

Patient alert

Please tell us **IMMEDIATELY** if you have:
fever, headache, rash, sore throat, cough,
runny nose, diarrhoea, vomiting

To stop the spread of germs:



Cover your cough and sneeze

- Use a tissue
 - Put your used tissue in the bin
- or**
- Cough or sneeze into your upper sleeve

You may need to use a mask



Clean your hands after coughing or sneezing

- Wash with soap and water, **or**
- Clean with hand gel, **or**
- Use wipes that contain alcohol

Any questions? Talk to our practice staff.

Acknowledgment: Centers for Disease Control and Prevention (CDC), Department of Health and Human Services, USA