

RACGP Aboriginal and Torres Strait Islander Health

Guiding principles for elements of the MBS Item 715 health check

- 1. Evidence-based age-appropriate
 - Developmental, biomedical and chronic disease risk/healthy lifestyle factors
 - Social and emotional wellbeing
 - Supporting established population health screening programs and other high quality primary healthcare ie checking access to and participation in
 - Population health programs eg immunisation, cancer screening (cervix, breast, bowel), early years developmental tracking
 - \circ Chronic disease management eg diabetes, heart disease, kidney disease, asthma, dementia
 - \circ Other primary care services eg dental care
 - Building understanding of the patient context (including, but not limited to, social determinants)
 - Supported by review of representative sample of 715 health check templates currently in use (harmonisation process)
- 2. Acceptable and valuable to patients (patient centred at its core)
 - Culturally safe
 - Respectful of patient priorities and goals
 - In context of trust/relationship
- 3. Clarity regarding recommended *core* elements (to always be completed) and *extensions* (to be completed depending on patient/clinical indications, geographical context, local preferences & priorities, etc)
- 4. Feasibility to deliver
 - Considering differences in ACCHSs and non-ACCHSs especially with respect to cultural safety and patient experience
 - Availability of workforce and technical requirements