Aboriginal and Torres Strait Islander Health ARST Logbook   
and Cultural Journal

Registrars will be required to maintain a logbook throughout their training. A component of maintaining this logbook involves reflecting on self-identified learning needs and reflecting on their cultural competence. The range of skills that are logged, and any proposed professional development in this area, should take into consideration the community needs.

The cultural journal component should capture personal reflections of working within the Aboriginal and Torres Strait Islander community. This can be documented in any format, such as copies of news articles from local cultural events, journal entries of lessons learnt from daily interactions with patients and cultural mentors, and local lore or art.

This logbook will need to be regularly reviewed by the supervisor and reviewed by the medical educator at each ME meeting.

The Aboriginal and Torres Strait Islander health ARST performance criteria tracker assists registrars in monitoring and managing their progress across all domains of general practice and the ARST curriculum, and should be used together with this logbook.

**Personal Information and Contact Details**

|  |  |
| --- | --- |
| Name |  |
| RACGP Number |  |
| Address |  |
| Email |  |
| Phone Number |  |

**Training Details**

|  |  |
| --- | --- |
| Name of health service |  |
| Who accredited the training post? |  |
| Training term dates |  |
| Training time (e.g., 20 hours per week for 26 weeks) |  |

**Supervisor Details**

|  |  |
| --- | --- |
| Supervisor Name |  |
| Supervisor relevant qualifications |  |
| Phone |  |
| Email |  |

***Please note: if training is completed at two locations, please complete the training and supervisor details sections twice***

**Training Plan**

To guide planning of training outcomes, please refer to the content list on pages 5-6 of the Aboriginal and Torres Strait Islander Health ARST curriculum.

If the number of training needs identified exceed the number of rows below, you may enter in additional rows to the document.

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Training Needs Identified | Training outcomes planned | Strategies for Achieving Outcomes | Outcomes Achieved | Date Reviewed with Supervisor / Medical Educator |
|  |  |  |  |  |
|  |  |  |  |  |
|  |  |  |  |  |
|  |  |  |  |  |
|  |  |  |  |  |

**Cultural Journal**

The cultural journal can take any format and should be shared or discussed with your cultural mentor or cultural educator. (Attach a copy of the journal or evidence of having discussed with cultural mentor)

Evidence of cultural immersion activities completed may be certificates of attendance or a log of cultural activities attended.

**Statement of Completion**

I confirm I have completed all clinical and assessment requirements of the ARST Curriculum for Aboriginal and Torres Strait Islander Health and have attached all relevant evidence required by the Rural Censor.

|  |  |
| --- | --- |
| Registrar Name |  |
| Signature |  |

**Supervisor Approval**

I confirm the registrar has successfully completed all clinical and assessment requirements, and I have provided feedback in an ongoing manner, for the ARST Curriculum for Aboriginal and Torres Strait Islander Health.

|  |  |
| --- | --- |
| Supervisor Name |  |
| Signature |  |

**Cultural Mentor Approval**

I confirm the registrar has demonstrated cultural competency, and I have provided feedback in an ongoing matter, for the ARST Curriculum for Aboriginal and Torres Strait Islander Health.

|  |  |
| --- | --- |
| Cultural Mentor Name |  |
| Signature |  |