

# Preventive activities over the lifecycle – children

Patient name \_\_\_\_\_

DOB \_\_\_\_\_

Date \_\_\_\_\_

Activity/topic	Frequency	Page no.	Age group												
			7 days	6–8 weeks	3 months	4 months	6 months	9 months	12 months	18 months	24 months	3 years	4 years	5 years	6 years
<b>Newborn screening</b>															
Hypothyroidism, phenylketonuria, cystic fibrosis, galactosaemia, hearing loss		19	■												
<b>Growth and development</b>															
Height/length	Opportunistically as per local health record	19	■	■		■	■		■	■	■		■	■	■
Weight	Children who demonstrate poor growth require more frequent follow up	19	■	■		■	■		■	■	■		■	■	■
Head circumference	To 36 months of age	19	■	■		■	■		■	■	■	■			
Body mass index		19									■	■	■	■	■
Developmental assessment	Include hearing, vision, language, fine motor skills, social skills and family function	19		■		■	■		■	■	■	■	■		
<b>Preventive counselling and advice</b>															
Physical activity	Opportunistically	18										■	■	■	■
Nutrition	Opportunistically	18	■	■	■	■	■	■	■	■	■	■	■	■	■
Accident/injury prevention	Opportunistically	18	■	■	■	■	■	■	■	■	■	■	■		
Sun protection	Opportunistically	18	■	■	■	■	■	■	■	■	■	■	■	■	■
<b>Other assessment and preventive care</b>															
Trachoma	Annually in endemically affected communities	20											■	■	■
Hearing assessment	High risk <sup>†</sup> during immunisation and well baby check	20		■		■	■		■	■	■	■	■	■	
Oral health	Annually from school age	62									■	■	■	■	■
Immunisation	Refer to the Australian Immunisation Handbook	27	■	■		■	■		■	■	■		■		■

<sup>†</sup> Otoscopy including simplified parental questionnaires as well as pneumatic otoscopy or tympanometry in children over the age of 7 months can be used with audiometry; over 3 years of age in children from socioeconomically deprived communities and regions with a high prevalence of otitis media. Subsequent detection of chronic otitis media or hearing deficits must be followed through with disease management protocols (see Chapter 5 *Visual and hearing impairment*)

■ Population based activity    □ Increased risk (eg. Aboriginal people and Torres Strait Islanders)