

Registrar series Orthopaedics

RACGP WA



Register online

Date

Wednesday 11 March 2020

Time

6.00 pm

Registration

6.30–8.45 pm

Education session

Venue

RACGP WA College House
34 Harrogate Street
West Leederville

Cost

RACGP Members: \$30

Non-members: \$40

Contact

RACGP WA

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Email wa.events@racgp.org.au

Light refreshments provided

Improve your knowledge of neck and shoulder conditions from a primary care perspective.

Musculoskeletal conditions account for nearly 10% of all GP consults, with the most common presentations being complaints of the neck and shoulders.

Painful neck and shoulders have the potential to become chronic if not properly managed. It is therefore imperative that general practitioners are confident in performing a skilled examination, recognising red flags and implementing a patient-centred treatment plan.

Presented by Orthopaedic Specialist, Dr Johan Mostert, this workshop explores neck and shoulder conditions from a primary care perspective, including what causes the pain, how to properly examine your patient, who benefits from physiotherapy and does surgery really work.

Learning outcomes

1. List the crucial components of an effective musculoskeletal-related medical history assessment
2. Outline how to perform a thorough examination and the importance of general observation in terms of posture and pain behaviour
3. Describe the differential diagnoses for pain presenting in the shoulders and/or neck
4. Identify management options for a range of presentations and determine those conditions that require referral
5. Recognise presentations that indicate the risk of developing into a chronic condition