



**Register online**



#### Date

Saturday 26 June 2021

#### Time

Registration

8.30–9.00 am

Workshop

9.00 am – 3.30 pm

#### Venue

Hilton Adelaide

233 Victoria Square

Adelaide

#### Cost

RACGP members \$260

Non-members \$320

GPs in training \$130

#### Contact

RACGP SA&NT

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*You have an obese patient who wants to lose weight. What is the best option? Diet? Medication? Bariatric surgery?*

Obesity is one of the most important health issues facing Australia. In recent years, advances have been made in our understanding of the biology of obesity, which has led to the development of new treatment approaches.

#### Workshop outline

This workshop will cover:

- Pathophysiology of obesity
- Weight management consultation in general practice
- Management options – diets, medications, surgery
- Assessing patient suitability for intensive management regimes
- Role of the multi-disciplinary team.

Participants will discuss case studies in small groups and develop management plans. An exercise physiologist will demonstrate pre and post bariatric surgery assessment.

#### Presenters

**Dr Teresa Girolamo**, GP specialising in weight loss management

**Dr Zana Murfitt**, GP specialising in weight loss management

**Dr George Balalis**, Bariatric surgeon

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