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## Statement of Commitment to Reconciliation

This statement expresses the General Practice Mental Health Standards Collaboration (GPMHSC) public commitment to the achievement of reconciliation between Aboriginal and Torres Strait Islander people and non-Indigenous people in Australia.

We acknowledge the Traditional Custodians of lands and waters throughout Australia, and pay respect to Elders past, present and emerging. We recognise that the health and social and emotional wellbeing of Aboriginal and Torres Strait Islander people can be enhanced/achieved through continued connection to culture, country and community.

The GPMHSC is committed to working in partnership with Aboriginal and Torres Strait Islander people and communities to help close the gap in social and emotional wellbeing outcomes and to achieve reconciliation in Australia.

The GPMHSC recognises the core principles of Aboriginal and Torres Strait Islander led governance and self-determination. We are committed to seeking input from and actively involving Aboriginal and Torres Strait Islander people in matters regarding the social and emotional wellbeing and the mental health of First Nations Peoples.

## Key areas of action

To demonstrate this commitment, the GPMHSC will:

- invite a NACCHO representative or another key Aboriginal and Torres Strait Islander mental health stakeholder to contribute to its work and attend face to face meetings.
- include the issue of intergenerational trauma within the revision of the GPMHSC Mental Health Training Standards and the templates for GP Mental Health Treatment Plan
- consider Aboriginal and Torres Strait Islander mental health issues, including aspects of social, emotional and wellbeing models as part of all projects and resource development
- consider the 'lived experience in the room' as part of mental health education.

On behalf of the General Practice Mental Health Standards Collaboration

A/Prof Morton Rawlin

Chair

The GPMHSC acknowledge and support Reconciliation Action Plans of our member organisations:

Royal Australian College of General Practitioners Australian College of Rural and Remote Medicine

Australian Psychological Society Mental Health Australia

Royal Australian and New Zealand College of Psychiatrists