

# CPD in your practice

Professional development happens in your everyday practice. We've listed some of the common activities that you might do in your day-to-day work and matched these to the Medical Board of Australia's (MBA) CPD activity types. You can access guides and templates to support you with these activities through [myCPD Home](#).

You can log the time you've spent on each activity type in 30-minute increments through [myCPD Home](#). There are two ways to log these:

1. Using **Log > GP led activity** – where you can log activity for multiple GPs at a time (group activity)
2. Using **Quick log** – where you can log individual activities as you go

Should you require any CPD assistance please contact us on [cpd.national@racgp.org.au](mailto:cpd.national@racgp.org.au) or 1800 716 853.

CPD activity in your practice that you can Log or Quick log	Educational Activities Activities that expand your general practice knowledge, skills and attitudes, related to your scope of practice.	Reviewing Performance Activities that require reflection on feedback about your work. Feedback might be from patients, peers or even from yourself.	Measuring Outcomes Activities that use your work data to ensure quality results.
Practice meetings	<ul style="list-style-type: none"> <li>✓ Presentations</li> <li>✓ Practice updates</li> </ul>	<ul style="list-style-type: none"> <li>✓ Peer to peer feedback</li> <li>✓ Clinical/case discussions</li> </ul>	<ul style="list-style-type: none"> <li>✓ Practice systems or process reviews and changes – quality improvement activity</li> </ul>
Peer group learning	<ul style="list-style-type: none"> <li>✓ Presentations</li> <li>✓ Practice updates</li> </ul>	<ul style="list-style-type: none"> <li>✓ Peer to peer feedback</li> <li>✓ Clinical/case discussions</li> </ul>	<ul style="list-style-type: none"> <li>✓ Morbidity &amp; Mortality meetings</li> </ul>
Evidence based medicine journal club	<ul style="list-style-type: none"> <li>✓ Presentations</li> <li>✓ Researching evidence-based resources</li> </ul>	<ul style="list-style-type: none"> <li>✓ Peer to peer feedback</li> <li>✓ Clinical/case discussions</li> </ul>	
Patient and/or Peer feedback/ Multisource feedback		<ul style="list-style-type: none"> <li>✓ Peer to peer feedback</li> <li>✓ Self-reflection</li> </ul>	<ul style="list-style-type: none"> <li>✓ Changes/improvements implemented as an outcome of feedback</li> </ul>
Plan do study act			<ul style="list-style-type: none"> <li>✓ Practice improvement outcomes</li> <li>✓ System/s or process/es change/s</li> </ul>
Mini audit/audit			<ul style="list-style-type: none"> <li>✓ Data collection &amp; analysis</li> <li>✓ Implementation of change(s)/ improvement(s)</li> </ul>
Supervised clinical attachment		<ul style="list-style-type: none"> <li>✓ Peer to peer feedback</li> <li>✓ Self-reflection</li> </ul>	
Random case analysis (RCA)	<ul style="list-style-type: none"> <li>✓ Case presentation</li> </ul>	<ul style="list-style-type: none"> <li>✓ Peer to peer feedback</li> <li>✓ Self-reflection</li> </ul>	<ul style="list-style-type: none"> <li>✓ Safety and Quality Improvement activities</li> </ul>