

**Today's webinar will
begin shortly**



After six years of diabetes
check-ups, you notice that
pigmentation on her cheek.

You decide to excise the lesion
and find early melanoma.

General practice – everything
you've trained for **and more**



become a GP



RACGP

Wonca 2023

Sydney, Australia

26–29 October 2023

Find out more at
wonca2023.com.au





Celebrating 30 years

The Rural Faculty was established in 1992 as the Faculty of Rural Medicine following a resolution by the RACGP Council on 26 April 1992. The first General meeting of the Faculty of Rural Medicine was held during the Annual Scientific Convention at Hilton on the Park in Melbourne in September 1992.

Today RACGP Rural has over 22,000 members including more than 10,000 who are currently living and working in rural and remote Australia. We are the voice of rural GPs and provide education, training and support.

Visit racgp.org.au/30rural

2022 RACGP AWARDS

Recognising excellence
in general practice

Nominations are now open for the 2022 RACGP Awards. Each year, the Awards celebrate the outstanding achievements of GPs and general practices.

Spread the word to your friends, family and community to nominate a general practice or GP who's gone above and beyond to improve the health of their patients.

Nominations close Sunday 31 July 2022.
Learn more at racgpawards.org.au



RACGP



Upskill. Download.

Expand your skills in the diagnosis and treatment of dermatological conditions in your practice.

Sign up now for the new-look
Certificate of Primary Care Dermatology.

REGISTRATIONS NOW OPEN
www.racgp.org.au/dermatology



RACGP

Simplifying and improving your CPD experience.

**We've made even more improvements to
your myCPD dashboard to save you time
and personalise your experience.**

Find out more at racgp.org.au/yourcpdhome



RACGP | CPD

2020

22

**We will begin in
30 seconds**

GPBT



General Practice Business Toolkit

Helping you look after the business side of general practice

Establish, manage and enhance your practice using our new General Practice Business Toolkit.

Build a sustainable business with six easy-to-navigate modules and a brand new set of interactive tools.

- Use the billing calculator to learn how to achieve your financial goals.
- Design your ideal practice layout.
- Set your vision and values and focus on what's important to you as a practice owner.

TO FIND OUT HOW YOU CAN GET THE MOST OUT OF THE TOOLKIT, VISIT www.racgp.org.au/gpbt



Celebrating 30 years

The Rural Faculty was established in 1992 as the Faculty of Rural Medicine following a resolution by the RACGP Council on 26 April 1992. The first General meeting of the Faculty of Rural Medicine was held during the Annual Scientific Convention at Hilton on the Park in Melbourne in September 1992.

Today RACGP Rural has over 22,000 members including more than 10,000 who are currently living and working in rural and remote Australia. We are the voice of rural GPs and provide education, training and support.

Visit racgp.org.au/30rural



2023

AGPT PROGRAM

Broaden your horizons.

Download a copy of *Your AGPT Application Handbook 2023* now at racgp.org.au/agpt



RACGP



GP training is funded by the
Australian Government through
the Department of Health

**We will begin in
15 seconds**

Alcohol and Other Drugs

GP Education Program

Training GPs to help
people tackle alcohol
and other drug use



racgp.org.au/AOD



NACCHO–RACGP *Resource Hub*

Supporting effective and culturally
safe primary healthcare

Learn more at
www.racgp.org.au/cultural-safety

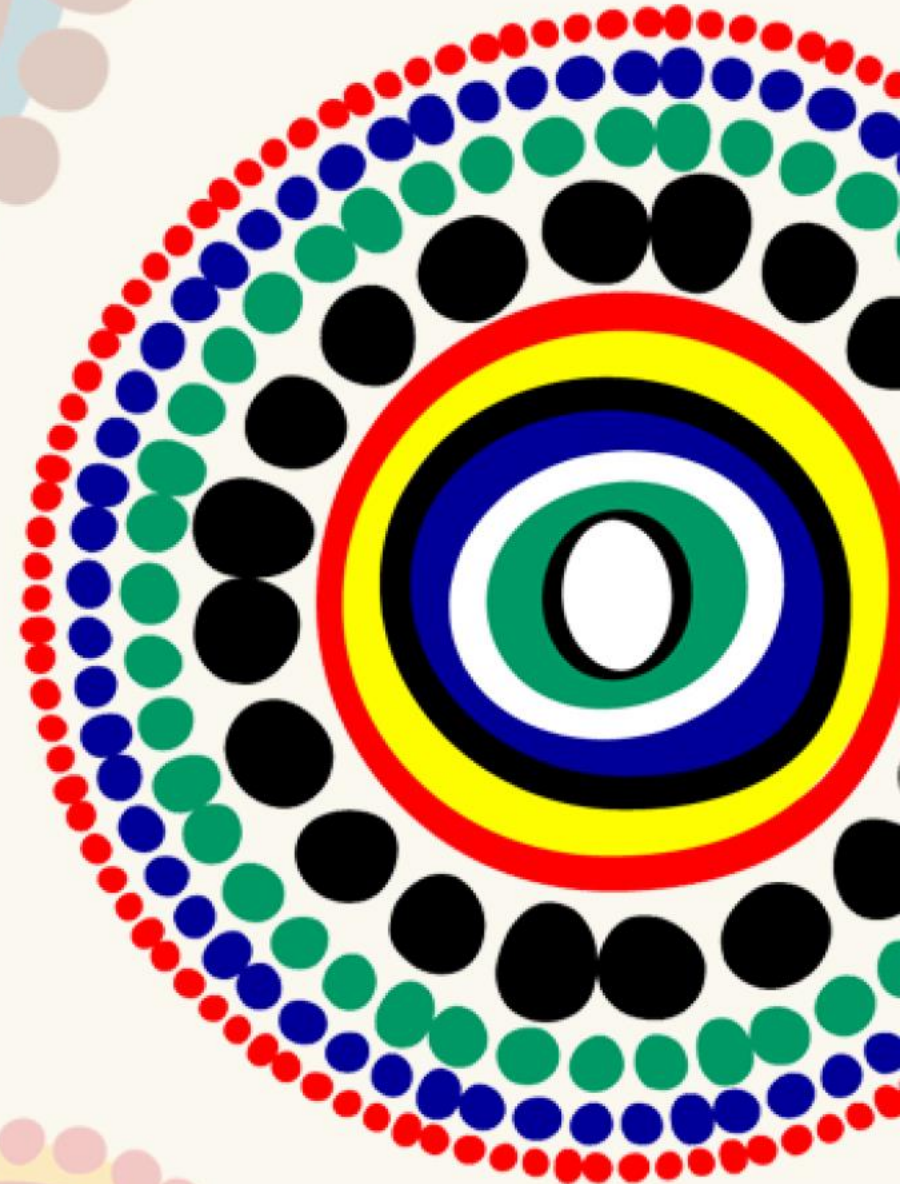


RACGP

Royal Australian College of General Practitioners



NACCHO





25–27 November 2022, Melbourne

#GP22Connect

Celebrating members

Join your colleagues from across the country to celebrate general practice and arm yourself with the latest industry updates and knowledge.

Visit [GP22.com.au](https://gp22.com.au)



Welcome to today's webinar



Webinar series:
Mental bites

Essential topics on
psychological medicine for GPs

Depression - is it family abuse or violence?

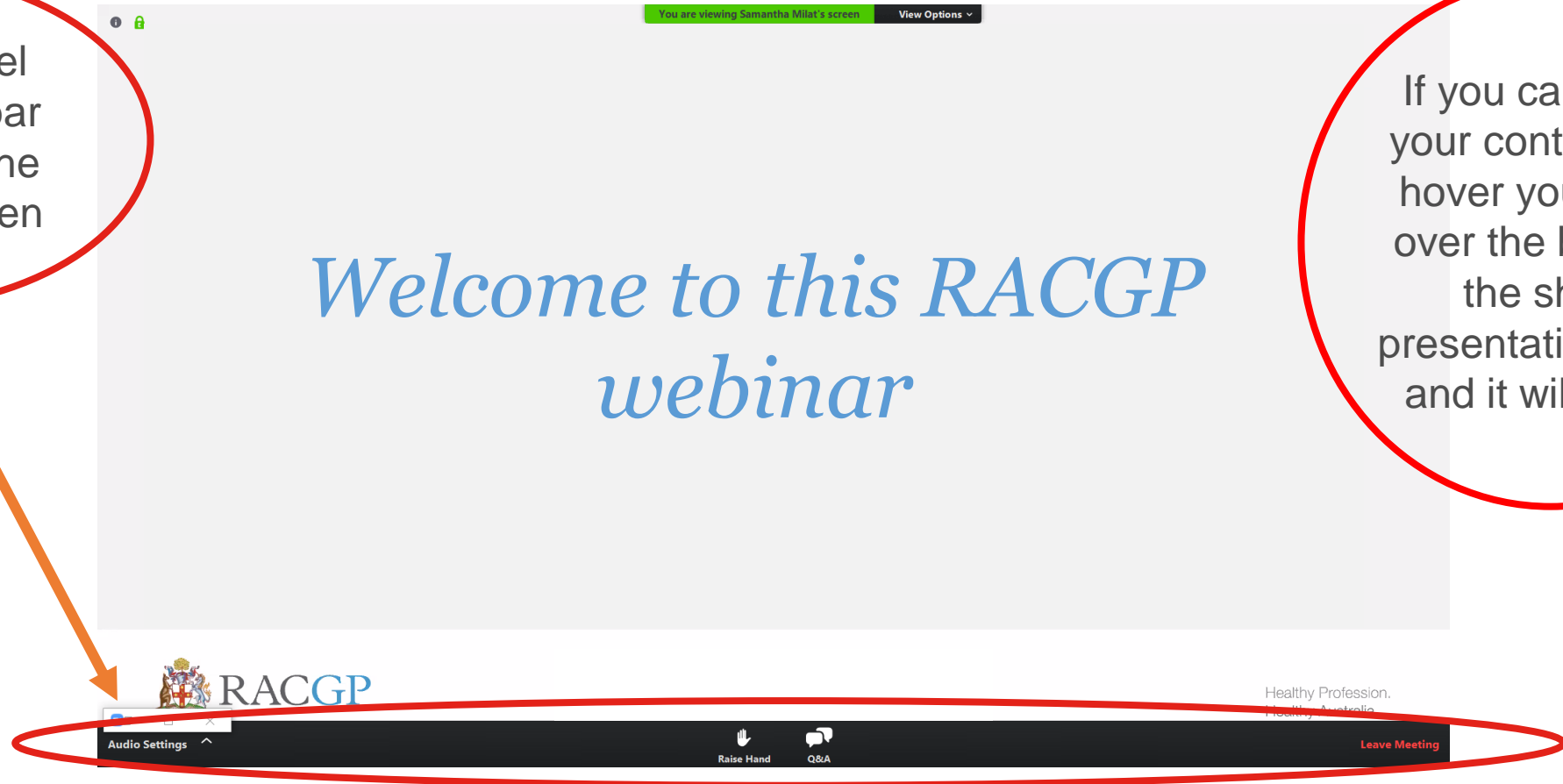


Presented by Dr Elizabeth Hindmarsh

Where is my control panel?

Your control panel will appear as a bar at the bottom of the presentation screen

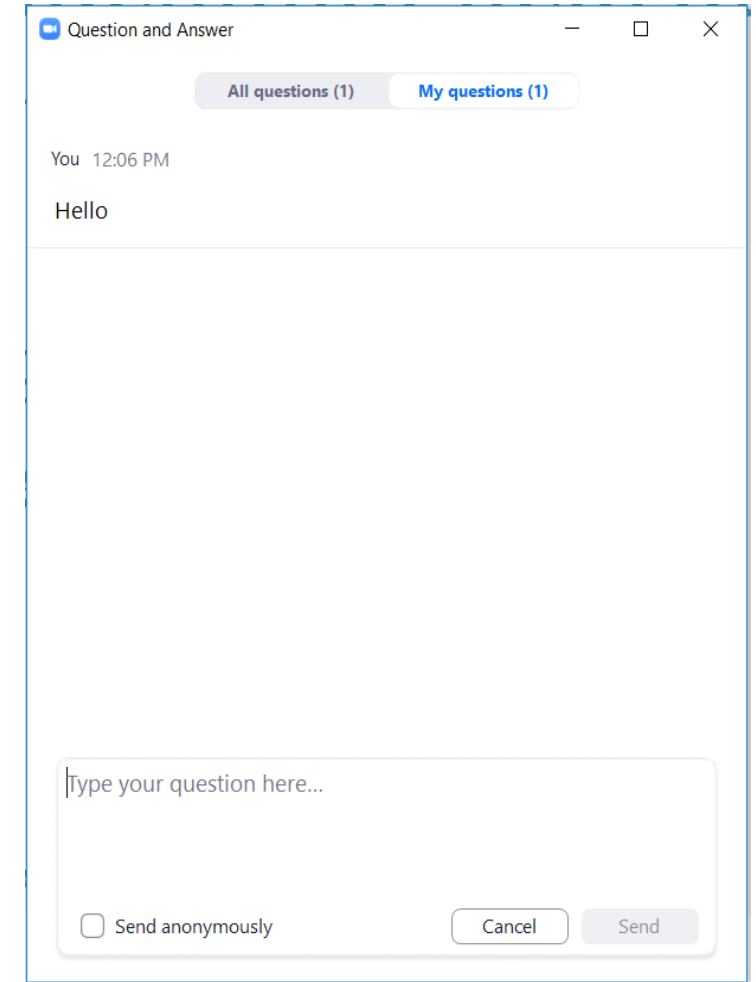
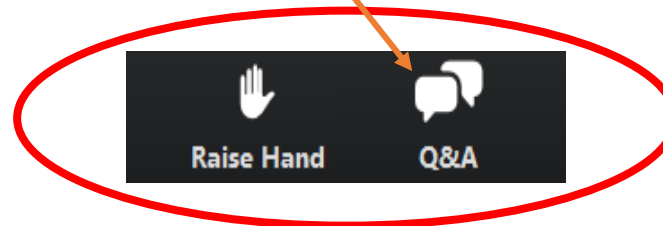
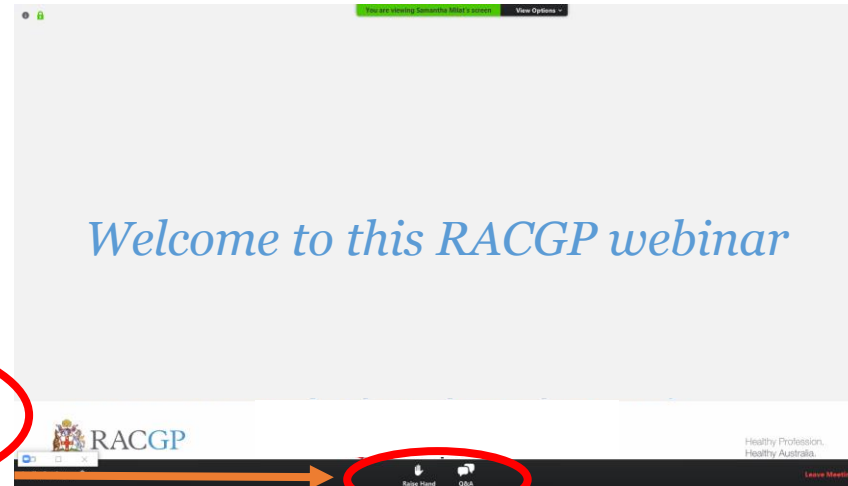
If you cannot see your control panel, hover your cursor over the bottom of the shared presentation screen and it will appear



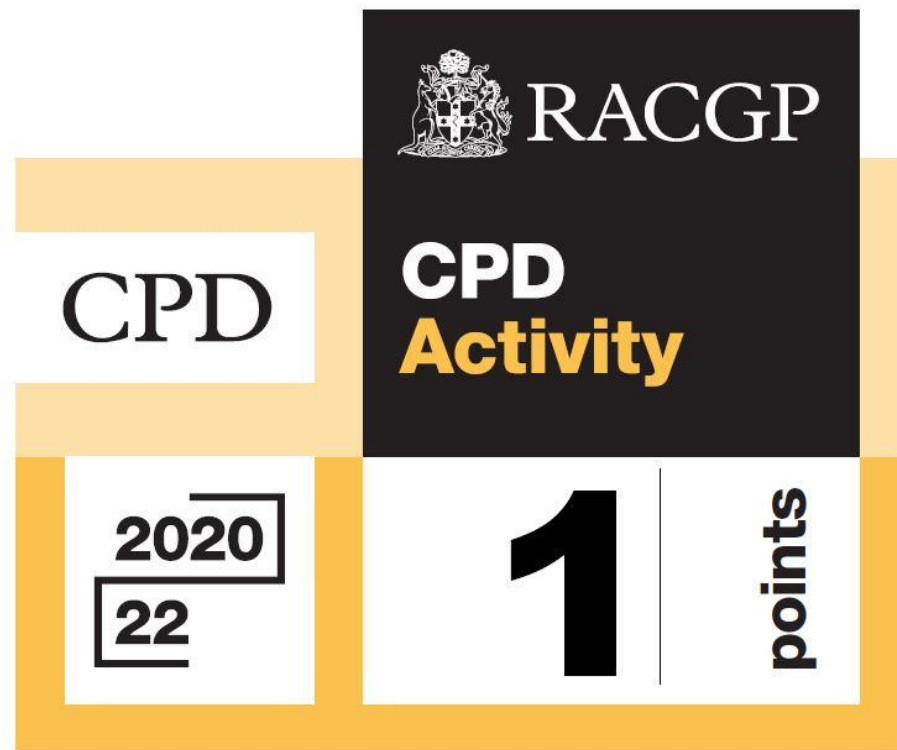
Listen only mode

You have been placed on “mute” to optimise the learning experience for you and your peers

Use the question box function to talk to us.

A screenshot of a "Question and Answer" window. At the top, there are two tabs: "All questions (1)" and "My questions (1)". Below the tabs, it says "You 12:06 PM" and "Hello". The main area is a large text input field with the placeholder text "Type your question here...". At the bottom, there is a checkbox labeled "Send anonymously", and two buttons labeled "Cancel" and "Send".

CPD



eventsgpsi@racgp.org.au

GP host and facilitator



Chair,
RACGP Psychological Medicine
Specific Interest group

Acknowledgment of country

I would like to acknowledge the traditional owners of the lands from where each of us is joining this webinar today.

I wish to pay my respects to their Elders past, present and emerging.

Presenter

Depression - is it family abuse or violence?



Dr Elizabeth Hindmarsh

I acknowledge the Aboriginal and Torres Strait Islander peoples on whose land we are meeting – their Elders past and present and that the land was never ceded

How does family and domestic abuse and violence present to general practice?

- FDAV rarely walks in the door and declares itself
- FDAV usually presents as some other symptom
- The most frequent presentation is as depression but it may be many other ways
- Research has shown that 1 in 4 presentations of depression is because of FDAV

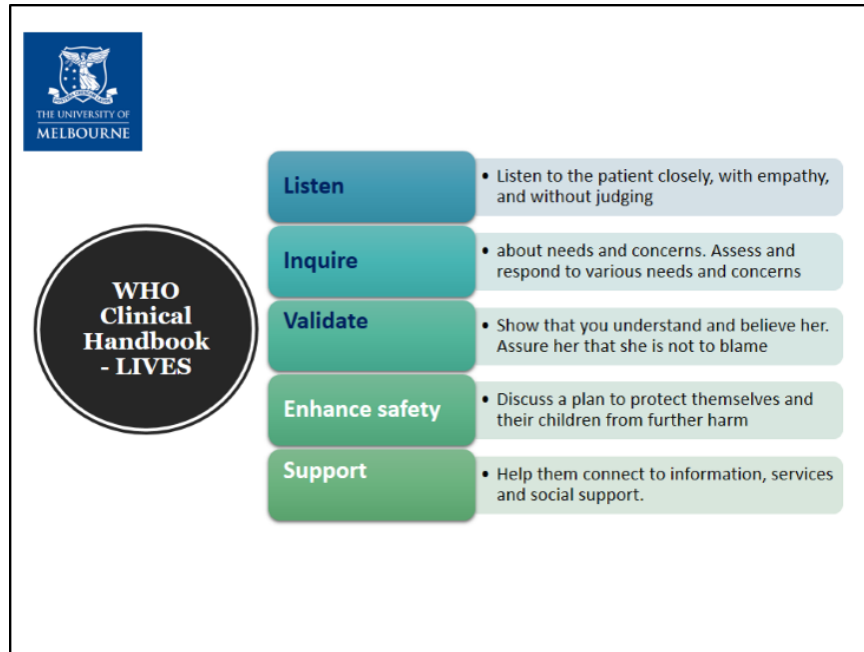
Case study - Maria

- Maria is a 38 year old woman who has come to the practice and presented with depression
- She has been in a de facto relationship for 10years with Joe and they have two children – Sally (10) and Terry (8)
- This is her third visit and you have scheduled a longer consultation as the first two were short.
- What do we need to consider doing this time?

The consultation

- We could begin by finding out about what is happening at home
- We could do this by asking some funnelling questions
- Maria tells us she is frightened of Joe and his angry out bursts
- How might we proceed

WHO - LIVES



The WHO recognises that FDAV is very prevalent across the world – one in 3 women. This is impacting on the lives of women and children as well as affecting the lives of those who use violence.

It is more prevalent in some groups- disability, refugee and migrants, LGBTQI+ and First Nations Peoples

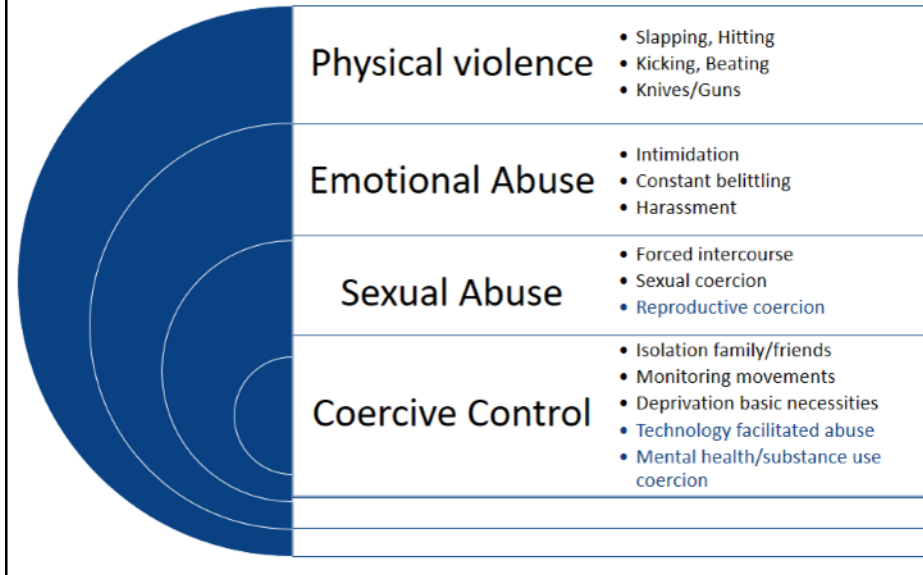
The first Aid of FDAV

Ask – think about the questions you could ask – remember that the patient may not yet recognise what is happening is in fact a form of abuse

Check about safety – ask about the children and if she is safe to go home today. Have a safety list you can use to understand and help Maria work out how to keep herself and the children safe

Make a follow up plan and know what the services are in your state and local area

DV/IPV is defined as any behaviour in intimate relationship that causes physical, psychological, sexual harm WHO 2013



Questions?