

# Your RACGP CPD Solutions

The RACGP is your CPD Home. We understand what being a GP means and how precious your time is. RACGP's CPD solutions have been developed with you in mind. Throughout this document, you'll find sample scenarios and simple CPD solutions that recognise what you do in your everyday work, helping you to plan and achieve your CPD without stress. It's your CPD, so you can choose to have **full flexibility** and develop your own plan, or you can use one of the RACGP's **ready-made solutions**, specifically designed for your role or scope of practice. It's completely up to you!



## Full flexibility

Use your myCPD Home to browse and engage in activities, Quick Log the CPD you do in your workday, or use the GP-led Activity form under the log menu on your myCPD dashboard to record your group activities.

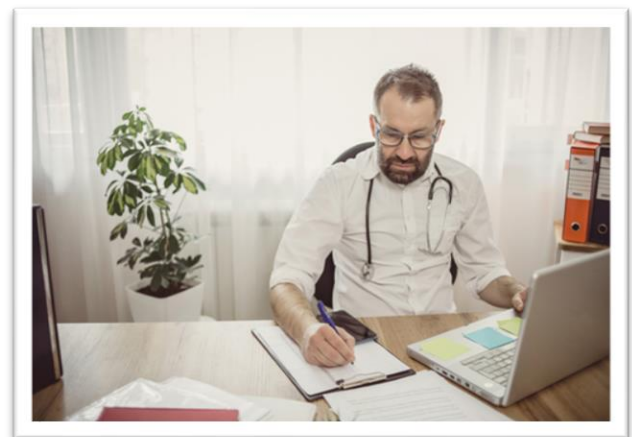
You have access to RACGP activities across all general practice curriculum areas, and we partner and co-design education with quality CPD providers, expanding your access to education. Many of our activities combine Reviewing Performance and / or Measuring Outcomes.

## Use a ready-made CPD solution

The Medical Board of Australia (MBA) requires that your CPD is aligned with your role/s or scope/s of practice. We have a range of CPD solutions that do exactly that. Choose a solution that best suits your circumstances and priorities.

Every CPD solution contained in this document fulfils the requirements set by the MBA, including the annual 50 hours CPD requirement and the spread between Education, Reviewing Performance and Measuring Outcomes. You will also need to do CPR training every 3 years.

Throughout 2023 we will continue to expand our range of CPD solutions available to you.



Click on any of the scopes of practice below to view sample scenarios and CPD solutions that could work for you.

- [Full or part-time GP working in practice](#)
- [GP supervisor](#)
- [GP with a specific interest](#)
- [Locum GP](#)
- [GP working in a rural or remote setting](#)
- [GP working in a hospital, or other specific location or role](#)
- [GP medical educator](#)
- [GP academic / researcher](#)
- [GP not in a clinical role](#)

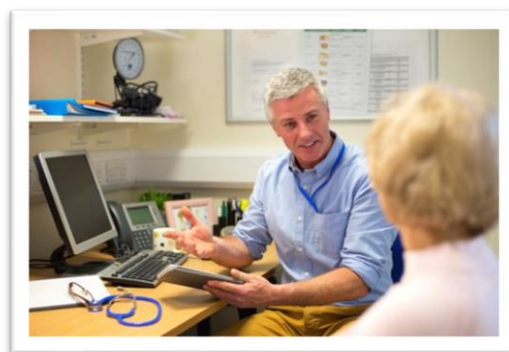


To find the right solution, consider the following:

1. Define your role/s. How do you spend your work time? What scopes of practice could apply to you?
2. Consider what you want to do this year to meet your learning needs.
3. Use the table below to identify any current or planned activities that you could count as CPD.

Common CPD Activities	The many ways GPs Reviewing Performance and Measuring Outcomes
<ul style="list-style-type: none"> <li>• Practice meetings, with a clinical focus and structure to support quality improvement</li> <li>• Peer group learning, with a clinical focus</li> <li>• Courses, webinars, podcasts and reading</li> <li>• Evidence based medicine journal clubs</li> <li>• GP registrar supervision and medical education roles (including medical students)</li> <li>• Practice accreditation</li> <li>• Employer / workplace required reviews, performance appraisal</li> <li>• Professional and community related activities that are medically related and with a focus on learning, developing and quality improvement</li> <li>• Academic activities, including teaching, research, and evaluation</li> <li>• Benchmarking / audit, outcomes data reviews and comparisons</li> </ul>	<ul style="list-style-type: none"> <li>• Creating and maintaining a professional development plan</li> <li>• Feedback from any one or more source (patients, peers, workplace, multi-source)</li> <li>• Case based discussions with peers / Peer group learning</li> <li>• Random case analysis / chart review / critical event analysis / Morbidity and mortality meetings</li> <li>• Practice accreditation</li> <li>• Practice meetings</li> <li>• Supervisor / examiner / educator</li> <li>• Evidence Based Medical Journal Club (EBMJC)</li> <li>• Coaching / mentoring</li> <li>• Any competency-based assessment (e.g., BLS, ALS)</li> <li>• Any nationally recognised training course / higher education course</li> <li>• Supervised clinical attachment / direct clinical observation</li> <li>• Peer reviewed journal article / conference presentation</li> <li>• Medico-legal work</li> <li>• Committees / boards</li> <li>• Audit / Mini audit</li> <li>• Plan-Do-Study-Act</li> <li>• Research / trials</li> <li>• Patient feedback</li> <li>• Critical event analysis</li> <li>• Development of clinical guidelines</li> <li>• Quality assurance reviews / projects</li> <li>• Higher education / professional certification</li> </ul>

# CPD Solutions for a Full or Part-time GP working in practice



You work full-time or part-time in clinical practice, in a general practice setting. This may or may not include other health workers, and you may be a sole practitioner, or you may work with other GPs.

Whether you are the practice owner, a partner, an employee or a contractor, your main role is clinical practice.

Like most GPs you deal with a wide range of clinical problems each day. Depending on the stage of your career, whether you spend some time in other roles, and depending on what your career plans are, it is likely that your CPD priority is around staying up to date with the broad array of clinical issues that you manage.

## Your annual requirement – 50 hrs CPD plus Professional Development Plan (PDP)

Educational Activities (EA)	Reviewing Performance (RP)	Measuring Outcomes (MO)
Minimum 12.5h Maximum 25h	Minimum 5h	Minimum 5h
	Minimum 25h total of combined RP and MO activity	

### SOLUTION 1 – you focus on RACGP *check* Units

Use RACGP *check* Units as the core of your CPD Program. Each Unit comprises 10 hours of hybrid activities (Education combined with Reviewing Performance) and by selecting 5 Units across the year you address a range of clinical topics and capture all 50 hours needed for CPD.

To meet your Measuring Outcomes obligations, you choose an RACGP Mini-Audit and apply it a clinical topic of interest and use the RACGP's Mini-Audit Guide and Template to help you complete and record your mini-audit (available on myCPD Home).

Educational Activities (EA)	Reviewing Performance (RP)	Measuring Outcomes (MO)
<i>check</i> (25h)	Professional development plan (2h)	Mini-Audit (5h)
	<i>check</i> (25h)	

### SOLUTION 2 – you focus on practice meetings

In your Practice, all doctors meet monthly for 90 minutes to share clinical cases, learn from each other and improve the quality of practice systems and processes. The Practice Manager arranges the meetings (using the RACGP Practice Meeting Guide and Templates), and each doctor actively participates and chairs a meeting in turn. Each Practice Meeting counts as 2.5 hours CPD (including preparation and reflection), and for 12 meetings, this is 30 hours CPD for each doctor who attends all meetings and participates actively.

You enjoy the monthly RACGP Update webinars and plan to attend most of these. And you do an RACGP Mini-Audit together with 2 of your colleagues, on a topic of mutual interest. You easily capture 50 hours of CPD.

Educational Activities (EA)	Reviewing Performance (RP)	Measuring Outcomes (MO)
Practice meetings (15h)	Professional development plan (2h)	Mini-Audit (5h)
RACGP Update webinars (15h)	Practice meetings (15h)	

### SOLUTION 3 – you focus on practice accreditation

In your Practice, the focus this year is on Practice Accreditation. All doctors are engaged in this effort, but you are leading the work. To do this well you must spend many hours working through the RACGP Standards and the various requirements for accreditation. You need to hold several quality improvement meetings with doctors and other staff and make significant adjustments to practice systems and processes.

Like many GPs you enjoy *check* Units and you select 3 Units that are especially relevant to your clinical work. Your MO obligations are met through the patient survey completed through your accreditation activity.

Educational Activities (EA)	Reviewing Performance (RP)	Measuring Outcomes (MO)
<i>check</i> (15h)	Professional development plan (2h)	Practice Accreditation (10h)
Practice Accreditation (10h)	<i>check</i> (15h)	
Journal reading (10h)		

### SOLUTION 4 – you focus on evidence-based medicine journal club

For the last few years your Practice has run an Evidence Based Medicine Journal Club, to bring GPs and Registrars together. This is run fortnightly, over lunch for an hour; all doctors attend and participate actively. You use the RACGP EBMJC Guide and Template, accessing materials via the RACGP Library. In all, you attend 20 such sessions and (including preparation and reflection) this captures 30 hours of CPD. You are keen on patient feedback and invest in a CFEP survey (10 hours) and capture 10 hours via your regular reading of the AJGP each month.

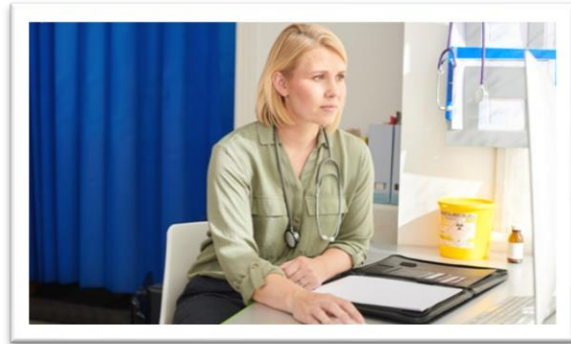
Educational Activities (EA)	Reviewing Performance (RP)	Measuring Outcomes (MO)
AJGP (10h)	Professional development plan (2h)	Patient survey (10h)
EBMJC (15h)	EBMJC (15h)	

### SOLUTION 5 – you focus on practice-based CPD

You work in a multi-doctor practice, one of many practices with a large corporate owner. Using consistent clinical records, and extraction of relevant clinical management and outcomes data, the network of practices encourages regular review of your own practice profile alongside that of peers. Your practice meets regularly, facilitated by the Practice Manager and with input from the Regional Manager and the Chief Medical Officer. You enjoy this bespoke program of CPD as it is focussed on clinical outcomes, is anonymised, and it helps you learn from your peers. All your CPD is met through your documented attendance at and participation in the CPD Program activities.

Educational Activities (EA)	Reviewing Performance (RP)	Measuring Outcomes (MO)
Bespoke CPD Program	Professional development plan (2h)	Bespoke CPD Program
	Bespoke CPD Program (as described above)	

# CPD Solutions for a GP supervisor



As a GP Supervisor you have at least 2 roles. One is as a GP in clinical practice and the other is as a teacher / supervisor. Your role as a supervisor is very important and much of what you do in this role is captured as CPD.

Your CPD comprises 2 parts: that done to prepare to be a supervisor (modules, workshops) and the supervision you do in practice, week to week, with a registrar. Also, whether you are a primary or secondary supervisor, and what term your registrar is in, influences how much CPD you can count.

## Your annual requirement – 50 hrs CPD plus Professional Development Plan (PDP)

Educational Activities (EA)	Reviewing Performance (RP)	Measuring Outcomes (MO)
Minimum 12.5h Maximum 25h	Minimum 5h	Minimum 5h
	Minimum 25h total of combined RP and MO activity	

### SOLUTION 1 – for a new supervisor

As a new supervisor, you'll complete the foundations of supervision course before engaging with your registrar to observe, assess and provide feedback. You'll also review your experience as a new GP supervisor with your registrar and peers, gaining insights into best practice to support your work as a supervisor. In addition, to balance out your clinical and supervision roles, you capture the regular AJGP reading, and the RACGP Annual Update webinars, and you do a Mini-Audit on a topic of interest.

Educational Activities (EA)	Reviewing Performance (RP)	Measuring Outcomes (MO)
Foundations of supervision (2+h)	Professional development plan (2h)	Mini-Audit (5)
Supervision/ teaching (10h)	Supervision, teaching, assessment, observation, feedback (20)	
AJGP reading (5h)		
RACGP Annual Updates (10h)		

### SOLUTION 2 – for a primary supervisor GPT 1 or 2

As the primary supervisor of a GPT1 or 2 registrar you are directly involved in teaching and supervising your registrar. You develop a teaching and supervision plan and continuously evaluate your registrar's competency through workplace-based assessment, comparisons to practice outcomes, and regularly review your own teaching through discussions with your registrar and peers. In addition, to balance out your clinical and supervision roles, you capture the regular AJGP reading, and the RACGP Annual Update webinars, and you do a Mini-Audit on a topic of interest.

Educational Activities (EA)	Reviewing Performance (RP)	Measuring Outcomes (MO)
Supervisor onboarding workshop/ familiarisation module (2+h)	Professional development plan (2h)	Mini-Audit (5h)

Supervision/ teaching (8+h)	Supervision, teaching, assessment (15+h)
AJGP reading (5h)	Peer review (5+h)
RACGP Annual Updates (10h)	

### SOLUTION 3 – for a secondary supervisor GPT 1 or 2

As the secondary supervisor of a GPT1 or 2 registrar with 25% or greater supervision load, you contribute to the development of a teaching and supervision plan for a registrar at your practice, contribute to assessment discussions, feedback and regularly evaluate your own teaching through discussions with your registrar and peers. In addition, to balance out your clinical and supervision roles, you capture the regular AJGP reading, and the RACGP Annual Update webinars, and you do an Audit on a topic of interest.

Educational Activities (EA)	Reviewing Performance (RP)	Measuring Outcomes (MO)
Supervision/ teaching (5h)	Professional development plan (2h)	Audit (15h)
AJGP reading (10h)	Supervision teaching, assessment (5h)	
RACGP Annual Updates (15h)	Peer review (5h)	

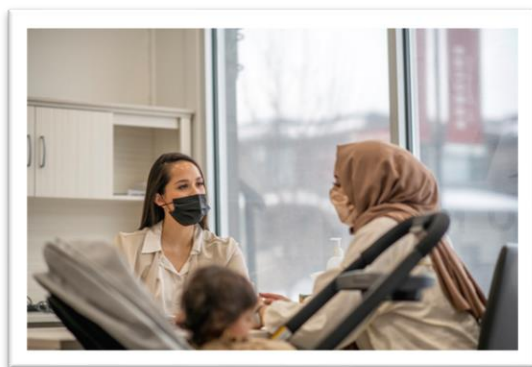
### SOLUTION 4 – for an existing primary supervisor GPT 3

As the existing primary supervisor, you are directly involved in the teaching and supervision of a GPT3 registrar in your practice. You develop a teaching and supervision plan and evaluate your registrar's competency to complete mid and end of term reporting. You make comparisons to practice outcomes and regularly review your own teaching through discussions with your peers. In addition, to balance out your clinical and supervision roles, you capture the regular AJGP reading, and the RACGP Annual Update webinars, and you do an Audit on a topic of interest.

Educational Activities (EA)	Reviewing Performance (RP)	Measuring Outcomes (MO)
Supervision/ teaching (5h)	Professional development plan (2h)	Audit (15h)
AJGP reading (5h)	Supervision, teaching, assessment (15+h)	
RACGP Annual Updates (5h)	Peer review (5+h)	



# CPD Solutions for a GP with a specific interest



The RACGP recognises a broad range of Specific Interests and the number of Groups to support this work is growing. Each Group has developed a range of CPD Solutions for GPs with relevant Specific Interests, and for other GPs who want to develop skills in any relevant area.

Given the number of specific interest networks, relevant CPD solutions will be circulated to members of each specific interest networks. The examples below, using Skin Cancer and Dermatology, provide you with an example of the types of solutions that will be available for all specific interests during 2023.

To join a specific interest network, email: [gpsi@racgp.org.au](mailto:gpsi@racgp.org.au). To enquire about a CPD solution for your specific interest, email [national.cpd@racgp.org.au](mailto:national.cpd@racgp.org.au).

Abuse and violence in families	Disability	Psychological medicine
Addiction medicine	Disaster management	Refugee health
Cancer and palliative care	Integrative medicine	Respiratory medicine
Cardiology	Military medicine and veterans' health	Sports and exercise medicine
Child and young person's health	Musculoskeletal medicine	Sexual health medicine
Dermatology	Obesity management	Travel medicine
Diabetes	Pain management	

## Your annual requirement – 50 hrs CPD plus Professional Development Plan (PDP)

Educational Activities (EA)	Reviewing Performance (RP)	Measuring Outcomes (MO)
Minimum 12.5h Maximum 25h	Minimum 5h	Minimum 5h
	Minimum 25h total of combined RP and MO activity	

### SOLUTION 1 – for a GP with a specific interest – Skin Cancer

You are a GP with a specific interest in skin cancer, and your practice has evolved so that it is almost exclusively skin cancer. Your focus for CPD is on quality assurance, recognising the expectation that you have deep expertise in a relatively narrow scope of practice. You send all your pathology specimens to Sonic and take an active role in the Sonic Surgical Audit. This is a 2-cycle, anonymous peer benchmarked audit, and is 30 hours CPD. You complement this with your regular reading of relevant journals, and teaching into the local registrar teaching schedule (with structured feedback). You also attend several Melanoma Institute of Australia webinars through the year

Educational Activities (EA)	Reviewing Performance (RP)	Measuring Outcomes (MO)
Journal reading (10h)	Professional development plan (2h)	Sonic Surgical Audit (15h)
Teaching (5h)	Sonic Surgical Audit (15h)	

Melanoma Institute of Australia webinars (10h)		
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### SOLUTION 2 – for a GP with a specific interest – Skin Cancer

You are a GP with a specific interest in skin cancer (3 days) and you do 1 day in regular clinical GP work. Your focus for CPD is on quality assurance, recognising the expectation that you have deep expertise in a relatively narrow scope of practice. You take part in the SCARD Project, logging all procedures and reviewing the resulting anonymous peer benchmarked audit. This is 30 hours CPD. You complement this with your regular reading of relevant journals, you are avid consumer of (and contributor to) the SCCA daily clinical blog. This year you will develop protocols for the internal referral of skin cancer cases in your Practice and develop relevant patient information sheets.

Educational Activities (EA)	Reviewing Performance (RP)	Measuring Outcomes (MO)
Journal reading (10h)	Professional development plan (2h)	SCARD Audit (15h)
SCAA clinical blog (10h)	SCARD Audit (15h)	
Writing / developing resources (5h)		

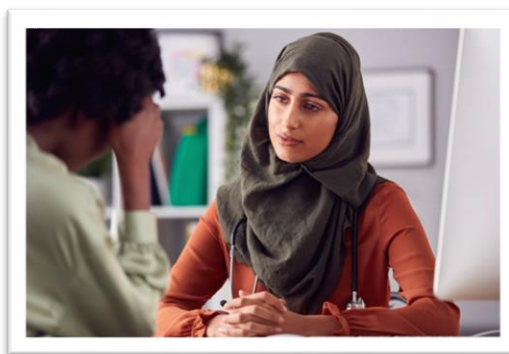
### SOLUTION 3 – for a GP with a specific interest - Dermatology

You are a GP with a specific interest in dermatology, with this interest integrated into your usual GP work. About half your clinical work is dermatology focussed, and you organise your CPD that way. As you are still deepening your expertise you enrol in the RACGP Certificate of Dermatology. This captures all your Educational Activity hours, supports all your Reviewing Performance hours, and includes a mini-Audit, which covers Measuring Outcome hours.

Educational Activities (EA)	Reviewing Performance (RP)	Measuring Outcomes (MO)
Certificate of Dermatology (25 hours)	Professional development plan (2h)	Mini Audit (5h)
SCAA clinical blog (10h)	Certificate of Dermatology (20h)	
Writing / developing resources (5h)		



# CPD Solutions for a Locum GP



GP locums play an important role in ensuring patients have access to quality care when other practitioners are absent within a practice/region. As a locum you will typically work across a variety of practice settings each year and your work will vary from setting to setting.

You may choose to be a locum GP because you also have taken on other roles. If you only work as a locum GP, the absence of regular practice structures can make it harder to undertake reviewing performance and measuring outcomes activity. The solutions below will ensure you meet your requirements.

## Your annual requirement – 50 hrs CPD plus Professional Development Plan (PDP)

Educational Activities (EA)	Reviewing Performance (RP)	Measuring Outcomes (MO)
Minimum 12.5h Maximum 25h	Minimum 5h	Minimum 5h
	Minimum 25h total of combined RP and MO activity	

### SOLUTION 1

As a locum GP you move around between practices quite regularly. It is quite easy for you to capture your CPD Education hours, as your focus is on “keeping up to date” with the broad range of clinical topics that you manage. You choose to do this through the RACGP AJGP and *check* Units that are sent to you as part of your membership.

Importantly for you, *check* and other College Updates are designed as Hybrid activities and so you capture all your Reviewing Performance hours this way. Each Unit is 10 hours, so you focus on 4 across the year. You do a Mini-Audit on a topic of interest to capture your Measuring Outcome hours.

Educational Activities (EA)	Reviewing Performance (RP)	Measuring Outcomes (MO)
Journal Reading (5h)	Professional development plan (2h)	Mini Audit (5h)
<i>check</i> (20h)	<i>check</i> (20h)	

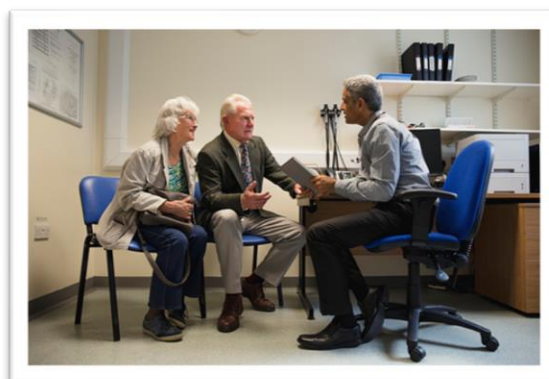
### SOLUTION 2

As a locum GP you move around between practices quite regularly. It is quite easy for you to capture your CPD Education hours, as your focus is on “keeping up to date” with the broad range of clinical topics that you manage. You choose to do this through the RACGP *check* Units that are sent to you as part of your membership. *Check* is designed as a Hybrid activity (10h per Unit) and so you capture all your

One aspect of being a locum that you appreciate the most is seeing how different practices organise themselves and function. You make note of what you observe, and learn, and you reflect on what seems to work best and how it affects your own practice; this is captured as a Mini-Audit.

Educational Activities (EA)	Reviewing Performance (RP)	Measuring Outcomes (MO)
<i>check</i> (20h)	Professional development plan (2h)	Practice-comparison audit (10h)
	<i>check</i> (20h)	

# CPD solutions for a GP working in a rural or remote setting



As a GP working in rural and remote Australia you have a greater diversity than most GPs in how and where you administer primary care. You are more likely to:

- provide in-hospital care as well as private consulting room care
- provide after-hours services
- engage in public health activity in the community
- engage in clinical procedures
- engage in emergency care

As a busy rural GP, consider all the individuals that support you in the settings you deliver care (nurses, care coordinators, hospital/nursing professional staff) and the different ways you give and receive feedback to ensure patients receive quality and safe care. Ensure you capture the case discussions and advice you seek from peers and other multi-disciplinary experts in rural and metropolitan areas, as this is CPD.

During 2023 in addition to all the RACGP resources available to you, the RACGP Rural Faculty will continue to offer you a broad range of CPD activities to help you meet your requirements and your unique needs as a rural GP.

## Your annual requirement – 50 hrs CPD plus Professional Development Plan (PDP)

Educational Activities (EA)	Reviewing Performance (RP)	Measuring Outcomes (MO)
Minimum 12.5h Maximum 25h	Minimum 5h	Minimum 5h
	Minimum 25h total of combined RP and MO activity	

### SOLUTION 1 – you focus on a mental health audit

You work in a two GP clinic in a remote area. Together you decide to prioritise a mental health treatment strategies audit which will help you achieve your measuring outcomes and reviewing performance hours. The remainder of your CPD is undertaken with a mix of face-to-face and online courses prioritising emergency medicine and your self-care strategies.

Educational Activities (EA)	Reviewing Performance (RP)	Measuring Outcomes (MO)
Interactive Emergency Medicine Workshop for rural GPs (8h)	Professional development plan (2h)	Clinical Audit: Mental health (10h)
Rural faculty webinars (6h)	Clinical Audit: Mental health (10h)	
Writing / patient resources (4h)	Interactive Emergency Medicine workshop for rural GPs (2h)	

## SOLUTION 2 – you focus on practice accreditation (Solo GP/ Practice owner)

In your Practice the focus this year is on Practice Accreditation. To do this well you spend many hours working through the RACGP Standards and the various requirements for accreditation. You review practice systems and processes with your practice staff to make improvements. Your MO obligations are met through the patient survey and outcomes evaluation completed through your accreditation activity.

Like many GPs you enjoy reading Australian Journal of General Practice, listening to podcasts and attending webinars to round-off your Educational Activity.

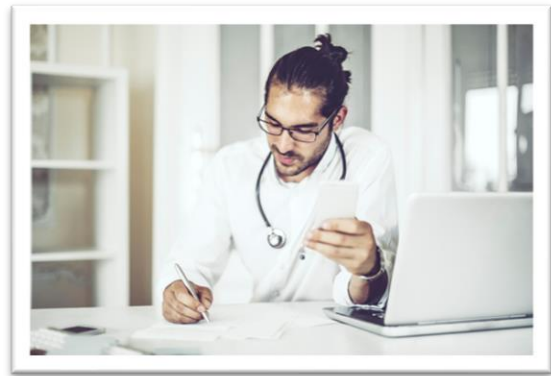
Educational Activities (EA)	Reviewing Performance (RP)	Measuring Outcomes (MO)
Reading - Australian Journal of General Practice (12h)	Professional development plan (2h)	Practice Accreditation (10h)
Practice Accreditation (6h)	Practice Accreditation (10h)	
Webinars / podcasts (8h)	Post-reading self-reflection (5h)	

## SOLUTION 3 – you engage with peers

Your rural work can be challenging so you and your local Colleagues set up a monthly online peer group sessions where you support each other and discuss tricky cases. You also do yearly skills update in Advanced Life Support and are keen to do a clinical update on Alcohol and Other Drugs. Your audit will focus on alcohol to help you improve when to provide harm minimisation advice. You may also develop some patient resources to support this.

Educational Activities (EA)	Reviewing Performance (RP)	Measuring Outcomes (MO)
Peer group learning and support (8)	Professional development plan (2h)	Audit (10h)
Advanced Life Support workshop (6h)	Peer group learning and support (8h)	
Online courses (6h)	Advanced Life Support – skills assessment (1h)	
Writing / developing resources (4h)	Audit (10h)	

# CPD Solutions for a GP working in a hospital, or other specific setting



Many GPs have roles that include work in a private or public hospital setting, often part-time.

Others have focussed and specific, often part-time, roles working for a broad range of health service providers (such as BreastScreen), the Australian Defence Force (through contracted organisations), the criminal justice system, or in community-based, not for profit / charitable roles.

Many of these organisations have processes in place to safeguard delivery of safe and effective care for medical professionals and patients in their setting. These quality assurance activities could include:

- onboarding/preparation for practice
- workplace-based performance reviews
- team based or peer-group learning
- morbidity and mortality meetings
- support structures for GP self-care, prevention of vicarious trauma and burn-out

These activities are directed towards supported practice and quality improvement and can be captured as CPD.

## Your annual requirement – 50 hrs CPD plus Professional Development Plan (PDP)

Educational Activities (EA)	Reviewing Performance (RP)	Measuring Outcomes (MO)
Minimum 12.5h Maximum 25h	Minimum 5h	Minimum 5h
	Minimum 25h total of combined RP and MO activity	

We advise:

- Balance your CPD across your different roles
- Identify activities that you currently undertake, as part of your role/s that already can count as CPD, or that can be adjusted to count as CPD
- Consider the processes that are in place to support you in your role, and how work with those around you to improve patient outcomes.
- Education hours can be self-directed, and should focus on what you need
- To address any gaps in your hours, the RACGP and its quality CPD providers offer a range of hybrid activities that capture reviewing performance and measuring outcomes.

Importantly, if you have specific roles or situations that need specific CPD design and support, our experienced CPD staff, who support GPs in all scopes of practice across Australia, can work with you to design a CPD solution for you.

# CPD Solutions for a GP medical educator



As a GP medical educator, you typically have at least 2 roles. One may be as a GP in clinical practice and the other is as a teacher / educator. Your role as an educator is very important and much of what you do in this role can be captured as CPD.

Your CPD comprises 2 parts: what you do to prepare to be an educator (modules, workshops, reading courses and conferences) and the actual teaching / assessment activity that you do.

You can, and should, capture the activity that you do to develop and grow in your role as a medical educator as part of your CPD. You can and should, capture the actual teaching that you do as part of your CPD, however there are limitations to what can be included as CPD for direct teaching. CPD only applies for direct teaching when it includes critical appraisal and feedback that enables you to reflect and improve your performance as a teacher.

If you also have a clinical role, as a GP we strongly recommend that you balance your CPD to address your learning needs from your clinical role.

## Your annual requirement – 50 hrs CPD plus Professional Development Plan (PDP)

Educational Activities (EA)	Reviewing Performance (RP)	Measuring Outcomes (MO)
Minimum 12.5h Maximum 25h	Minimum 5h	Minimum 5h
	Minimum 25h total of combined RP and MO activity	

### SOLUTION 1 – you balance CPD between clinical and education work

You are a half-time clinical practice GP and a half-time medical educator. As you are a relatively new medical educator, and an experienced GP, you decide to spend most of your CPD time on medical education for the next 2-3 years. You join the RACGP Specific Interest Group on Medical Education and identify resources that are relevant. In addition, you work through several online modules across the year and do a Mini-Audit on a topic of interest in your practice.

Educational Activities (EA)	Reviewing Performance (RP)	Measuring Outcomes (MO)
Preparation for teaching activity (10h)	Professional development plan (2h)	Mini-audit (5h)
RACGP core modules (10h)	Preparation for teaching activity (10h)	
	Appraisal of teaching activity (10h)	
	RACGP core modules (5h)	

# CPD Solutions for a GP academic or researcher



Many GP academics have at least 2 roles. One is often as a GP in clinical practice and the other is the academic role. Your role as an academic is very important and much of what you do in this role can be captured as CPD.

You can, and should count the professional development that you do, as an academic. This may include specific requirements set down by your employer, including (for example) workplace-based assessment and performance review, as well as mandatory modules or activities that support your effective employment.

Your academic role will likely include teaching and / or research. You can include in your CPD any teaching that is critically appraised, for example through student or peer feedback. You can include any research that is also critically appraised (for example through peer review of grant applications or publications).

If you also have a clinical role as a GP, we strongly recommend that you balance your CPD with your clinical role, using suggestions under the relevant role / scope.

## Your annual requirement – 50 hrs CPD plus Professional Development Plan

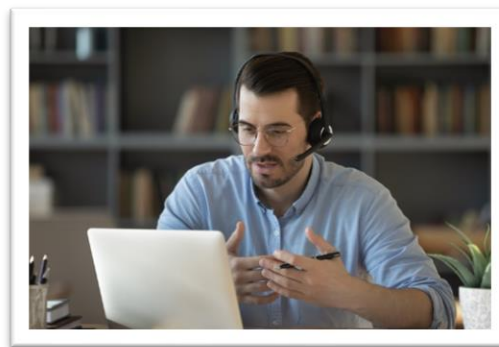
Educational Activities (EA)	Reviewing Performance (RP)	Measuring Outcomes (MO)
Minimum 12.5h Maximum 25h	Minimum 5h	Minimum 5h
	Minimum 25h total of combined RP and MO activity	

We recommend that you develop your own CPD Solution, using this simple template

Educational Activities (EA)	Reviewing Performance (RP)	Measuring Outcomes (MO)
	Professional development plan (2h)	
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# CPD Solutions for a GP not in a clinical role



Some GPs do not have a clinical role, either temporarily or permanently, for a variety of reasons.

Think about your role, and identify the Education hours that you do or need each year, and use these for up to 25 hours of CPD.

Then, again, thinking carefully about your role, and looking through the list of options for Reviewing Performance and Measuring Outcomes, identify those activities that make most sense to you and your role.

Try to make everything you do for CPD integrated within your work, and relevant to your role. And think about how it helps you to improve your performance each year.

## Your annual requirement – 50 hrs CPD plus Professional Development Plan (PDP)

Educational Activities (EA)	Reviewing Performance (RP)	Measuring Outcomes (MO)
Minimum 12.5h Maximum 25h	Minimum 5h	Minimum 5h
	Minimum 25h total of combined RP and MO activity	

We recommend that you develop your own CPD Solution, using this simple template

Educational Activities (EA)	Reviewing Performance (RP)	Measuring Outcomes (MO)
	Professional development plan (2h)	