RACGP

Intrauterine device/system

Overview and disclaimer

These resources comprise a general practitioner (GP) checklist, advice on ventilation considerations for inhaled anaesthetic and pre-insertion and post-insertion patient checklists, which include optional patient confirmation forms for the insertion of an intrauterine device (IUD) or intrauterine system (IUS) – incorporating both copper- containing (CuIUD) and levonorgestrel-releasing system (LNG-IUS).

It has been developed by The Royal Australian College of General Practitioners (RACGP) Specific Interests Sexual and Reproductive Health Medicine and RACGP Expert Committee – Quality Care (REC–QC).

This document:

- does not imply a recommendation of any products
- is current at the date of first publication and is intended for use as a guide of a general nature only and may or may not be relevant to particular patients or circumstances
- is not exhaustive of the subject matter. Persons implementing any recommendations included in this publication must exercise their own independent skill or judgement or seek appropriate professional advice relevant to their own particular circumstances
- is aimed at health professionals possessing appropriate qualifications and skills in order to discharge their professional (including legal) duties. It is not to be regarded as clinical advice and, in particular, is no substitute for a full examination and consideration of medical history in reaching a diagnosis and developing a treatment plan based on accepted clinical practices.

Compliance with any recommendations does not guarantee discharge of the duty of care owed to patients and others coming into contact with the health professional and the premises from which the health professional operates.

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Medical indemnity insurers (MIIs) may have requirements regarding IUD/IUS. It is recommended that practitioners contact their MII to confirm any requirements needed to confirm appropriate training and insurance coverage regarding IUD/ IUS insertion and removal before providing care.

GPs should be aware of and comply with the Communicable Diseases Network Australia (CDNA) guidelines when performing procedures in primary care. Insertion and removal of IUD/IUS are not considered exposure prone procedures (EPP) as per APHRA's guidelines on health practitioners in relation to blood borne viruses as the inserter's hands are visible at all time during the procedure.

The checklists and confirmation forms assist GPs and patients through a two- to three-stage process: an initial consultation (which may include insertion), subsequent visit for insertion of an IUD/IUS if not competed at the first visit, and review of the device some weeks after appropriate insertion.

The checklists and confirmation forms:

- do not have any bearing on medical indemnity
- can be used by GPs to guide consent discussions and as evidence for such discussions; however, it is not a requirement to use the form for this purpose and GPs may wish to record consent in other ways
- are not a substitute for reading the full product information (links provided below) and for training in and familiarity with the insertion technique.

GP overview

Stage one – Initial consultation

- Tick and date the pre-insertion section of the 'practitioner checklist'.
- Explain the pre-insertion section of the patient checklist to the patient.
- Ask the patient to tick the pre-insertion checklist and sign and date the patient confirmation.

Stage two – Insertion

- Sight and record the patient's completed pre-insertion checklist and confirmation.
- Tick and date the insertion section in the practitioner checklist.
- Sign and date the post-insertion section of the patient confirmation.
- Ask patient to sign and date the post-insertion section of the patient confirmation.

Stage three – Post-insertion check

- Tick and date the post-insertion checklist section in the practitioner checklist.
- Consider implementing a reminder system as a service for regular patients.

GP Support Networks

- GPs can reuqest to join the Sexual and Reproductive Health Medicine Special Interest group by emailing gpsi@racgp.org.au
- GPs can join the Australian Contraception and Abortion Primary Care Practitioner Support (AusCAPPS) Network, a free, national online community of practice funded by the Australian Government Department of Health, Disability and Ageing. Supported by the RACGP and other key stakeholders, Join at https://medcast.com.au/communities/auscapps

Full product information

Product name	Company	Australian Register of Therapeutic Goods identifier (ARTG ID)
Kyleena levonorgestrel intrauterine delivery system Consumer medical information Prescribing information	Bayer	270517
Mirena intrauterine drug delivery system (product information) Consumer medical information Prescribing information	Bayer	73027
Mona Lisa intrauterine device CuT380A QL	Basin Medical	300910
Mona Lisa intrauterine device Cu375 SL	Basin Medical	300911
Choice 380 Silver / Copper, 7 MED - Intrauterine device, Standard	Contiform	370316
Choice 380 Silver / Copper, 7 MED - Intrauterine device, Short	Contiform	370316