mentors are voluntarily entering into a mentoring relationship and agree that for its duration both will:</p> <ul style="list-style-type: none"> • Maintain confidentiality and respect the other's privacy • Be respectful, non-judgemental and supportive of each other • Keep to scheduled meeting times or give adequate notice of changes • Behave ethically and safely at all times • Advise the AOD Live Project Team of any issues or concerns <p>Please ensure that you have discussed your workload and availability with your mentor.</p> <p>Please determine the following:</p> <ul style="list-style-type: none"> • How frequently you will contact each other • Preferred method of contact • Who will have primary responsibility for keeping in touch? Mentor? Participant?
Mentor	Dr Anne Experienced	
Patient / community need addressed by development of advanced AOD skills	<p>By undertaking this Advanced Skills education, I will be better placed to actively assist the families of patients whose young relatives are using drugs and alcohol – an aspect of my clinical practice that I have, to-date, struggled to know what to do. I also wish to enhance my motivational interviewing skills so I can help my patients with behaviour change and not lose the therapeutic relationship with them (it's a small town and they won't have other options if I 'lose' them).</p>	
List up to 4 AOD skills or treatment competencies that you will develop in 20 hours of Advanced Skills Training		
1	To develop a clinical and resource framework to better assist family members of people who use drugs.	
2	Gain further competency in motivational interviewing counselling.	
3	To gain competency with working with young people who use AOD, especially those using multiple substances (polydrug use).	
4	N/A	
<p>Identify how you would like to share what you have learned through Advanced Skills with other GPs? <i>For example, write an article for the Australian Journal of General Practice; a news story for newsGP or your PHN/LHD; a testimonial for sharing with the RACGP Specific Interest networks; participating in AOD Connect: Project ECHO; participating in an AOD webinar or podcast, present at a small group learning or local GP networking session.</i></p>		
<p>I would like to write an article summarising approaches to AOD assessment and management in young people – either for the Australian Journal of General Practice or our local Primary Health Network (PHN) newsletter.</p>		

AOD Skill /Competency you want to enhance Minimum of 2, Maximum of 4	How will you achieve this? (Learning Activity) <i>Case review with a mentor? Attend training? Review treatment guidelines? AOD clinical placement? Practice review of policies & processes?</i>	Specific resource you will utilise <i>Which training will you attend or complete? Which reading materials will you read? Which AOD service will you contact/visit?</i>	Estimated time allocation (Minimum of 20hrs total)	Estimated completion date (no later than April 2021)
AOD Skill/competency 1	Review information from existing websites and summarise key points	http://thefirststop.org.au/ www.fds.org.au/ www.sharc.org.au/program/family-drug-help/ https://cracksintheice.org.au/families-friends/when-someone-you-care-about-wont-see-support	2 Hours	Oct 2020
	Develop a patient information resource for family members that I can use during consultations		2 Hours	Oct 2020
AOD Skill/competency 2	Read articles/website about motivational interviewing (MI) which focus on GPs	https://www.racgp.org.au/afp/2012/september/motivational-interviewing-techniques/ https://www.gp-training.net/training/communication_skills/consultation/motivational_interviewing.htm	2 Hours	Sep 2020
	Complete online MI module.	https://learning.bmj.com/learning/module-intro/motivational-interviewing.html?moduleId=10051582	1 Hour	Sep 2020
	Reinforce my learning by teaching medical students some 'basics' during their clinical placement with me	Confirm with university that students will attend	2 Hours	Oct 2020
	Meeting with mentor to 'role play' form MI cases for practice		1 Hour	Nov 2020
AOD Skill/competency 3	Complete RACP module on 'Young people and addiction'.	https://elearning.racp.edu.au/course/index.php?categoryid=7	6 Hours	Dec 2020 – Jan 2021
	Clinical placement – ½ day	Need to organise this when I'm visiting Melbourne for the same week of nephew's wedding – arrange locum! Arrange placement via mentor's contacts at https://ysas.org.au/drugs-alcohol requesting time with clinicians who work with polydrug using youth.	3 Hours	Week commencing 7 th Dec 2020

	Meeting with mentor to review my education and work out how to apply this in a GP setting		2 Hours	Early Feb 2021
AOD Skill/ competency 4	N/A			
Total Hours allocated to advanced skills program			21 Hours	
Minimum 20 hours				