These resources comprise a general practitioner (GP) checklist and pre-insertion and post-insertion patient checklists, which include optional patient confirmation forms, for the insertion of an intrauterine device (IUD) or intrauterine system (IUS) – incorporating both copper-containing (CuIUD) and levonorgestrel-releasing system (LNG-IUS).

It has been developed by The Royal Australian College of General Practitioners (RACGP) Specific Interests Sexual Health Medicine Network and RACGP Expert Committee – Quality Care (REC–QC).

This document:

• does not imply a recommendation of any products
• is current at the date of first publication and is intended for use as a guide of a general nature only and may or may not be relevant to particular patients or circumstances
• is not exhaustive of the subject matter. Persons implementing any recommendations included in this publication must exercise their own independent skill or judgement or seek appropriate professional advice relevant to their own particular circumstances

• is aimed at health professionals possessing appropriate qualifications and skills in order to discharge their professional (including legal) duties. It is not to be regarded as clinical advice and, in particular, is no substitute for a full examination and consideration of medical history in reaching a diagnosis and developing a treatment plan based on accepted clinical practices.

Compliance with any recommendations does not guarantee discharge of the duty of care owed to patients and others coming into contact with the health professional and the premises from which the health professional operates.
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Medical indemnity insurers (MIIs) may have requirements regarding IUD/IUS.

At the time of publication, the three of the four major MIIs in Australia – Medical Insurance Group Australia (MIGA), Medical Defence Australia (MDA) National and Avant – cover IUD/IUS insertion and removal under usual non-procedural indemnity. Medical Indemnity Protection Society (MIPS) requires either confirmation of appropriate training or a letter of comfort from an appropriately qualified medical practitioner, before IUD/IUS insertion is covered under non-procedural indemnity. It is recommended that practitioners contact their MII to confirm any requirements and insurance coverage regarding IUD/IUS insertion and removal.

The checklists and confirmation forms assist GPs and patients through a two- to three-stage process: an initial consultation (which may include insertion), subsequent visit for insertion of an IUD/IUS if not competed at the first visit, and review of the device some weeks after appropriate insertion.

The checklists and confirmation forms:

- do not have any bearing on medical indemnity
- can be used by GPs to guide consent discussions and as evidence for such discussions; however, it is not a requirement to use the form for this purpose and GPs may wish to record consent in other ways
- are not a substitute for reading the full product information (links provided below) and for training in and familiarity with the insertion technique.

**GP overview**

**Stage one – Initial consultation**
- Tick and date the pre-insertion section of the ‘practitioner checklist’.
- Explain the pre-insertion section of the patient checklist to the patient.
- Ask the patient to tick the pre-insertion checklist and sign and date the patient confirmation.

**Stage two – Insertion**
- Sight and record the patient’s completed pre-insertion checklist and confirmation.
- Tick and date the insertion section in the practitioner checklist.
- Sign and date the post-insertion section of the patient confirmation.
- Ask patient to sign and date the post-insertion section of the patient confirmation.

**Stage three – Post-insertion check**
- Tick and date the post-insertion checklist section in the practitioner checklist.
- Consider implementing a reminder system as a service for regular patients.

**Full product information**

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<th>Company</th>
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